



Department of Physical Medicine and Rehabilitation conducts annual Rehab Mela



The Department of Physical Medicine and Rehabilitation (PMR) conducted its annual Rehab Mela, a reunion and review event for patients with head and spinal cord injuries, in February, 2018, at the Mary Verghese Trust Campus. One hundred and ninety-four persons who were rehabilitated at CMC travelled to Vellore to participate in the event.

The 15th Rehab Mela for persons with sequelae of head injuries was held on the 10th, and the 25th Rehab Mela for those with spinal cord injuries was held from the 16th to the 18th of February, 2018.

The first day began with a medical assessment, treatment review and replacement of damaged appliances. This was followed by a time of merriment and cultural activities. The following day witnessed sports events and other competitions including lemon and spoon, shot put, javelin throw, wheel chair races, drawing competition, *Rangoli*, fancy dress and extempore speech. Mr. Nandhakumar, Inspector of Police, Bagayam, gave away the prizes for the winners of the competitions.



News Highlights

On the third day, talks on socio-vocational issues, legal rights of the disabled, and psycho-spiritual needs were organised by the Department of Chaplaincy. Mr. Ravi Desigan, a social activist from Palur Village, gave an inspiring speech on the theme, 'My ability is greater than my disability'.

During the valedictory ceremony held in the evening, Dr. Raji Thomas, Head of PMR welcomed the gathering and introduced the chief guest, the Director, Dr. J. V. Peter. Guest of Honour, Dr. Suranjan Bhattacharji, former Director of CMC Vellore and former Head of PMR, spoke of how the Rehab Mela evolved and shared his experiences at various Melas. Social Worker, Mr. Elango, proposed the vote of thanks.

