

CMC NEWSLINE

Vol.No.55 No.27 FOR PRIVATE CIRCULATION ONLY DECEMBER 31, 2018

to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.
Ephesians 4:23-24



New Year Message from the Director's Desk

As we stand at the threshold of yet another year, I am reminded of the verses from Lamentations 3:22-23 (NIV), "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

Vern McLellan said, "What the New Year brings to you will depend a great deal on what you bring to the New Year." As an institution we bring to the New Year a heart of thanksgiving for 2018. The Centenary year of Medical education, starting with the thanksgiving service to the formal inauguration by the Hon'ble President of India to luminary lectures, concerts, book releases, alumni inter-house competitions, conferences and other events reminded us of how blessed we are as an institution. The undergraduate and postgraduate admissions was another attestation of God's goodness to us. God has also blessed the work at the main hospital, Chittoor campus and the peripheral campuses and the construction work at the Kannigapuram campus.

Three dimensions from the above bible passage are relevant; *great love, compassion and faithfulness*. It is true that we are not consumed because of God's *great love*. This love of God is beautifully exemplified by Stuart Townend's song, "How deep the Father's love for us; how vast beyond all measure; that He should give His only Son; to make a wretch His treasure." Hence we can join with the Psalmist to say, "Give thanks to the Lord, for He is good, for His steadfast love endures forever" (Psalm 136:1).

Second, the word of God tells us that *His compassion* never fails. Isaiah 30:18 states, "Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion; for the Lord is a God of justice. Blessed are all who wait for him." The compassion of God stems from a longing to be gracious to us. God deals with us not on the basis of our merit or worthiness, but based on his goodness and generosity.

Finally, God's *faithfulness*. As Deuteronomy 7:9 states, "Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations." The covenant relationship of God lasts for a thousand generations. If 4-5 generations pass by in 100 years, a thousand generations signifies that God's faithfulness lasts for a very long time.

I want to close with the inspirational words of Melody Beattie. "Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow"

Have a blessed New Year 2019

Dr. J.V. Peter
Director

★ Happy
New Year 2019 ★

Special Prayers: December 30 - January 05, 2019

ELS Book Shop: Mr. K. Jose and staff

Central Bank of India - Hospital Campus

State Bank of India - College Campus

Post Office (College and Hospital)

Karpagam Co-operative Store

Sunday Services : January 06, 2018

6.00 pm : **Scudder Auditorium**
Rev. Gosperlyne Snaitang

6.30 pm : **Hospital Chapel**
Rev. Pradeep George

4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Welcome :

Dr. B. Antonisamy, Professor, Department of Biostatistics, on his return from sabbatical leave.

Dr. Mithun Jacob Varghese, Associate Professor, Department of Cardiology Unit-I, on his return from study leave.

Dr. Jyothi Avula, Assistant Professor, Department of Anaesthesia, on her return from sabbatical leave.

Lamp Lighting Ceremony-2018

The Lamp Lighting Ceremony of the College of Nursing was held on 19th December 2018 at 6 pm in the Scudder Auditorium. During this solemn occasion, two hundred first year nursing students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Dr. Elizabeth Jean Abraham, Former Principal, PSG College of Nursing, Coimbatore in her address emphasized the meaning and significance of lamplighting. Dr. Selva Titus Chacko, Dean, College of Nursing in her charge to the students spoke on the significance of Florence Nightingale Lamp and the Ceremony. She inspired the students to pursue their calling with single minded devotion, considering themselves as instruments of God in the healing ministry. Dr. K.S. Jacob, Professor, Department of Psychiatry, lighted the Florence Nightingale lamp that was presented to the College of Nursing by Dr. Ida S Scudder. Dr. K.S.Jacob in his felicitation encouraged the students to consider their



professional training as a journey led by God and to share compassion to those who are suffering with the support of faculty, friends and teachers. This was followed by lighting of the College lamps by the faculty following which the students received their lighted lamps from the Dean and Dr. Premila Lee, Nursing Superintendent, CMC. The students pledged to be ardent nurses in the healing ministry. The Ceremony concluded with prayer and benediction by Rev. Ananthi A. Mary, Head of Chaplaincy, CMC, Vellore.

Workshop organized by the Department of Paediatrics

On 6th December 2018, a workshop for Hindi speaking parents of children with Cystic Fibrosis (CF) was organized by CF care team, Paediatric respiratory services and Department of Paediatrics, with the aim to educate the parents on the ways and methods of CF homecare. This is the second workshop this year organized under CF India project which is funded by CF foundation, USA. The Goal of this three year project is to create awareness about the condition among medical professionals and develop a sustainable, cost effective care for CF in India.

Adolescent health week celebrations, December 2018

Adolescent medicine, Department of Paediatrics and Paediatric Nursing Department celebrated the Adolescent Health Week from 3rd December to 8th December 2018 under the auspices of the Indian Academy of Paediatrics.

Health education programs were conducted in five government and government aided schools in Vellore for the students between 9th to 12th standard, as suggested by the school authorities. A total of 1100 students participated. Topics included adolescent nutrition, sleep, physical activity, mental health problems, sexual health issues and substance abuse. Each session included a talk on health problems specific to adolescents, followed by a role play and discussion time. Adolescent health education pamphlets were distributed to all



students who attended which contained detailed information on hygiene, skin problems, nutrition, emotional problems, substance abuse and HIV / Sexually transmitted infections. The health education programme was well received by students, teachers and other school authorities. Some of the principals requested the department to conduct similar sessions for the teachers and parents.

Competitions such as essay writing, slogan writing and poster competition were organized on various related topics, for which awards and certificates were distributed.

Congratulations!

- **Dr. K. Prasad Mathews**, Professor, Department of Geriatrics has been presented the Jodhpur oration in the 16th Annual Conference of Indian Academy of Geriatrics (IAG), held at Kota on 8th December, 2018.
- **Dr. Anand Bhaskar**, Professor, Department of Physiology, won the best e-poster award on 1st December, 2018 during the 64th Annual National Conference of the Association of Physiologists and Pharmacologists of India (APPICON 2018) held at Manipal.
- The following participants from the Department of Gastroenterology and Hepatology won prizes at the annual conference of Indian Society of Gastroenterology held at Kochi from 28th November, 2018 to 1st December, 2018.
Dr. Debasis Sardar, Final Year DM Gastroenterology Postgraduate student was selected for plenary presentation for his topic on “Outcome of vWF reducing protocol in liver dysfunction due to rat killer poisoning”.
- Dr. Sudipta Dhar Chowdhury**, Professor of Gastroenterology won First prize for best EUS-Video contest on the title, “EUS guided Gastrojejunostomy using the Hot-Axios stent.”
- Dr. Amit Singh Barpha**, Final year DM Hepatology Postgraduate student won the First Prize in free paper session on the topic ,”**Low volume plasma exchange improves survival in severe alcoholic hepatitis patients, a case control study**”.
- Dr. Prashanth B. Gandhi**, Final Year DM Gastroenterology Postgraduate student won third prize in presidential poster presentation for the topic “**von Willebrand Factor-vWFpheresis: a possible explanation how plasma exchange is beneficial in Liver failure.**”
- **Dr. Ananth P. Abraham**, Postgraduate Resident of Neurosurgery, won the first prize for his poster presentation titled “The prevalence of physiological anisocoria and its clinical significance – a neurosurgical perspective” at the 67th Annual Conference of the Neurological Society of India, held on 13th to 16th December, 2018 at Jaipur.

Sports News

- **Founders Day Staff Athletic Meet** was conducted on 24th November, 2018 at Oval Ground. Dr. Vinay Timothy Oommen, Vice Principal (UG), CMC was the Chief Guest and distributed awards to the winners. Results :
Overall Championship : Nursing Service
Individual Championship (For Men) : Mr. Praveen (Cardio Thoracic Department).
Individual Championship (For Women) : Ms. Rinu Varghese (Radiology Department).



- The following prizes for the **Carrom Tournament** were distributed on **Founders Day 2018** which was held on 10th December, 2018.
Results : **Group A** : 1st Place - Mr. Nanda, Q2 Ward, 2nd Place - Mr. Bharath, OPD Service and 3rd Place - Mr. Suresh, P.M. Office.
Group B : 1st Place - Mr. Gunasekaran, MTS2 Ward, 2nd Place - Mr. Raj Kumar, N1 Ward and 3rd Place - Mr. John Baskar, Microbiology.
Group C : 1st Place - Mr. Abraham Shabeer Ahmed, MRD, 2nd Place - Mr. Paul Lenin, OPD Pharmacy and 3rd Place - Dr. Benjamin Earnest William, Pulmonary Medicine.

Retirements



- **Mr. N. Manoharan**, Sr.Gr.I Artisan (Plumber), Department of Environmental Engineering Unit voluntarily retired on 1st December 2018, after 25 years of dedicated service to the institution. He has one son, Mr.Thuthivathan, who is studying in the 10th Std.

- **Mr. Shanmugam**, Hospital Housekeeping Attendant Gr.II, Neuro Ward voluntarily retired on 1st December 2018, after nearly 34 years of dedicated service to the institution. He has three sons. Wife, Mrs. Adhilakshmi is working as a HHKA in KN Ward.



• **Mr. Valarmathi**, Hospital Attendant Gr.II, PMO (R.P) voluntarily retired on 1st December 2018, after 31 years of dedicated service to the institution. He has two daughters and a son. Son, Mr. Praveen Kumar is working as Hospital Attendant in CB OR and the elder daughter, Ms. Rajalakshmi is working as a Staff Nurse in MICU.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituaries

• **Mrs. Mariamma George**, mother of Dr. Jacob George, Professor & Head, Department of Physical Medicine & Rehabilitation Unit-II, on 26th December, 2018 at Kumbanad, Kerala.

• **Mrs. L. Premalatha Sundarraaj**, retired staff in Civil Engineering Department, wife of Mr. Sundarraaj, on 27th December, 2018.

Let us uphold all the bereaved members of the families in our prayers.

Situations Vacant

1. Medical Research Assistant for the Department of Gynaecologic Oncology

Job Code : 1275

Qualification : MBBS / DGO. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 05, 2019** for Item 1. *Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

2. Medical Faculty to work in CMC Chittoor Campus:

2(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics

2(b) Senior Resident / Assistant Physician / Associate Physician / Physician with MD Radiology

2(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with D.Ch / MD / DNB in Paediatrics

2(d) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB (Gen. Surgery)

This job is related to a position on the CMC, Vellore Chittoor campus. You will receive a salary and accommodation, as per the job description that you are eligible for. Being an advanced secondary care facility with which is evolving into a teaching unit, you would perform the role of a full time physician /surgeon.

Apply to Dr. Nihal Thomas, Associate Director (Chittoor) Christian Medical College, Town Campus, Vellore - 632 004, email : dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address on or before **January 07, 2019** for items 2(a), 2(b), 2(c) and 2(d).

3. Graduate Technician Trainee for the Medical Genetics Unit (Clinical Genetics)

Qualifications : B.Sc. Life Sciences or B.Sc. MLT. Preference will be given those who completed DMLT.

Only male candidate need to apply. Stipend : As per institutional rules. Age limit : 30 years.

Accommodation not provided. Nature of job : DNA extraction, PCR, RFLP, Sequencing for molecular diagnosis.

4. Pharmacist Trainee for the Pharmacy Services

Qualification : D. Pharm / B. Pharm. Appointment will be given only for Pharmacists who have registered in the State Pharmacy Council. Candidates with typing and computer skills will be preferred.

Those who applied in the last two years need not apply. Stipend : As per institutional rules.

Age limit : 30 years. Job description : Dispensing Section work as Trainee.

Applications to be done only through online application system. Please log in to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 14, 2019** for Items 3 and 4.

The **CMC Employee Co-operative Society's** 67th general body meeting will be held at 4.40 pm on January 4, 2019 (Friday), at the Kuttumbiah Hall, ASHA Building.