At any one time there are approximately 100,000 people in India with a stoma. There are a number of conditions that necessitate the formation of stoma like pelvic, colorectal and bladder cancers, diverticular diseases, complex fistula, familial adenomatous polyposis and inflammatory bowel diseases. Formation of a stoma is associated with a number of issues that can cause significant embarrassment and distress to these patients. Particularly in the early stages following stoma formation, patients rely on health professionals caring for them to assist them in the management of their stoma including selection of appropriate products and recognizing and effectively resolving any problems they might encounter. Often these patients do not receive the needed specific care due to lack of trained personnel. In order to facilitate this, health professionals particularly nurses need to be provided with the knowledge and skills that will ensure the highest possible standard of care.

A distance education course on Stoma Care Nursing is designed to prepare specially trained Stoma Care Nurses. The outcome of the program will be to have more nurses prepared as ‘Stoma Care Nurses’ providing competent care at the institutional and community level

At the end of this program:

The course participants will be able to

1. Describe the concepts and principles of stoma care nursing
2. Communicate effectively with patients, their families, and community
3. Develop a positive attitude towards stoma care and enable patients to accept and live with stoma
4. Demonstrate skill in providing stoma care and related procedures
5. Apply nursing process in caring for patients with stoma
6. Offer family, spiritual, and sexual counseling to patients with stoma
7. Participate effectively as a member of health team
8. Participate in stoma rehabilitation program and empower patients to lead a normal and independent life
9. Identify and assist in management of stoma related complications
10. Make a plan for organization of stoma care unit
11. Teach and supervise nurses and allied health workers
Eligibility criteria

1. Nurses with Diploma, B.Sc, or M.Sc qualification

There is no entrance test

Course format

Duration: This is a distance education course and the duration is 3 months (November 6, 2017 to February 3, 2018).

Curriculum: The following topics will be covered:

Module 1: Fundamentals of stoma surgery
Module 2: Psychosocial and sexual considerations in stoma care
Module 3: Preoperative stoma care
Module 4: Post operative stoma care
Module 5: Discharge planning
Module 6: World Council of Enterostomal Therapist, Indian Ostomy Association, and other associations

Supplementary courses:
Module 7: Clinical Teaching, Supervision, and Management
Module 8: Counseling

Teaching Faculty:
Surgical Nursing and CNE
Dr. Vinitha Ravindran, Professor & Head of the Department
Mrs. Ida Nirmal (Enterostomal Therapist), Professor
Mrs. Priscilla Sam, Professor
Mrs. Nirmala Emmanuel, Professor

Medical Faculty
Dr. Mark Ranjan, Professor and team

There will be a self assessment to encourage the readers. Assignments will be posted after each module that needs to be sent back to CNE, Department of College of Nursing within the prescribed time limit.

Contact Sessions:
The most important component of the training.
The candidate will be required to come to CMC for 2 contact sessions
- Contact session 1: November 6 – 11, 2017 (6 days)
- Contact session 2: January 29 – February 3, 2018 (6 days)

Contact Sessions 1: Involves class room teaching and practical exposure of various aspects of stoma care
Contact Sessions 2: Is a clinical contact session for providing hands on training in the various aspect of stoma care. This involves outpatient stoma care management, inpatient stoma management which includes postings in operating room, general surgical, urology and pediatric wards, observation of multi disciplinary meetings, patient care assignments, writing care studies, planned health teaching, log book/journal, clinical/case presentation, and assisting with practical procedures like stoma care, irrigation, stoma marking, pre and post op care, and follow up of normal and abnormal cases.

Assignments:
Assignments relating to each module should be sent at specified intervals. The deadline will be prescribed. The assignments have to be sent within one month of receiving the modules.
Criteria for the award of the certificate in Stoma Care Nursing

1. 75% marks scored separately in theory and practical (OSCE – Objective Structured Clinical Examination) and independently in ongoing assessment and final examination
2. 100% attendance in both contact sessions
3. Satisfactory completion of the assignments
4. Satisfactory completion of the log book during the contact sessions

For further information, contact: 0416 - 307- 7017
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