

PROGRAMME SCHEDULE

Time	Topic	Faculty /Facilitator
08.00-08.30am	Inauguration	
08.30-08.45am	Pretest	
08.45-09.45am	Factors for substance abuse disorders and Assessment	Dr. Abu Varghese Asst. Professor, Department of Psychiatry
09.45-10.00am	Refreshments	
10.00-11.00am	Medical and Psychological management of patients with substance abuse disorders	Dr. Ravi Teja Innamuri, Assistant Professor, Department of Psychiatry
11.00-12.00pm	Nursing care of patients with substance abuse disorders	Mrs. Rogina Savarimuthu, Associate professor, Chettinad CON, Chennai
12.00-01.00pm	Legal Implications in Substance abuse disorders	Mr. Ruby Nakka, Director, The Hope House
01.00-01.30pm	Lunch	
01.30-04.30pm	Skill Stations and Hands on skill Station I Motivational Enhancement Therapy for Substance abuse disorders Station II Assessment of patients with substance abuse disorders Station III Psychological management of patients with substance abuse disorders	Mrs. Helen Sujatha Charles, Professor, CON, CMC, Mrs. Santhi Lithiya, Associate professor, CON, CMC Mrs. Aruna. G, Lecturer, CON, CMC
4.30-04.45pm	Refreshments	
04.45-05.00pm	Post Test & Closing Session	

Workshop Patron

Dr. Vathsala Sadan
Dean
College of Nursing
CMC, Vellore

Dr. Premila Lee
Nursing Superintendent
CMC, Vellore

Organizing Chairperson

Dr. Manoranjitham. S,
Head of Psychiatric Nursing,
CON, CMC.

Organizing Secretary

Mrs. Jeeva Sebastian
Reader, CON, CMC.
Contact No: 9894893794

Organizing Committee

Mrs. Helen Sujatha Charles
Professor, CON, CMC.

Mrs. Santhi Lithiya
Associate Professor, CON, CMC.

Mrs. Aruna. G
Lecturer, CON, CMC.

Mr. Dani Paul
Jr. Lecturer, CON, CMC.



State Level Workshop On “Challenges in Nursing Care of Patients with Substance Abuse”



Organized by
**The Departments of Psychiatric
Nursing and CNE & Research
College of Nursing, CMC, Vellore**

Date : April 24, 2019

Time : 08.00am- 05.00pm

Venue : CNE Lecture Hall,
College of Nursing,
CMC, Vellore

*State Level Workshop on 'Challenges
in Nursing Care of Patients with
Substance Abuse*

Dear colleagues,

Substance abuse is a major problem worldwide and India is no exception. Globally 275 million people were estimated to have used an illicit drug in 2016 (WHO 2018). Substance abuse is not only a problem just for the user; it creates tremendous emotional and economic pressures for the family members also. Further it causes serious threats to every country by increasing crime, hampering productivity, destroying relationships, eroding social and moral values, and impeding the overall progress and the society.

Addiction to substance affects people of various phases of life, from school children to old age. It requires multi-dimensional approach for its management, which involves a broader approach with motivation, lifestyle adjustment, reducing risk behavior and developing skills to cope with factors that could trigger drug use.

Attending this workshop will enable the nurses to gain sufficient knowledge about substance and its impact on human health and will enhance their skill in assessing patients with abuse, counsel, support, and manage family and patients addicted to substances.

Objectives

1. Identify risk and protective factors associated with substance abuse.
2. Discuss medical and psychological management of patients with substance abuse.
3. Apply nursing process in the management of patients with substance abuse.
4. Increase awareness about legal implications related to substance abuse.
5. Develop skills in collecting history, nursing assessment tools, motivational enhancement therapy of patients with substance abuse.

REGISTRATION FORM

*State Level Workshop on 'Challenges in
Nursing Care of Patients with Substance
Abuse'*

Name of the Delegate:

Designation :

Institution :

RN:

RM:

Email Id :

Phone :

DD No:

Dated:

Food Preference : Veg/Non veg

Registration Fee : Rs. 500/-

DD Should be drawn in favor of 'CMC
VELLORE ASSOCIATION' payable at
Vellore

Contact Details:

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