

CMC NEWSLINE

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The Lord will strengthen him on his bed of illness; You will sustain him on his sickbed. *Psalm 41:1*

Continuing Medical Education in Endocrine Disorders in Pregnancy for Physicians



A CME was conducted by the Department of Endocrinology, Diabetes & Metabolism together with the CME Department on Endocrine Disorders in Pregnancy. This took place on 25th February, 2017 at the Wheeler Hall.

The CME comprised a spectrum of topics including the use of oral Anti-Diabetic Agents and Insulin in pregnancy, Type-1 Diabetes in pregnancy, use of Flash Glucose Monitoring System (FGMS), Genetics

and Hypoglycemia, as well as dietary modification and Thyroid disorders in pregnancy. This educational programme was attended by general physicians, primary healthcare physicians and postgraduate registrars from CMC and also other institutes. Each lecture was followed by an interactive 'Q & A' session. To appropriately top it off, a quiz contest was organised to conclude the event.

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Special Prayers: March 05 - 11, 2017

Clinical Biochemistry :

Dr. Victoria Job and Staff

Biochemistry : Dr. Molly Jacob and Staff

CSI Dornakal Diocese

Council Members:

Rt. Rev. Dr. V. Prasada Rao

Rev. Mrs. V. Sunanda Prasada Rao

Hospital: St. Mary's CSI Hospital,
Khammam and others

Friends of Vellore, Germany

Council Member: Dr. Peter Albrecht

Sunday Services : March 12, 2017

6.00 pm : **Scudder Auditorium**

Dr. Rabin Chacko

6.30 pm : **Hospital Chapel**

Dr. Standly

We welcome:

Dr. L. Jeyaseelan, Professor, Department of Biostatistics, on his return from sabbatical leave.

Dr. Oommen George, Professor, Department of Cardiology Unit- III, on his return from sabbatical leave.

Day to remember:

International Women's Day - March 08

World Kidney Day - March 09

Cochrane South Asia trains Healthcare Professionals in Protocol Development



Cochrane South Asia at the Prof BV Moses Centre for Clinical Trials and Evidence Informed Healthcare hosted a workshop on developing a protocol for a Cochrane Systematic Workshop scheduled during 13th to 17th February, 2017 at the Centre for Stem Cell Research of CMC.

The workshop was attended by 22 healthcare professionals from various specialties - Medicine, Surgery, Obstetrics and Gynaecology, Dentistry, Public Health, and one Medical Writing Professional.

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Continuing Medical Education in Endocrine Disorders in Pregnancy for Physicians

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The core objective of this CME was to spread awareness of the varied presentations of endocrine disorders in pregnancy, inculcating evidence-based practice in the management of such disorders during the gestational period. Since endocrine disorders can have short-term and long-term consequences on the health of the mother and child during pregnancy, early diagnosis and judicious use of drugs are vital to their management.

The CME witnessed vibrant discussion and enthusiastic participation, earning 5 CME credit points from the Tamil Nadu Dr. MGR Medical University.

Cochrane South Asia trains Healthcare Professionals in Protocol Development

The diverse sessions of this programme were conducted by Professors Prathap Tharyan and Thambu David, Richard Kirubakaran and Jabez Paul Barnabas from Cochrane South Asia.

The five-day workshop was designed to provide an initiation to the concept of evidence-informed healthcare, the wide role of systematic reviews in healthcare provision, and the steps involved in getting started with a Cochrane Systematic Review. Hands-on training in developing a search strategy, using reference management software and the *RevMan* software were well appreciated by the participants.

There will be a similar workshop at the Christian Medical College scheduled in April 2017 and the registration is available online at <http://southasia.cochrane.org/>

Campus Activities: A second Synthetic Basketball Court comes up in College Campus, gifted by MBBS Batch of '86



The new synthetic Basketball Court, donated by the MBBS Batch of 1986 was formally declared open on 28th February, 2017, in the presence of the Director, Dr. Sunil Chandy, Principal, Dr. Anna Pulimood, Medical Superintendent, Dr. C. E. Eapen, members from the Batch of '86, staff and students.

This new facility will be useful for the burgeoning number of basketball enthusiasts among staff, children of staff and students. Conduct of basketball matches during *Pegasus*, CMC's inter-collegiate cultural event, will also be easier with this new facility. The dedication ceremony was opened by Dr. Biju George, Addl. Vice-Principal (Research) who extended his welcome to the gathering, followed by prayerful dedication by Rev. Dr. Aruldas, Chaplaincy Department, and unveiling of the plaque by Dr. Sunil Chandy.

The court was then officially inaugurated by Dr. Anna B. Pulimood, in the presence of former Principal, Dr. Alfred Daniel. Physical Director, Dr. Balaganesan, expressed his earnest appreciation for the additional facility, which would lessen the crowd at the main basketball court and help in smoother running of matches. Dr. Sujith Chandy, Head of Pharmacy, Dr. Thomas Palocaren, Professor, Paediatric Orthopaedics and Dr. Selvamani, Professor and Head, Radiotherapy, Batch of '86, recounted a few experiences and gave the vote of thanks respectively.

An inaugural match between the staff/staff-children and students drew a close to the proceedings.

The management conveyed its heartfelt gratitude to the Batch of 1986, for this generous and thoughtful contribution to the CMC community.



Congratulations!

• **Dr. Ferzine Mohamed and Dr. Koushik Herle**, 2nd year Paediatric Surgery registrars, were placed 1st in the Paediatric Surgery Update Quiz conducted on 24th February, 2017 at the Maulana Azad Medical College, New Delhi, as an educational update.

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At the 17th Annual Conference of the Indian Association of Extra Corporeal technologists (ISECTCON 2017), held on 24th and 25th February, 2017 in Bangalore:

- **Ms. Dharini Srinivasan**, Staff Perfusionist in the Department of Cardio Thoracic Surgery was awarded the Anandanathan Award for the Best Poster for her work titled “Anaesthesia during cardiopulmonary bypass – Does it matter to the patient or to the entire team?”
- **Ms. Dharini Srinivasan** and **Mr. Karthi Murugan**, Staff Perfusionists also won the 4th prize in the ISECT Quiz.
- **Dr. Atif Shaikh I.A.** and **Dr. Gideon L. Rynjah** won the first prize in the Neuro Quiz held during SHINE 2017-7th Annual Conference of Clinical Neurology held in Chennai on 26th February, 2017.

Memoranda

- **Dr. Winsley Rose**, Professor of Paediatrics is appointed Deputy Director (Missions), for a four-year term from 27th February, 2017.
- **Dr. Sudha Jasmine S.**, Professor of Medicine is appointed Deputy Director (Faculty Mentoring), for a four-year term from 27th February, 2017.
- **Dr. Vaibhav Londhe**, Associate Professor of Obstetrics & Gynaecology is appointed Deputy Director (Legal Affairs) for a four-year term from 27th February, 2017.
- **Mrs. Anniamma Jacob**, Manager Gr.I, is appointed Deputy General Superintendent (Systems & Operations) for a four-year term from 27th February, 2017.
- **Dr. Paul S.S. Russell**, Professor of Psychiatry, is appointed Head of Child and Adolescent Psychiatry Unit with effect from 20th February, 2017 for a four-year term on his return from sabbatical leave.

Retirements



Mrs. Vedavalli V, Sr. Sel. Gr. Lab Auxiliary, began her retirement on 28th February, 2017, following 27 years of dedicated service. She joined the institution in 1989.

Her husband, Mr. Nehruji is a retired Forest Ranger Officer and they have two sons. Their elder son, Mr. N. Arun completed his Bachelor of Physiotherapist course in CMC, following which he obtained his Doctorate of Physical Therapy from the New York University; he currently works in New York. Their younger son, Mr. N. Aravind completed his MS Bioengineering in CMC and

works as a Senior Research Fellow in Bioengineering Department of the institution.

Ms. Yesodha C, Health Aid Gr. I retired on 3rd March, 2017. She has worked in the Community Health Department for 33 years since 1st October 1984.

She has three sons who are all married and well settled.



Their years of commitment to the institution are remembered by the CMC Community, which wishes them a blessed retirement.

Obituaries

Mrs. M. Sujatha, wife of Mr. Mathiazhagan, Hospital Attendant, Department of Radiology on 1st March, 2017.

Mr. Kanickam (Retired Special Attendant in Dental OPD), father of Mrs. Vasantha Kennedy, Senior Grade Staff Nurse, Schell Eye Hospital and Mr. Devanbu, Attendant, Pharmacy OPD on 28th February, 2017. His family and grandchildren are a part of CMC: Mrs. Beulah Isaac, Staff Nurse, M2 ward, Mr. Robert Rajasekaran, Dialysis Technician, Paediatric Nephrology, Mrs. Nancy Gideon Joshua, B.Sc. Nurse, Q2 Ward, Mrs. Princy Albert, Dialysis Therapist, A.K. Lab and Mr. Jacob Ranjith Kumar, BPT (3rd year).

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Upcoming Events

• The Department of Endocrinology, Diabetes and Metabolism will be organizing a Foot care and footwear training programme for Doctor from **4th April, 2017 to 7th April, 2017** (4 day Programme) with practical and theoretical intonation followed by an assessment. The course is recognized by the Dr. MGR Medical University for **30 CME credit points**. Certificates will be awarded on completion. **For Registration Details & Dates, Contact:** Mrs. Bharathi @ 9894317506 / 0416-228-3156. **WHO CAN APPLY :** MD General Medicine / MS General Surgeons / MD Family Medicine / Diabetologist / Endocrinologist / MD Community Health email: insulin05cmc@gmail.com. **COURSE FEE :** 5,500/- (It covers Course Fee, Course Materials, Lunch & Refreshments).

• Short Course for Doctors in Diabetes Mellitus

The Department of Endocrinology, Diabetes and Metabolism will be organizing an Intensive CME in Diabetes Mellitus for Doctors from **19th June, 2017 to 24th June, 2017** (6 day programme) - with practical and theoretical intonation followed by an assessment. The course is recognized by the Dr. MGR Medical University for **30 CME credit points**. Certificates will be awarded on completion (*This training module is conducted every 2-3 months*) **For Registration Details & Dates, Contact:** Mrs. Ruth @ 09994746927. email: insulin05cmc@gmail.com **Who can apply:** MBBS / MD General Medicine / MD Community Medicine / MD Family Medicine . **Course Fee:** 7,400/- (It covers Course Fee, Course Materials, Lunch & Refreshments).

College Hill Nursery invites applications for Academic Year 2017-18

The **College Hill Nursery (Regular), Bagayam**, will be issuing Application Forms and Prospectus for the academic year 2017-18, starting from **8th to 29th March, 2017**. CMC staff interested in admitting their children can get the form on payment of **Rs. 200/- between 1 PM and 4 PM on all working days (Monday to Friday)** from the school premises.

Situations Vacant

1. Assistant Professor with M.S. / DNB (E.N.T) for the Department of E.N.T. Unit-V

Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with MS / DNB (Ophthal) for the Department of Ophthalmology

Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID & address with pincode to the Principal, Christian Medical College, Bagayam, Vellore-632 002. email: princi@cmcvellore.ac.in on or before **March 18, 2017** for Items 1 and 2.

3. Research Officer (Medical) for the Department of Neonatology

Job Code: 1177

Qualification: Post MBBS / DCH. Mode of appointment: Project mode.

Consolidated salary: Rs.37,024/- p.m. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies, contact phone number, email ID & address with pincode to the Principal, Christian Medical College, Bagayam, Vellore-632 002. email: princi.hr@cmcvellore.ac.in on or before **March 18, 2017** for Item 3.

Note: Please mention the Job Code in the application form / email. The application / email without Job Code will not be accepted.

4. Project titled "**Novel Approaches to Haematological Disorders (NAHD)**" to work in the area of cell and molecular biology related to stem cell research:

4(a) Scientist for the Centre for Stem Cell Research

Job Code: 1168

Qualification: Ph.D. in life sciences with 3-5 years post-doctoral research experience in iPSC technology.

Mode of appointment: Project mode. Salary: As per institutional rules. Accommodation not provided.

4(b) Post Doctoral Fellow for the Centre for Stem Cell Research

Job Code: 1179

Qualification: Ph.D. in life sciences with experience in Stem Cell Biology.

Mode of appointment: Project mode. Salary: As per institutional rules. Accommodation not provided.

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5. Veterinary Officer for the Centre for Stem Cell Research**Job Code: 1178**

Qualification: B.VSc / M.VSc with experience in lab animal research.

Mode of appointment: Project mode.

Salary: As per institutional rules.

Accommodation not provided.

Interested candidates should download the application from the website: <http://www.cscr.in/research-opportunities.php> and send the completed applications either by soft copy, email to: cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore-632 002, on or before **March 20, 2017** for Items 4(a), 4(b) and 5.

Note: Please mention the Job Code in the application form / email. The application / email without Job Code will not be accepted.

6. Applications are invited for the following posts for the CMC Vellore Chittoor Campus**6(a) Physician / Assistant Physician with MD / DNB in General Medicine****6(b) Physician / Asst. Physician with D.Ch / MD / DNB (Paediatrics)****6(c) Physician / Asst. Physician with DA / MD / DNB (Anaesthesia)****6(d) Surgeon / Asst. Surgeon with MS / MD / DNB (OG)****6(e) Surgeon / Asst. Surgeon with MS / DNB (Gen. Surgery)****6(f) Surgeon / Asst. Surgeon with DLO / MS (ENT)****6(g) Surgeon / Asst. Surgeon with DO / MS / MD (Ophthalmology)**

Salary: As per institutional rules. Age: Upto 45 years.

Applications through online application system, please log on to <http://www.cmch-vellore.edu>Link: "Vacancies" or email to dir.hr@cmcvellore.ac.inApplications will close on **April 01, 2017** for Items 6(a), 6(b), 6(c), 6(d), 6(e), 6(f) and 6(g).**7. Staff III Graduate Technician (Project) for the Department of Obstetrics & Gynaecology Unit - V**

Only female candidates need apply.

Qualifications: BA / MA, B.Sc. / M.Sc. - Botany, Zoology, Microbiology.

Salary: As per institutional rules. Age limit: 30 years.

Job description: To assist in Labour Room.

8. Applications are invited for the following posts in Pharmacy Services**8(a) Pharmacist Trainee - D.Pharm / B.Pharm (Those with higher qualification need not apply).**

Age limit: 30 years.

8(b) Pharmacist Gr.IV (Project) - B. Pharm.

- Candidates with Typing and Computer Skills will be preferred.
- Appointment will be given only for Pharmacists who have registered in the State Pharmacy Council.
- Those who applied in the last two years need not apply.

Stipend: As per institutional rules. Age limit: 35 years.

Job description: Dispensing Section work.

9. Staff III Anaesthesia Technician for the CMC Vellore Chittoor Campus

Qualifications: B.Sc. (Operation Theatre and Anaesthesia Technology 3 years + 1 year internship) or H.Sc. with Diploma in Anaesthesia Technology (2 year course + 1 year internship).

Salary scale: As per institutional rules.

Age limit: 35 years. Job description: Anaesthesia Technician.

10. Staff III Pharmacist (Project) for the CMC Vellore Chittoor Campus

Qualifications: D.Pharm / B.Pharm (Candidates with typing and computer skills will be preferred). Appointment will be given only for Pharmacists who have registered in the Andhra Pradesh State Pharmacy Council.

Salary scale: As per institutional rules. Age limit: 35 years.

Job description: Dispensing of drugs, Charging the prescription and receiving cash.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note: Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 20, 2017** for Items 7, 8(a), 8(b), 9 and **March 27, 2017** for Item 10.

11. Three Months Competency Based Training for Staff Nurses to work in the Chittoor Campus, Christian Medical College, Andhra Pradesh

Candidates must have registered with the Andhra Pradesh Nursing council.

Qualification: Diploma in Nursing. Age limit: 21-30 years.

Preference will be given to the candidate who is trained in a School / College of Nursing, which has its own hospital (minimum of 150 beds) for practice and clinical experience of one year in more than 150 bedded hospital.

Stipend: Will be given at the 2nd and 3rd month of training, as per rules.

Prescribed Application form and the terms and conditions for the above training programme are available at www.cmch-vellore.edu, Link: "Vacancies".

Apply with photograph, certificates and testimonial to the Nursing Superintendent, Christian Medical College, Vellore - 632 004 on or before **April 01, 2017** for Item 11.

12. Administrative Assistant Gr.V for RUHSA Department - 1 Post

Qualifications: Graduate+1 year PGDHA (or) 5 years experience in CMC FHA (Fellowship in Hospital Administration). Salary: As per institutional rules.

Note: Preference is for male candidates.

13. Computer Terminal Operator to work in a project on Term Appointment basis. The term of appointment is co-terminus with the duration of the project. The project will be implemented under **Ophthalmology**. The name of the project is "Community based Multidisciplinary healthcare - CBM Project".

Qualifications: Graduate + English Typing + D.C.A. (Proficient in M.S. Office).

Consolidated salary: Rs.9,000/-.

Preference will be given to B.Com or its equivalent in Accounts / Economics with good computer and inter-personal skills.

14. Diploma Electrical Engineer (Project Mode) with Diploma in Electrical & Electronics Engineering qualification is required for Construction of Service and Teaching Facility at **CMC Kannigapuram Campus**.

Salary: As per institutional rules. Accommodation not provided.

Preference will be given to the male candidates with minimum 2 years' experience.

15. Graduate Electrical Engineer (Project Mode) with B.Tech / B.E. in Electrical & Electronics Engineering qualification is required for Construction of Service and Teaching Facility at **CMC Kannigapuram Campus**.

Salary: As per institutional rules. Accommodation not provided.

Preference will be given to the male candidates with minimum 2 years' experience.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note: Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 20, 2017** for Items 12, 13, 14 and 15.