Following an eight year interlude, Hospital Day - a CMC tradition conceived in response to creating awareness on health care in Vellore - was revived on 2nd and 3rd December, 2016. The 2-day exposition commenced with an inaugural ceremony graced by the Chief Guest, Thiru. S. A. Raman, IAS, District Collector, Vellore. The Director, Dr. Sunil Chandy, welcomed the Collector on his first visit to CMC and explained the three-pronged objective of the Hospital Day: “Firstly, the explosion of medical knowledge and services that has happened recently is made known to sectors of the public where it has not yet reached; secondly, the institution gets to showcase its capacity collectively, for the benefit of internal and external visitors; and thirdly, such events disseminate authentic medical information which helps dispel the confusion around health-related myths stirred by the social media these days.” He also offered CMC’s support to health-related measures of the government.

The Christmas Cheer Carnival, hosted alongside, was conducted to generate significant Christmas contributions for ~80 institutions in and around Vellore such as orphanages, homes for the poor and aged.

Thiru S. A. Raman commended CMC’s endeavour to make the people of Vellore aware of the medical possibilities and options available to them. “The development of a country is determined by its health and knowledge indicators, and through this platform, CMC has catered to both,” he noted.

Continued on Page 2
After the release of the Hospital Day T-shirt by the former Director, Dr. George M. Chandy, the programme was declared open by Thiru S. A. Raman, in the presence of Associate Director, Dr. Anil Kuruvilla, Medical Superintendent, Dr. C. E. Eapen, Nursing Superintendent, Dr. Premila Lee and General Superintendent, Mr. Ebinezar Sunderraj.

The outdoor premises of the hospital was transformed into a colourful array of department display stalls, free health check-ups and other exhibits, with an assortment of booths for food, souvenirs and activities. There was enthusiastic response from many departments with an assemblage of over 60 stalls for Hospital Day and 40 stalls for the Carnival. In addition to a good turnout of staff, students, local public and patients, over 20 schools and 3 colleges turned up and cheerfully participated in the Hospital Day. In the feedback from the local public and school/college students, 93% of people were very happy with the demonstrations and explanations given in the stalls.

Many thanks to all the staff, students, volunteers and sponsors for coming together, for their whole-hearted involvement and making the programme a tremendous success.

The Valedictory function will be held on 14th December, 2016 at 3 p.m. at the Norman Auditorium. Several departments will receive prizes including special prizes and most popular stall.

The Department of Medicine hosted its first Annual Conference in Internal Medicine and Continuing Medical Education in ‘Working Together for Better Healthcare’, from 23rd to 26th November, 2016. It was attended by 150 delegates from all over India.

A word of prayer by Rev. Finny and lamp lighting by Director, Dr. Sunil Chandy, Dr. Sarojini Pancharthinam, Dr. O.C. Abraham, Dr. Anand Zachariah and Dr. Nandakumar Menon, marked the opening of the programme. The key note address was delivered by Dr. Kuruvilla Varkey, on his vast teaching experience in Oddanchatram Christian Fellowship Hospital. Dr. M.S. Seshadri, the patron, applauded the department for creating a podium for exchange of information between other mission hospitals and CMC, where learning happens on both sides.

The Annual Medicine Conference began with two pre-conference workshops on Clinical Epidemiology by Dr. Thambu David and Sonology in Critical Care by Dr. Kishore Pitchaimuthu. These workshops provided hands-on training, where physicians learned the concepts of manuscript writing and use of Reference Manager. The Sonology workshop encompassed bedside Sonology skills like assessment of volume status and bedside Cardiac Sonology in critically ill patients.

The first day of the conference had three plenary sessions covering a range of topics in Neurology, Toxicology and Infectious Diseases - in which 15 speakers delivered presentations. The eminent speakers included Dr. Kuruvilla Varkey, Director, CFH, Oddanchatram, Dr. O.C. Abraham, Professor and Head, Medicine, Dr. Kurien Thomas, retired Professor in Medicine and a renowned Epidemiologist, among various other intramural faculties.

The second day of the conference had five plenary sessions on various specialties and upcoming sub-specialties in medicine, namely - Gastroenterology, Cardiology, Oncology, Rheumatology and women’s health; 16 speakers shared their expertise in the plenary, which included Dr. George Kurien, retired Professor of Gastroenterology. The day ended with a cultural programme by the medical students and postgraduate Medicine registrars.

The final day saw three plenary sessions, with 9 speakers, including veterans like Dr. M.S Shesadri, retired Professor, Endocrinology, Dr. C.K. Jacob, Retired Professor, Nephrology, Prof. Muthusethupathy and Dr. Dilip Mathai, retired Professor, Medicine and Infectious Diseases. This was possible due to efforts of the scientific committee lead by Dr. Sowmya.

An interactive panel discussion between physicians from different mission hospitals, included Dr. Nandakumar Menon, Dr. Philip Finny, Dr. Lydia John, Dr. Marcia Waran, Dr. Loretta Das and Dr. Solomon Chellaiah. These discussions were attended by students and faculty from CMC, and were led by Missions Director, Dr. Sukriya Nayak.
The purpose of the CME was to update and equip doctors working at resource-limited setups, to effectively and efficiently manage complex cases. Several posters were presented during the conference and the 3 best posters were awarded. Dr. George Abraham won the first place in poster presentation.

Dr. Ramya, Professor and Head, Medicine, extended the vote of thanks, following which the conference drew to a close.

The programme was awarded 30 CME credit points by the Tamil Nadu Dr. M.G.R University.

**Sports News**

The **Founder’s Day** staff sporting events were conducted on 26th November, 2016 at the Oval Ground, Bagayam. Chief guest at the event, Dr. Anna Tharyan, Professor, Department of Psychiatry, awarded the following prize winners:

**Overall Championship:** Nursing Services

**Individual Championship:**
- **Men’s division:** Dr. Sheraj Fernandaz, PMR Department
- **Women’s division:** Dr. Suma Susan Mathew, ENT Department & Ms. Riya Johnson, Nursing Services

**Memoranda**

**Dr. Roy Thankachen**, Professor of Thoracic Surgery, is appointed Head of the Department of Cardiothoracic Surgery, for a four-year term with effect from 6th December, 2016.

**Mrs. Sophia Lawrence D.,** Professor of Nursing, is appointed Additional Deputy Dean, College of Nursing, for a period of four years with effect from 10th December, 2016.

**Congratulations!**

- **Dr. Rohit Ninan Benjamin**, Assistant Professor, Department of Neurological Sciences, was awarded a medal by the Tamil Nadu Dr. M.G.R Medical University on the 28th Annual Convocation under DM (Neurology Branch-I).

- In commemoration of **World Diabetes Day 2016**, the Department of Endocrinology, Diabetes and Metabolism conducted a Medi Quiz on *Diabetes and Endocrine Disorders* for medical students on 22nd November, 2016. Dr. Deepak Abraham, Professor and Head, Endocrine Surgery, was the chief guest for the day. A total of 17 teams participated in this quiz, out of which 4 teams qualified to the final round.

  The results were as follows:
  - **First Prize**  – Ruhel Chacko, Jebashini Angelin, Pragnita C.
  - **Second Prize**  – Ahikam Devadason, Soubhik Kumar Saha, Felix Samuel E.D.
  - **Third Prize**  – Karun Saathverg Sam, Anmol Jindal, Desai Sudhamsh Reddy.

**Upcoming Event**

The Department of Community Health is organising the **Republic Day Run 2017**. This is open to CMC staff and their families, students and retired staff and will be held on 26th January, 2017 (Thursday). The event will commence in front of the Carman Block, CMC Campus, Bagayam at 8.30 a.m. immediately after the flag hoisting.

The different options include 10 km, 5 km, 1 km (children), 1 km walk (adults) and Breakfast only.

In addition to the event, there will be a Slogan and Poster Competition, T-shirts for sale and a mini sale.

For further details, please login to: [http://172.16.11.221/selfservice/login.asp](http://172.16.11.221/selfservice/login.asp). For those who do not have access to the Intranet, kindly contact the department at chad@cmcvellore.ac.in or phone: 0416 228 extn. 4207.

**Retirement**

Mrs. Gnanamary Victor, Sr. Gr. Multipurpose Health Worker, retired on 18th November, 2016, after 41 years of service to the institution. She served in CB OR from 2007 till her superannuation.

Her husband, Mr. Victor M. is a retired Headmaster from a Government School at Arcot. Their daughter, Ms. Sangeetha has completed PG Diploma in Respiratory Therapy and is fulfilling her sponsorship obligation. Their son, Mr. Reegan is in his second year of B.Sc. degree in X-ray Technology in Perumugai.

Their youngest daughter, Ms. Sonia is in her first year of B.Sc. Cardiac Technology at the institution.

The CMC Community appreciates her many years of dedicated services to the institution and wishes her a fulfilling retired life.
Obituary: Dr. Anna Thomas

Dr. Anna Thomas joined CMC as a student in the first MBBS batch (1942). After completion of her MBBS, she trained in Ophthalmology and joined the department, where she continued until her retirement in 1983 as Professor and Head.

One of her significant contributions was in the organisation of Eye Camps, long before such camps became popular. This enabled CMC to be one of the pioneering institutions in Eye Camps. Dr. Anna Thomas is also remembered for her strong support of a unique identity for the Schell Eye Hospital. She was known for her meticulous commitment to work as well.

Outside of work, she was known for her talent in poetry.

After retiring from CMC in 1983, she served for a period at Kolar and at Ambur, in response to the needs there.

As we thank God for her long years of service to the institution, we also remember the members of her family at this time of sorrow and loss.

Situations Vacant

1. One year Clinical Physiotherapist posts for the Department of Physical Medicine & Rehabilitation (PT)

   Eligibility: BPT Graduate from IAP recognised college/University & should have completed six months of compulsory internship on or before 19th December, 2016. Experience: Less than 4 years after internship completion. Age limit: Less than 30 years. Monthly stipend: Rs.8990/-.

   Accommodation not provided.

   Apply with the bio-data, photocopies of qualifying certificates, e-mail ID, postal address & phone number(s) to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, on or before December 17, 2016 for Item 1.

2. Project Supervisor for the RUHSA Department

   Job Code: 1170

   Qualification: B.Tech. (Biotechnology) / B.Sc. Nursing / BPT / BOT.

   Mode of appointment: Project mode. Consolidated salary: Rs.24,700/- p.m.

   Accommodation not provided.

   Apply with bio-data, certificates and testimonial copies, contact phone number, email ID & address & phone number(s) to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: princ.hr@cmcvellore.ac.in on or before December 24, 2016 for Item 2. Note: Please mention the Job Code in the application form/email. The application/email without Job Code will not be accepted.

3. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

   3(a) Physician / Asst. Physician - MD / DNB in General Medicine

   3(b) Surgeon / Asst. Surgeon - MS / MD / DNB (OG)

   3(c) Surgeon / Asst. Surgeon - MS / DNB (General Surgery)

   3(d) Physician / Asst. Physician - MD / DNB (Paediatrics)

   3(e) Physician / Asst. Physician - MD / DNB (Community Medicine)

   3(f) Physician / Asst. Physician - MD / DNB (Anaesthesia)

   Salary scale: As per institutional rules. Age limit: Upto 45 years.

4. Staff III Critical Care Therapist for the Surgical ICU / AICU / SHDU

   Qualifications: H.Sc. with Diploma in Critical Care Therapy Course (2 years + 1 year internship). OR B.Sc. Critical Care Technology.

   Salary scale: As per institutional rules. Age limit: 35 years.

   Job description: To look after Care of critically ill patients and to look after ICU equipment.

5. Staff III Dietitian (Project) for the Department of Endocrinology Unit -1

   Qualifications: PG Diploma in Dietetics with B.Sc. Degree in Dietetics/ Food and Nutrition/ Home Science.

   Salary scale: As per institutional rules. Age limit: 35 years. Job description: To provide Nutritional care for patients.

   Applications to be done only through online application system. Please log on to http://www.cmch-vellore.edu

   Link: “Vacancies”. Note: Only online applications will be accepted; Hard copies will not be accepted.

   Applications will close on December 26, 2016 for Items 3(a), 3(b), 3(c), 3(d), 3(e), 3(f), 4 and 5.