PROSPECTUS

COLLEGE OF NURSING, CHRISTIAN MEDICAL COLLEGE VELLORE- 632004

DEPARTMENTS OF CONTINUING NURSING EDUCATION AND SURGICAL NURSING

DISTANCE EDUCATION CERTIFICATE COURSE ON STOMA CARE NURSING A Blended Programme of Online and Onsite Learning

Commencement of the course 7th batch: September 2, 2019

(Last date for the submission of application is August 15, 2019)

Preamble:

At any one time there are approximately 1, 00, 000 people in India with a stoma. There are a number of conditions that necessitate the formation of stoma like pelvic, colorectal & bladder cancers, diverticular diseases, complex fistula, familial adenomatous polyposis and inflammatory bowel diseases. Formation of a stoma is associated with a number of issues that can cause significant embarrassment and distress to these patients. Particularly in the early stages following stoma formation, patients rely on health professionals caring for them to assist them in the management of their stoma including selection of appropriate products and recognizing and effectively resolving any problems they might encounter. Often these patients do not receive the needed specific care due to lack of trained personnel. In order to facilitate this, health professionals particularly nurses need to be provided with the knowledge and skills that will ensure the highest possible standard of care.

A distance education course on Stoma Care Nursing is designed to prepare specially trained Stoma Care Nurses. The outcome of the program will be to have more nurses prepared as 'Stoma Care Nurses' providing competent care at the institutional and community level

At the end of this program:

The course participants will be able to

- 1. Describe the concepts and principles of stoma care nursing
- 2. Communicate effectively with patients, their families and community
- 3. Develop a positive attitude towards stoma care and enable patients to accept and live with stoma
- 4. Demonstrate skill in providing stoma care and related procedures
- 5. Apply nursing process in caring for patients with stoma
- 6. Offer family, spiritual and sexual counseling to patients with stoma
- 7. Participate effectively as a member of health team
- 8. Participate in stoma rehabilitation program and empower patients to lead a normal and independent life
- 9. Identify and assist in management of stoma related complications
- 10. Make a plan for organization of stoma care unit
- 11. Teach and supervise nurses and allied health workers

Eligibility criteria

1. Nurses with Diploma, B.Sc or M.Sc qualification

There is no entrance test

Course format

Duration: This is a distance education course and the duration is 3 months.

<u>Curriculum:</u> The following topics will be covered:

Module 1 : Fundamentals of stoma surgery

Module 2 : Psychosocial and sexual considerations in stoma care

Module 3 : Preoperative stoma care Module 4 : Post operative stoma care

Module 5 : Discharge planning

Module 6 : World Council of Enterostomal Therapist, Indian Ostomy Association and other

Associations

Supplementary courses:

Module 7 : Clinical Teaching, Supervision, and Management

Module 8 : Counseling

Teaching Faculty:

Surgical Nursing

Mrs. Ida Nirmal (Enterostomal Therapist), Professor

Mrs. Priscilla Sam, Professor

Mrs. Nirmala Emmanuel, Professor

Continuing Nursing Education & Research

Dr. Vinitha Ravindran, Professor & Head of the Department

Mr. Dinesh Kumar. S, Junior Lecturer

Medical Faculty

Dr. Mark Ranjan, Professor, Colorectal Surgery and team

Dr. John Mathai, Professor, Pediatric Surgery

Course Sessions:

The most important component of the training.

The candidate will be required to come to CMC for 2 contact sessions

- Contact session 1(Onsite): Monday to Saturday (6 days) September 02 07, 2019
- Online Learning: In between the first and second contact session
- Contact session 2(Onsite): Monday to Saturday (6 days) November 25 30, 2019

<u>Contact Sessions 1:</u> Involves class room teaching and practical exposure of various aspects of stoma care <u>Online Learning:</u> A series of modules will be posted online with the self assessment at the end of every module. Once the candidate scores 80% in the self assessment, they will be directed to the next module. The assignments pertaining to the module need to be posted via mail. The username and password with the necessary URL will be given during the first contact class.

<u>Contact Sessions 2</u>: Is a clinical contact session for providing hands on training in the various aspect of stoma care. This involves outpatient stoma care management, inpatient stoma management which includes postings in operating room, general surgical, urology and pediatric wards, observation of Multi disciplinary meetings, Patient care assignments, Writing care studies, Planned health teaching, Log Book/Journal, Clinical/case presentation and assisting with practical procedures like stoma care, irrigation, stoma marking, pre and post operative care, follow up of normal and abnormal cases.

Assignments:

Assignments relating to each module should be sent at specified intervals. The deadline will be prescribed. The assignments have to be sent immediately after the completion of respective modules online.

Criteria for the award of the certificate in Stoma Care Nursing

- 1. 75% marks scored separately in theory and practical (OSCE Objective Structured Clinical Examination) and independently in ongoing assessment and final examination
- 2. 100% attendance in both contact sessions
- 3. Satisfactory completion of the assignments
- 4. Satisfactory completion of the log book during the contact sessions

Mode of communication

It is preferred to use electronic communication (e-mail) rather than written communication (postal).

Course fee

A one-time non-refundable fee of Rs.12,800 + (GST 18%). For mission hospitals, the subsidized fee will be Rs. 10,000 + (GST 18%). The fee has to be paid only after getting the selection communication from CMC.

Application:

Application can be downloaded from the website

Web site address: http://www.cmch-vellore.edu/sites/stoma/stomacare.html

The filled in application should be sent to the following address along with Demand Draft favoring "CMC Vellore Association" for Rs. 250/- payable at Vellore

Dr. Vinitha Ravindran
Head of the Department
Continuing Nursing Education & Research
College of Nursing, Kagithapattarai Campus
Christian Medical College
Vellore – 632004. Tamilnadu.

Please write "application for DCSCN 2019" on the top of the envelop in which the filled in application is sent.

NOTE: This course equips the registered nurses to provide specialized care for patients with stoma and is NOT a certification for training others in stoma care

Enclosures

Candidates have to submit photocopies of their undergraduate or post graduate certificates in support of their qualification along with the application

For further information, contact: **0416 - 228-7017 Our email Address:** cnecon@cmcvellore.ac.in

Dr. Vathsala Sadan,
Dean,
College of Nursing,
Christian Medical College,
Vellore – 632004.