

WISDOM FROM VAIDY'S WHEELCHAIR

From A short video message:

Friends, in a once in a lifetime opportunity, hi to all of you from the isolation (SARI) ward of Christian Medical College Vellore. A very fit and strong guy like me, suddenly the strength was completely drained out of my body. I started self-isolation as I had fever, fatigue and breathlessness. On 25 April 2020, as a pro-active move, I decided to go to CMC Vellore, the place where I had my spinal cord injury rehabilitation in 1990. They know my complete history well. In Chennai, I would have had to grapple with hospitals that have no clue of spinal cord injury.

My COVID-19 swab test was done at 5.45am. I had a Severe Acute Respiratory Infection due to a bacterial infection in my blood stream. My symptoms were similar to COVID-19 except that I did not have cough and loss of smell and taste. My lungs were affected, it impacted my breathing. My swab test was done as part of the protocol for patients with these symptoms.



Vaidy taking a class on Spinal Cord Injury for our doctors.

I request all of you to take COVID-19 seriously. Please do not place any premium on your work, your earnings, your business, your commercial interests, the ebb and flow of the stock markets. Please focus on a healthy, happy, safe family, where everybody is going to be wonderfully living together!

What I've gone through were significantly COVID-like symptoms, and I know how much the struggle is. 24 hours more, and this video would not have been possible. Your protection against COVID-19 is to carefully observe physical distancing, wear a mask and wash your hands. Please stay safe.



Vaidy's COVID-19 test result was negative.

He is fully recovered after 15 days at CMC Vellore & now safely back home in Chennai.