



## Paediatric Orthopaedics organises POSICON 2018



The 24th Annual Meeting of the Paediatric Orthopaedic Society of India (POSICON 2018) and the 7th Joint Paediatric Orthopaedic Society of India - Paediatric Orthopaedic Society of North America (POSI-POSNA) workshop, were organised by the Paediatric Orthopaedic Unit from the 17th to the 20th of January, 2018, at the College Campus, Bagayam. The theme for this year was 'Research and Training'.

Three hundred paediatric orthopaedic surgeons from across the country participated in specialised workshops on complex trauma, limb reconstruction and cerebral palsy.

The inaugural ceremony began with a word of prayer by Rev. Finny Alexander. The chief guest for the occasion, Dr. Ravi Jacob Korula, former head of the Department of Orthopaedics, spoke about the cutting edge research and training facilities of the department. Following this, the participants and delegates were welcomed by Associate Director, Dr. Sukria Nayak; Medical Superintendent, Dr. Prasad Mathews; Vice-Principal, Dr. Simon Pavamani, and Dr. Sakuntala Karat.

The skills-based workshop that followed provided training for common tendon transfers in Paediatric Orthopaedics; ultrasound screening for Developmental



Dysplasia of Hip (DDH); techniques of application of Hip spica and Ponsetti clubfoot casts; fixation of common paediatric fractures and deformities; arthroscopic procedures for hip and knee; and cadaveric workshop for adolescent hip reconstruction. Current concepts, emerging ideas and key strategies in managing children's orthopaedics were discussed with international experts. Newer diagnosis, management and research were also discussed, in addition to a recap of current management practices.

As the focus of the meeting was research and training, it provided a good opportunity for teachers and researchers in the field to come together and share their experiences. A post-conference workshop on nuances of diagnosis and management of the entire spectrum of DDH was conducted with input and guidance from pioneers including Dr. John Wedge, Dr. Michael Millis, Dr. Makoto Kamegaya and Dr. Ashok Johari. The conference witnessed active interactive sessions and academic debates on several emerging and contentious issues that often pose a clinical decision-making problem, with special emphasis on outreach and on expanding paediatric orthopaedic care to the resource-limited areas of our nation.

The theme was also the highlight of the prestigious POSI oration titled 'Thulabharam: the balance sheet and the accounting equation', delivered by Dr. Benjamin Joseph, CMC alumnus and previous Head of Paediatric Orthopaedic Services at Kasturba Medical College, Manipal.

Fifteen and 20 CME points were awarded to the pre-conference workshop and the conference, respectively, by the Tamil Nadu Dr. MGR Medical University. The programme concluded with the vote of thanks by the Organising Secretary of POSICON 2018, Dr. Thomas Palocaren and that of the Joint Organising Secretary, Dr. Abhay Gahukamble.