

CMC NEWSLINE

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The Lord is my strength and my song; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him. Exodus 15:2

'Provider's Course' in Children's Surgical Care – A new initiative by Children's Surgical Specialities



A three day special training programme was organised by the Children's Surgical Speciality Departments on 31st May 2018, for teams of doctors and nurses from four district hospitals in Karnataka. This is the first of its kind organised by the institution with the aim to improve children's surgical care in the country.

This was preceded by a 'Train the Trainer' course, for CMC faculty by the Royal College of Surgeons, England to update the training skills of Children's surgical trainers in the Departments of Children's Orthopaedics, Surgery, Nursing and Critical Care, on 30th May, 2018. This special session included training in planning and imparting practical skills, and in giving and receiving feedback and evaluation.

On 31st May, 2018 the course was inaugurated. Dr. Sukria Nayak, Associate Director, Missions, spoke about the need for such a program and its benefit to the health systems, Dr. Nihal Thomas spoke about CMC's role in improving health care. Dr. Deepak Abraham, Associate Director, Human Resources and Dr. Ebor Jacob, Deputy Medical Superintendent lauded the efforts of the children's surgical specialities in fulfilling the training needs of children's surgical providers.

The team of faculty included Dr. Vrisha Madhuri from Paediatric Orthopaedics, Dr. John Mathai from Paediatric Surgery, Dr. Sajjan P from Anesthesia, Dr. Vinitha Ravindran from Paediatric Surgical Nursing, Dr. Ebor Jacob from Paediatric Critical Care, Dr. Mathew Joseph

Special Prayers : June 17 - 23, 2018

Civil Engineering:

Mr. S. Balasubramanian and Staff

Planning Engineering:

Mr. V. Jayashankar and Staff

Mechanical Department:

Mr. Samson D. and Staff

Electrical Department:

Mr. S. Sukumar Solomon and Staff

Air Conditioning Engineering:

Mr. S. Sukumar Solomon and Staff

Environmental Engineering:

Mr. V. Jayashankar and Staff

Electronic Engineering:

Mrs. Indumathi and Staff

Telephone Exchange:

Mr. Ebinezar Sundarraj and Staff
Mr. Dinesh and Staff

CSI Rayalaseema Diocese :

Council Members:

Rt. Rev. Dr. B.D. Prasada Rao
Dr. B. Wesley

Hospital: CSI Arogyavaram Medical Centre, Madanapally,
MLL Hospital, Madanapally and others

Welcome :

Dr. Jessie Lionel, Professor, Obstetrics & Gynaecology Unit-I, on her return from sabbatical leave.

Dr. Dharshini S., Associate Professor, Department of Dermatology Unit-I, on her return from study leave.

Sunday Services : June 24, 2018

6.00 pm : **Scudder Auditorium**

Mr. Benny Prasad

6.30 pm : **Hospital Chapel**

Dr. Roshan S. Livingstone

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Elizabeth Pramila Caleb

from Neurotrauma and Dr. Kingsley from Plastic Surgery.

The course included emergency management of children with surgical needs, safe surgical care and

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'Provider's Course' in Children's Surgical Care – A new initiative by Children's Surgical Specialities

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covered common conditions affecting children such as knee deformity, clubfoot, infections and cerebral palsy, children's anaesthesia, head injury, burns and nursing. The programme was monitored by the Royal College of Surgeons England team led by Mr. Richard Stewart and the incoming president of the Global Initiative for children's surgery, Mrs. Kokila Lakhoo, RCS educator Elise Omphalos and Orthopaedic surgeon Mr. James Turner.



The focus of the training was to empower district level hospitals to handle the common surgeries of children safely and provide skills in decision making and safe transfer to the children's surgical hubs. A team of children's specialist surgeons, anaesthetists and nurses from the the Bangalore Medical College underwent training as future trainers. The trainees and trainers carried out surgical modules at CMC's Chittoor campus to simulate a district level hospital environment.

Dedication of The Neonatal and Maternity Facilities at the CMC Vellore Chittoor, Campus



On 7th June, 2018, the dedication of the Neonatal and Maternity Facilities at the CMC, Vellore Chittoor Campus took place; coincidentally on the same day as the birth anniversary of Virginia Apgar, the pioneering anaesthetist who formulated the well known scoring system (APGAR) to prognosticate neonatal development.

The facility was inaugurated in the presence of members from Nursing Services, Neonatology and Maternity Services. The Chittoor district contributes to more than 10% of the mother and baby related services at the main town campus in Vellore. By initiation of these services at the CMC Vellore Chittoor Campus, a number of pregnant

women may be able to access services locally at Chittoor and avoid travelling thirty kilometers, across the border to avail this basic service. The Neonatal facility has the complete paraphernalia and staffing required to support ten babies in the nursery with postnatal wards which are spacious and airy. An emergency obstetric theatre is also available in addition to four, state of the art operation theatres.

The Staff of the CMC Vellore Chittoor Campus would specifically like to thank Dr. Annie Regi and her team from the Obstetric services, Dr. Niranjan Thomas and Dr. Sridhar from the neonatology services and Dr. Premila Lee from nursing services and their respective teams for their contribution towards the development and evolution of the facilities in this regard.

For videos and photographs of the event, the following links can be accessed: <https://www.youtube.com/watch?v=6sWDIUeUqnU>
<https://drive.google.com/open?id=14cOYUVLBYBs1guO78s2kLwsJhLDphlvD>



Memorandum

- **Mrs. Reena Rachel George**, Professor of Medical Surgical Nursing, is appointed as Additional Deputy Dean with effect from 1st July, 2018 for a four year term.
- **Dr. Kurien Anil Kuruvilla**, Professor of Neonatology is appointed as Head of Neonatology Unit-II with effect from 14th June, 2018 for a four year term.

Retirements



Mrs. L. Evelyn Sheeba, Sel. Gr. Staff Clerk Gr.II, 'J' Ward retired on 30th May, 2018 after 30 years of dedicated service to the institution. She has two sons and a daughter. Her elder son, Mr. Immanuel Sydney Sunil is a dialysis nurse in Chennai, her daughter, Ms. Annie Priya Patricia is a staff nurse in Q6 South and youngest son, Mr. Dhilip Kumar is a staff nurse in Bangalore.

Mr. D. Pichandi, Hospital Attendant Gr.I, Directorate retired on 1st June, 2018 after 32 years of dedicated service to the institution. He has a son and daughter. His son, Mr. P. Arunkumar is a Hospital Attendant in Hospital Laundry and daughter, Ms. P. Aruna is a Nursing Auxiliary at Q3 ward.



CMC community is thankful for their years of commitment to the institution and wishes them God's blessings on their retired life.

Obituary

Mrs. Nascimento Avaze Barreto, mother of Dr. Elvino Barreto Professor, Plastic Surgery, mother-in-law of Dr. Yamuna Barreto on 12th June, 2018.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

Situations Vacant

1. Senior Resident with M.D. (Microbiology) for the Department of Wellcome Research

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Junior Resident / Registrar (Non-PG) with MBBS / Diploma for the Department of RUHSA

Salary : As per institutional rules. Accommodation provided (Subject to availability).

2(b) Senior Resident /Assistant Professor with MD / MS (Family Medicine, General Medicine, General Surgery, Anaesthesia, Paediatrics, Obstetrics & Gynecology) for the Department of RUHSA

Experience : Candidates applying for Assistant Professor should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email : princi@cmcvellore.ac.in on or before **June 30, 2018** for Items 1, 2(a) and 2(b).

3. Technician Trainee for the Department of Vascular Surgery (Only male candidates need to apply).

Qualifications: H.Sc., with Science subjects. Stipend : As per institutional rules.

Age limit : 30 years. Job description : To work in the Vascular Surgery.

4. Optical Dispensary Trainee for the Department of Ophthalmology

Qualifications : H.Sc. (+2)., with Diploma in Optometry or equivalent. Preference will be given to candidates with good inter-personal skills and customer relationship.

Stipend : Rs.5,225/-. Period of training: One year. Age limit : 30 years.

Job description : Will be trained in the running and management of Optical dispensary to improve skills in marketing and sales of spectacles.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 25, 2018** for Item 3 and **July 02, 2018** for Item 4.

5. EQA Manager (Project Mode) for the Department of Transfusion Medicine & Immunohaematology

Qualifications : MBA with Graduation in Computer Science. Consolidated salary : Rs.20,000/- per month.

Preference will be given to candidates who are well versed in using computers and web based programmes. They must have good knowledge in English language and be able to correspond with laboratories, vendors and suppliers.

Preference will be given to persons with experience in Quality management systems and NABH training as well as experience in handling large projects.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 23, 2018** for Item 5.

Suggested reading : Matthew 25: 40

The Chief of Surgery walked to each bed on his rounds talking to every patient, making them feel comfortable; his team of interns and residents followed taking down notes silently. Finally they stopped at the bed of a little girl who was to have surgery the next day. The little girl wasn't nervous at all. "See my special pin, Doctor! It will make me better," she said, pointing to a little pin on which she had put all her faith in healing.

Next morning, she was wheeled into surgery and the operation went off well. She was soon back in her room in the ward, but to everyone's surprise, she was not doing as well as was hoped. The Chief and his team came in to see her and looking through her charts and on examining her, could not find anything to hold back the healing. The girl's mother was very distraught. "Doctor, her lucky pin is missing. As long as her lucky pin was on her shirt, she was doing well. But it's gone now and my baby's dying." The girl's hand kept searching for the pin on her chest even though she was unconscious.

The Chief found out that she was wearing the pin when she was wheeled to the Operation Theatre. He checked the girl's vital signs again and walked out of the room with a grim look on his face. His team ran behind him. He had a word with someone in the hallway and then turned and took his team straight to the hospital's laundry. "Please look for a garment with the lost pin," he told his stunned team, and began going through the soiled clothes in the laundry baskets one by one himself. His team did the same and one intern gave a delighted shriek when he found it. The pin was washed and sterilized and the Chief pinned it back on the unconscious girl's gown and sat vigil. She soon opened her eyes and followed it up with a smile. After a few days she was ready to go home, well and healed.

What was it that healed her? Surely not the little metal pin - for it didn't have any magical or healing properties of its own. Why did the Chief of Surgery walk down to the laundry room to look through all the dirty linen for this one pin? Surely he didn't think that it was necessary for the girl's healing? Our story shows that he did! The little girl's faith in that pin, made it important for him too as probably the most important part of her healing process.

I retell this story, from *Rachel Remen's* book, *My Grandfather's Blessings*, as it reminds me of how we can make a difference to someone's life by just walking that extra mile and doing something for them that matters to them - no matter how silly it may seem. When we do this, it also makes a huge difference to our own lives - it raises us from the drudgery of daily routine and self-centredness, and chases away loneliness and the feeling of being disconnected to everyone around us.

Think About This!

All of us are capable of making simple spontaneous loving gestures - but something holds us back. Can you identify what holds you back?

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