

CMC NEWSLINE

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APRIL 02, 2018

He is not here; he has risen! Remember how he told you, while he was still with you in Galilee. Luke 24:6



Empirical Hope of Resurrection



Easter Greetings from Chaplaincy!

What a wonderful hope God has assured to us through the resurrection of His Son Jesus Christ! In the words of Apostle Paul, “*And if Christ has not been raised, our preaching is useless and so is your faith*” (I Cor.15:14). “*Because He lives, we can face our tomorrows*”. This hope which arises from Christ’s resurrection can be experienced by all, just as Apostle Thomas did in his life. One of the twelve disciples of Jesus, Thomas was also known as ‘Didymus’, which means ‘the twin’. Though not the most popular of the twelve, he was popular enough to have earned the nick name “Doubting Thomas.” He was given this label because he simply refused to believe that Jesus had risen from the dead, instead he wanted to have a personal experience with the resurrected Jesus. This experience gave him

hope which transformed him and strengthened his faith.

The Courage of Thomas:

When the resurrected Christ appeared before the disciples for the first time, Thomas was not among them. He refused to believe the words of the disciples : “*So the other disciples told him, ‘We have seen the Lord!’ But he [Thomas] said to them, ‘Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe it*” (John 20: 25) – what courage he had!

This courage of Thomas was honoured by Jesus and He provided him an answer: “*Jesus came and stood among them and said, ‘Peace be with you!’ Then he said to Thomas, ‘Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe*” (John 20: 27).

Another instance where he displayed his courage and loyalty was when the

Special Prayers : April 01 - 07, 2018

CHIPS : Mr. Ebinezar Sundarraj and Staff

Community Health and Development :

Dr. Jasmin Helan N. and Staff

Mrs. Rajeswari Siva and Staff

New Life Centre :

Dr. Kuryan George and Staff

United Methodist Church of America, USA

Council Member : Dr. Arvind Roop Kumar

Voluntary Health Association of India

Council Member : Mr. Alok Mukhopadhyay

Vellore CMC Foundation Inc.

Council Members : Dr. Honorine Ward

Ms. Patricia Carroll

Sunday Services : April 08, 2018

6.00 pm : **Scudder Auditorium**

Dr. Joy Mammen

6.30 pm : **Hospital Chapel**

Dr. Barney Isaac

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Chandra Singh

Memorandum :

Mrs. Sheeba Rani P., Associate Professor of Nursing is appointed as Deputy Registrar, College of Nursing with effect from 1st April, 2018 for a four-year term.

Obituary :

Mr. A. Edward Raj, father of Ms. Susheela Russell, Reader in Clinical Psychology, Department of Psychiatry and Ms. Lydia Edward Raj, Reader, Occupational Therapy and father-in-law of Dr. Paul Russell, Professor, Department of Psychiatry on 24th March, 2018.

Let us uphold his wife Mrs. Irene Edward and all the bereaved members of the family in our prayers.

other disciples tried to keep Jesus from going to Bethany to raise Lazarus from the dead because of the danger from those who had tried to stone Him earlier. (John 11:8). Thomas said to them, “*Let us also go, that we may die with Him*” (John 11:16).

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Hope always expects certain amount of courage. When Abraham was asked to sacrifice his son Isaac in the mountain region of Moriah, he exercised much courage. *“Abraham answered, “God himself will provide the lamb for the burnt offering, my son.” And the two of them went on together”* (Gen. 22:8).

The Faith of Doubting Thomas : Though known as Doubting Thomas, if we look more closely at the Gospel, we might learn something new about the great faith of this holy apostle. St. Thomas Aquinas rightly opines that while Thomas the Didymus had doubts about the resurrected body of Jesus, he expressed his strong faith about Christ Jesus’ divinity by openly crying out ‘My Lord and My God.’ We also may doubt God’s work in our lives. In a hospital environment like ours, many may have wavering experiences in their faith. It is true that God understands our emotional temperament and is patient with us. Doubters are not second-class citizens in God’s Kingdom! Let us keep pushing ourselves to trust and believe in this power of resurrection and experience the power of God’s mercy through the risen Jesus Christ, our Lord and Saviour. Therefore can we, for whom Jesus is not made visible, not indulge in doubt, but be blessed in believing?

(Rev. Ananthi A. Mary, Head, Chaplaincy)

CMC College of Nursing celebrates College Day-2018



The College Day was celebrated with much festivities on 17th March, 2018. The theme for this year was “Tyngshain” which means “Glow” in Khasi. The chief guest Dr. Gita Mathai, Pediatrician, Family Care Centre, Vellore, in her inaugural address, encouraged the gathering to make a difference in everything that they do and to make an impact upon the world. Dr. Nihal Thomas, Associate Director and Dr. Premila Lee, Nursing Superintendent offered felicitations. After the felicitations, awards and medals were presented by the chief guest to the winners of the Zenith Quiz Held at Coimbatore and to the Diploma Nursing students who received meritorious academic medals and certificates during their course of study. The students participated enthusiastically in all the events that followed. There was a brilliant

performance through dance which depicted the significance of the theme. This was followed by a debate on the topic “A Strategic Woman in the current scenario is a Homemaker / Social Reformer”. The entertainment which followed was indeed a vibrant display of talents and creativity.



World Kidney Day celebration



The Department of Nephrology celebrated World Kidney Day to create a public awareness on prevention and early detection of kidney diseases. The theme for this year was “Kidneys and Women’s Health – Include, Value and Empower”. On 8th March, 2018, an awareness programme was organized at the hospital campus, which provided free screening for kidney diseases by nephrologists, nurses, dialysis therapists and students of the department. Rev. Lalbiang Sanga began the meeting with prayer and Dr. Santosh Varughese, Professor and Head, Department of Nephrology welcomed the gathering. Dr. Joy Mammen, Deputy Medical

Superintendent, Dr. Nihal Thomas, Associate Director, Dr. Indira Agarwal, Professor and Head, Child Health and Paediatric Nephrology, Dr. Antony Devasia, Professor and Head of Urology, Dr. Selva Titus Chacko, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent offered felicitations. The vote of thanks was proposed by Dr. Vinoi George David, Professor of Nephrology, Unit I. The event was packed with information; there were educational posters, display of dialysis facilities and demonstration of ideal diet for people with kidney disorders. Following these, competitions and quiz programmes were held; the certificates and awards for which were distributed thereafter. There was a good participation of six hundred and seventy five people and they received blood pressure, blood sugar, urine albumin, urine glucose tests and height/weight measurements along with a doctor’s consultation. The newly detected diabetics, hypertensives, people with proteinuria and obesity were advised appropriate referrals. The programme was a grand success and the Department of Nephrology thanks all the participants and organizers for their involvement.

Cancer Awareness Programme organised



The Department of Medical Surgical Nursing specialty VI (Hemato-Oncology Nursing), College of Nursing, organized a “Cancer Awareness Programme” in commemoration of the World Cancer Day 2018 on 13th February 2018, on the theme “We can, I can”. Dr. Selva Titus Chacko, Dean welcomed the gathering and Dr. Deepak Abraham, Associate Director spoke about the importance of the programme. The other dignitaries present were Dr. George Koshy Chiramel, Deputy Medical Superintendent, Mrs. Florence Segaran, Deputy Nursing Superintendent, Dr. Raju Titus Chacko, Head,

Department of Medical Oncology, Dr. Selvamani, Head, Department of Radiation Therapy and Dr. Vikram Mathews, Associate Director and Head, Department of Haematology.

Several stalls were put up by the departments of Community Health Nursing, Dietary, Psychiatry, Radiation Therapy and RUHSA. The stalls provided health education on risk factors and prevention of cancer. This included self examination of breast, testicular self examination, cervical cancer assessment and screening, radiation therapy, role of diet in cancer prevention, counselling on alcohol consumption and smoking, de-addiction and highlights on available treatment modalities.

A poster and slogan writing competition was conducted on the topic “Prevention of cancer”. The first place was bagged by Ms. Nadhiya, GBMT Nurses' Co-ordinator, Haematology OPD for slogan writing and Ms. Priya Roselin, Staff Nurse, Main OR for Poster competition .

The event was appreciated by all and culminated with a walkathon between CMC Hospital and South Police Station, Vellore.

Congratulations!

• **Dr. Sneha E. and Dr. Philip Amitav Vikram Kalindi**, Postgraduates (MD final year), Department of Anaesthesia were the First prize winners in case presentation of the practical examination preparation programme (PREPP) on 11th March, 2018 at Kilpauk Medical College, Chennai.

• **Dr. Syed Kamaran Asif**, Assistant Professor, Department of ENT Unit-II has won the 1st prize for poster presentation at the SIMEDECON 2018 National Conference held on 3rd March, 2018.

Retirement



Mr. P. Devakumar, Sel. Gr. Staff Clerk Gr.I, Operation Theatre retired on 15th March, 2018 after 36 years of dedicated service to the institution. He has two sons and a daughter. His oldest son, Mr. Rukshanth Devakumar is a Software Engineer in Varizon, Chennai, second son, Mr. Rohit Devakumar is a BE (E.E.E) Graduate and daughter, Ms. Rushmitha Devakumar is doing her plus two.

CMC thanks him for his many years of dedicated service to the institution and wishes him a blessed retired life.

Sports News : Allied Health Sciences Sports Day

The Allied Health Sciences sports day was conducted on 3rd March, 2018 at Oval Ground, Bagayam. Dr. Rita Isaac, Professor and Head, RUHSA was the Chief Guest and distributed the awards to the winners. Dr. Judy Ann John, Vice-Principal (AHS) addressed the gathering and Dr. R. Balaganesan, Physical Director proposed the vote of thanks.

Results: Overall Championship : Department of Nuclear Medicine.
Individual Championship (For Men) : Mr. Praveen Harry M. (Cardio Perfusion).

Individual Championship (For Women): Ms. Rinu Varghese (Radiology).



Upcoming Event : Centenary of Medical Education

Second Luminary Lecture: Mr. Romulus Whitaker and Ms. Janaki Lenin, Founder, Madras Crocodile Bank and Snake Park, Wildlife Conservationists, will be the speakers.

Date: Wednesday, April 4, 2018.

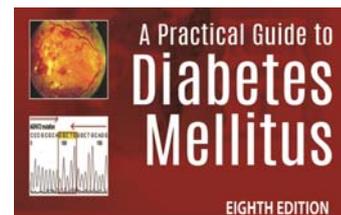
Time: 6.00 PM.

Venue: Scudder Auditorium, CMC Bagayam Campus.

Please Note: Buses will leave Kagithapatarai Campus at 4.45PM via ASHA Building. Refreshments will be served at 5.30PM, with a request for all to be seated by 5.50PM.

Notification

The 8th Edition of 'A Practical Guide to Diabetes Mellitus' has been released and is available in the Department of Endocrinology.



Situations Vacant

1. Administrative Assistant Gr.V for the Haematology Department

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC.

Salary scale : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 07, 2018** for Item 1.

Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts:

2(a) Nursing Tutor Gr.IV

Qualifications : B.Sc. Nursing with 2 years experience (Only female candidates need to apply).

2(b) Prosthetics & Orthotics Engineer

Qualifications : Degree or Diploma in Prosthetics & Orthotics. Experience preferred.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106. The last date of receipt of applications is **April 07, 2018** for items 2(a) and 2(b).

3. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)

The school invites applications for the following posts:

Assistant Headmaster / Headmistress

Applicants should be Christian candidates with post-graduation in any discipline with B.Ed /M.Ed preferably in the age group of 40 - 55 years with adequate teaching and administrative experience in reputed schools. Excellent communication and leadership skills required.

Junior Level Teachers in Art, Physical Training and Craft

Applicants should be graduates in their respective discipline with relevant experience.

Note: All applicants should be proficient in English.

Apply to "The Correspondent" Ida Scudder School, No. 1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, or email to idascudder@gmail.com on or before **9th April, 2018** furnishing the CV, latest passport size photograph, copies of all the necessary certificates, other related documents and contact details.