

CMC NEWSLINE

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Delight yourself in the LORD and he will give you the desires of your heart. *Psalm 37:4*

Golden Jubilee commemoration of Department of Clinical Virology



The Department of Clinical Virology is a state-of-the-art National Resource Centre, responding to investigation of many viral infections – Hepatitis (A, B, C, D, E), Dengue, Influenza, HIV, herpes viruses and HPV. It began its Golden Jubilee Celebration on 12th October, 2016. The department is a NABL accredited laboratory since 2011. It is one of the few Virology laboratories associated with a medical college, offering the largest repertoires of diagnostic assays.

The Department was started as an enterovirus laboratory in 1966, as an initiative by Dr. Jacob Chandy, then Principal, and Dr. Telford Work of Centre for Disease Control (CDC), Atlanta. It was established and headed for two years by Dr. Roger Feldman of CDC and subsequently Dr. T. Jacob John took charge

in 1968, making it India's first diagnostic virology laboratory. Some landmark initiatives of the laboratory include documentation of very low efficacy of oral polio vaccine, leading to the design and field test of 'Pulse vaccination' in 1981, and resulting in a polio-free Vellore in 1982 and 1983. Pulse polio immunisation was eventually adopted nationally, for polio eradication. In 1972, donor blood screening for HBV was established for the first time in the developing world. In 1986, HIV infection was detected again for the first time in India, in samples from commercial sex workers. By 1988, routine donor blood screening for HIV was established. The diagnostic virology laboratory became an independent Department of Clinical Virology in 1995 and expanded its diagnostic services immensely with the establishment of molecular tests in 1996. *Continued on Page 2*

Special Prayers: October 30–November 05, 2016

Principal's Office :

Dr. Anna B. Pulimood and Staff

Medical Students

(SA President) : Mr. Shantanu Nayak

Allied Health Students

OPTSA President : Ms. Grace Gill

ASHA President : Mr. Mathew Jebaraj

Wardens

Men's Hostel : Dr. Vaibhav Londhe

Women's Hostel : Dr. Anuradha Bose

DJ Hostel : Mr. Andrew Babu

Fitch Hostel : Ms. Sushila Russell

CMC Alumni Association:

Dr. Prathap Tharyan

Registrar's Office : Dr. Regi Oommen

Medical Education Unit :

Dr. Minnie Faith

Continuing Medical Education:

Dr. Tony Abraham

Bioethics

: Dr. Kuryan George

Distance Education: Dr. Jachin Velavan

Sunday Services : November 06, 2016

6.00 pm : **Scudder Auditorium**
Rev. P. Rainard Pearson

6.30 pm : **Hospital Chapel**
Rev. Ananthi A. Mary

We welcome:

Mr. Samuel Ravi Chand J., Clinical Instructor-II, Department of Transfusion Medicine & Immunohaematology, on his return from sabbatical leave.

Endocrinology, Diabetes & Metabolism observes World Diabetes Day



In commemoration of World Diabetes Day, the Department of Endocrinology, Diabetes & Metabolism organised a Cookery Competition on 24th September, 2016, on the theme 'Healthy Meal Box for 12-year-old School-Going Children'. The event, which took place at Darling Residency, Vellore.

At the core of managing diabetes, is a healthy eating habit, which begins at home.

Given that childhood obesity is a strong contributor to diabetes, the Cooking Competition fulfilled its dual objective of creating awareness among homemakers, as well as encouraging their creativity.

Diabetic diet does not mean living in deprivation, but is rather about wary food choices - most notably, limiting carbohydrates and cutting out sugars for a lifetime.

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Currently, the Department of Clinical Virology has three main divisions namely, Hepatitis laboratory, Cell-culture-based diagnostic laboratory and Retrovirus laboratory, all of which carry out both serological and molecular assays.

The celebratory function on 12th October, began with prayer by Rev. Pearson. After a word of welcome by Dr. Rajesh Kannangai, Head, Clinical Virology, Dr. T. Jacob John briefly sketched the history of the department. The programme was felicitated by the Director, Dr. Sunil Chandy, the Principal, Dr. Anna B Pulimood, and the Medical Superintendent, Dr. C.E Eapen. Two eminent virologists in India – Dr. S.P Thyagarajan, former Vice Chancellor of Madras University and current Professor of Eminence & Dean (Research), SRMC, Chennai, and Dr. V. Ravi, Professor of Neurovirology and Dean Faculty (Basic Sciences), NIMHANS, Bangalore – graced the occasion. Dr. M.K. Lalitha and Dr. Mary V. Jesudason – both former Heads of the Department of Clinical Microbiology – were also present. Dr. Roger Feldman reminisced about earlier days in the laboratory and honoured retired staff members of the department. A guest lecture on 'Oral Vaccines in the Developing World' was delivered by Dr. Gagandeep Kang, Director, THSTI, Faridabad.

The inaugural ceremony was followed by the scientific session, *Virology: the Past, the Present and the Future*. Dr. Ramanda Kamath, paediatrician at Westmead University, Sydney and Dr. P.S. Sundar Rao, former Head of Bio statistics in CMC, who worked with Dr. Feldman, shared their experience and the challenges in carrying out community studies in the 1960s. Drs. T.J John, G. Sridharan, Priya Abraham, Asha Mary Abraham, Rajesh K, Shoba Mammen, Mahesh Moorthy and John Fletcher presented an update of work conducted in the department in the last decades, in various areas like polio, hepatitis, neurovirology, HIV, respiratory viruses and arboviral infections. Dr. P. Vivekandan, IIT Delhi and Dr. Magesh Babu, SNHRC, Vellore, reflected on how the training in Virology at CMC shaped their careers and described the work currently carried out by them.

Well attended by faculty, Ph.D and post graduate students from different colleges including CMC, the scientific programme was awarded 10 credit points by the Tamil Nadu Dr. M.G.R Medical University. This golden jubilee celebration will continue and culminate with a national conference in July 2017.

Endocrinology, Diabetes & Metabolism observes World Diabetes Day

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The judges for the event were Dr. Preethi, Post Doctoral Fellow, Wellcome Research, Mrs. Susan Tharakan and Mrs. Sheby Rajiv, Campus Manager, Kagithapet Residence Association, CMC Vellore. A total of 21 teams participated and the results were as follows: **First prize:** Ms. Sharon and Ms. Nandini; **Second prize:** Mr. Vinod Kumar; **Third prize (shared):** Mrs. Roseline Raj and Ms. Anita. Consolation prizes:

Mrs. Evangeline, Ms. Sandya, Mr. Murali and Mrs. Meenakshi.

The department also conducted a Dia-Quiz on *Diabetes and Endocrine Disorders* for Nursing Students at the College of Nursing on 11th October, 2016. Mr. T.S. Ravikumar, Professor and Head, Accident & Emergency Nursing, was the Chief Guest at the event.

A total of 211 students participated in the preliminary written test, of whom 4 teams qualified to the final round, with the following results:

First Prize: Ms. Harini, Ms. Jenitha, Ms. Angel Mariam and Ms. Ramalakshmi. **Second Prize:** Ms. Nilophar Begum, Ms. Monica, Ms. Renu Raju and Ms. Soumya R. **Third Prize:** Mr. Paul Ebenezer, Ms. S. Ramya, Ms. Anju Chacko Philip and Ms. Vanitha.



Memorandum

Dr. Joy Sarojini Samuel, Vice Principal, is appointed Chairperson Selection Committee for Postgraduate Admission process 2017 with effect from 25th October, 2016.

Congratulations!

Dr. Jacob Peedicayil, Professor, Pharmacology, has co-edited a book on 'Neuropsychiatric Disorders and Epigenetics', to be published by Elsevier, USA, which will be released in November 2016.

Upcoming Events

• The 'A' Ward Sale will be held on Saturday, **5th November, 2016**, on the 'A' Ward premises, from 8.30 a.m. to 2.00 p.m. It will be inaugurated by Dr. Alfred Job Daniel, Professor, Orthopaedics Unit III, and all proceeds from the sale will benefit a few of our economically disadvantaged patients through the Person-to-Person (P.T.P) fund.

• The **Medical Postgraduate Graduation** will be held on **7th November, 2016** in the **Scudder Auditorium**. The Chief Guest for the Graduation is Dr. M.S. Valiathan, National Research Professor, Manipal University. The Guest seat allotment for the Postgraduate Graduation Ceremony in the Scudder Auditorium is as follows : Postgraduates, Postgraduate / Post Doctoral Fellowship, Ph.D., Graduates - 3 seats per candidate ONLY.

Guest passes can be collected from Dodd Memorial Library from 4th November, 2016 (Friday afternoon) to 7th November, 2016 (Monday up to 12.00 noon) and later on after 2.30 p.m. from New Examination Hall.

Medical PG Graduation Programme on 7th November, 2016 begins with the taking of official group photographs of the Faculty, Postgraduates of 2016 (between 4.00 p.m. and 4.30 p.m.) in the Scudder Quadrangle. Buses have been arranged for the Post Graduates and Faculty to leave the Hospital campus at 3.30 p.m.

The Graduation procession will commence sharply at 5.30 p.m. and all guests are expected to be seated inside the Scudder Auditorium by then. All are requested to strictly adhere to the time stated above.

The Venue for the Graduation Day Dinner is as follows :

1. Postgraduates and their guests
 2. Postgraduate / Post Doctoral Fellowship Graduates and their guests
 3. Ph.D. graduates and their guests
- } Scudder Hall, College Campus

Details of the above and dinner cards for :

Postgraduates may be obtained from Mr. T. Mohan, Mrs. Lavanya, Mr. Senthil Kumar and Mr. Sathyaseelan, Vice Principal's Office (PG Section), 1st Floor, Carman Block.

Fellowship graduates from Mr. Gokulnath, Principal's Office, Main Office, Carman Block and

Ph.D. graduates from Mrs. M. Lavanya, Mr. B. Devendiran and Mr. H. Abel Jesudass, Research Office, 1st Floor, Carman Block, College Campus.

Institutional Sponsorship for Postgraduates Selection 2017

Applications are invited from candidates interested in applying for **Institutional Sponsorship*** for the Specialities indicated in the tabular column:

Department	Postgraduate Courses
Anaesthesia	MD. (Anaesthesia) & DA
Biochemistry	MD. (Biochemistry)
Community Medicine	DCH & MD. Paediatrics, DGO & MS. OG, DA & MD. Family Medicine
Dermatology	MD. DVL & DDVL
E.N.T.	DLO & MS. (ENT)
Family Medicine	MD. Family Medicine
Geriatric Medicine	MD. (Geriatric Medicine)
General Medicine	MD. (General Medicine)
General Surgery	MS. (General Surgery)
Obstetrics & Gynaecology	MS. (OG) & D.G.O.
Nuclear Medicine	MD. (Nuclear Medicine)
Ophthalmology	MS. Ophthalmology
Paediatrics (Paediatrics Units I)	MD. (Paediatrics) & DCH
Paediatric Endocrinology	DCH / MD. Paediatrics
Paediatrics Haematology Oncology	DCH / MD. Paediatrics
Paediatrics Gastro & Hepatology	DCH / MD. Paediatrics
Paediatrics Unit II	(MD. & DCH)
Paediatric Nephrology	(MD)
Paediatric Rheumatology	(MD)
Paediatric ICU	(MD. & DCH)
Palliative Care	MD. (Radiotherapy) & D.M.R.T.
Pathology	MD. Pathology
Physical Medicine & Rehabilitation	MD. PMR
Psychiatry	MD. (Psychiatry) & D.P.M.
Radiodiagnosis	MD. (Radiodiagnosis) & D.M.R.D.

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Department	Postgraduate Courses
Radiotherapy Chitoor Campus	MD. (Radiotherapy) & D.M.R.T. General Medicine, General Surgery, DCH & MD. Paediatrics, D.Ortho / MS. Ortho., DA & MD. Anaesthesiology, DGO & MS. OG, Community Medicine, DLO & MS. ENT, DO & MS. Ophthalmology
Accident & Emergency Medicine	MD. General Medicine, MD. Pulmonary Medicine, MD. Anaesthesiology, MS. General Surgery & MS. Orthopaedics
RUHSA	MD. Community Medicine, DGO & MS (OG), MD. General Medicine, MS. General Surgery, DCH & MD. Paediatrics, MD. Family Medicine, DA & MD. Anaesthesia
SSHS	MD. Community Medicine & MD. Family Medicine, MD (Psychiatry) & D.P.M.
Cardiology	MD. Paediatrics
Clinical Haematology	MD. Paediatrics / MD. Medicine
Critical Care	MD. Anaesthesia, MD. General Medicine & MD. Respiratory Medicine
Hepatology	MD. Medicine / MD. Paediatrics
Neonatology	MD. Paediatrics
Neurology	MD. Paediatrics
Rheumatology	MD. Medicine / MD. Paediatrics
Cardio thoracic Surgery	MS. General Surgery
Hand Surgery	MS. Orthopaedics
Paediatric Surgery	MS. General Surgery
Plastic Surgery	MS. General Surgery
Vascular Surgery	MS. General Surgery

***Sponsorship does not guarantee selection into a course nor does it guarantee a teaching cadre. If selected, on completion of the course, sponsored candidates will be appointed to serve in any area considered appropriate by the Christian Medical College, Vellore. This could be either in the sponsoring department, other related departments or appointments in hospitals of supporting bodies and Churches of the Christian Medical College Vellore Council.**

Application forms for sponsorship are available from Vice Principal's Office PG Section or from the concerned departments. Kindly apply in duplicate to the Head of Department and Vice Principal's Office (PG Section) by 31.10.2016. The decision of the CMC Sponsorship Committee will be communicated to the candidates latest by 15.11.2016. If you do not receive the same by the said date, please contact Vice Principal's Office, PG Section.

Dr. Joy S. Michael, (Vice Principal).

Obituaries

Mrs. Achamma Thomas, mother of Dr. Regi Thomas, Professor, Department of ENT, Unit-I, on 21st October, 2016 at Trivandrum.

Dr. Nirmala Sundharadas, (*nee* Azariah) (Batch of 1957) on 17th October, 2016 in USA.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situation Vacant

1. The Department of Biochemistry invites applications for the post of **Senior Research Fellow** (1 position) on a project funded by the Science and Engineering Research Board (SERB), New Delhi. The possibility for registering for Ph.D exists. **Job Code: 1164**

Qualification: M.Sc. in Biochemistry / Biotechnology.

The candidate must have at least 2 years of full-time research experience and expertise in the handling and care of transgenic mice, handling of experimental rodents and in techniques used in studies in molecular biology.

Salary: As per SERB norms. Mode of appointment: Project mode. Accommodation not provided.

Interested candidates should send their application on a plain paper together **with their bio-data**, certificates and testimonial copies, contact phone number, e-mail ID and address with pincode, either by soft copy Email to: princi.hr@cmcvellore.ac.in or by hard copy to The Principal, Christian Medical College, Bagayam, Vellore - 632 002, on or before **November 12, 2016** for Item 1.

Note: Please mention the Job Code in the application form / email. The application / email without Job Code will not be accepted.