The Lady Willingdon Hospital, founded in 1935, is a 55-bedded hospital situated in Manali, at an altitude of 6500 feet, in the Kullu District of Himachal Pradesh. True to their mission statement; ‘Loving God and Loving our Neighbour’, the hospital provides affordable healthcare to a population of over 64,060 from Kullu to as far as the Lahaul and Spiti districts.

As the hospital has no resident ENT doctors, outreach work at this mission hospital was started by the late Dr. George Ani Mathew of CMC’s department of ENT, in 2010, who started the work by making many solo trips to Manali to conduct camps. Since then, the Department has supported this endeavour with regular involvement. From 2016, Dr. Suma Susan Mathews took up the charge to continue the outreach work. She has mentored many young ENT surgeons, enabling them to conduct camps every year.

This year, a team led by Dr. Suma along with Dr. Blessi conducted a camp from 13th to 15th June ’22. They could cater to around 230 outpatients and were ably supported by Ms. Tirza, Audiology, Speech and Language Pathologist. Ms. Tirza is a CMC alumnus who is working there as part of her service obligation, after completing the BASLP course at CMC Vellore.

During the 3-day camp, 5 major procedures under general anaesthesia, 15 minor procedures in the theatres, 50 OPD procedures and 49 pure tone audiometry tests. The hospital is now equipped with an operating microscope and rigid endoscopes with camera and monitors required for performing general ENT surgical procedures.
Dr. Blessi says, “We were greatly encouraged by the enthusiasm and excitement of the staff, and warm welcome accorded by Dr. Philip Alexander and his team at Lady Willingdon Hospital. Patients travelled long distances to get treatment and the trust they have in this mission hospital was heartening. We were blessed to see their motto of ‘Loving God and Loving Neighbor’ in action”.

In and around Vellore, the Department carries out outreach work in various sites including LCECU, RUHSA, CHAD and the Jawadhi Hills.

Apart from that, they now render services including training and development of ENT care at the Asha Kiran Hospital in Odisha, the KMF Hospital in Kothagiri Hills, the Van Allen Hospital in Kodaikanal, the Christian Fellowship Hospital at Oddanchatram, Christian Institute of Health Sciences and Research (CIHSR) in Dimapur and hospitals under Emmanuel Hospital Association (EHA).