

# CMC NEWSLINE

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*You will be secure, because there is hope; you will look about you and take your rest in safety.*  
*Job 11:18*

## 70<sup>th</sup> National Conference of the Nurses League, CMAI



The 70<sup>th</sup> National Conference of the Nurses League, CMAI was hosted by College of Nursing, CMC, Vellore at Scudder Auditorium, Bagayam from 22<sup>nd</sup> to 24<sup>th</sup> October 2018. The theme for this year was “Hope in Distress”. A total of four hundred and twenty participants representing forty institutions from sixteen states attended the conference.

The Chief Guest for the inaugural ceremony was Dr. Ani Grace Kalaimathi, Registrar of the Tamil Nadu Nurses and Midwives Council, who stressed on the importance of touch in patient care. The key note address which was a reflection on the theme and the session on the

“Extended Role of Nurses in the Ministry of Healing” were deeply motivating. The academic sessions on “Climatic Changes- its Impact on Health” and “Mobile Nurse Mentoring Project, Bihar - the Unique Challenge Deserving a Unique Approach” were indeed a very valuable learning experience. During the inaugural session, the ‘Ward Manager Training Manual’ was released.

The other highlights of the conference was the debate on “A licentiate exam or an exit exam for registered nursing professional: Should it be made mandatory”, Bible quiz on the Book of Daniel, poster competition and a cultural programme.

## Professor Mayur Lakhani's visit



The President of the Royal College of General Practitioners, Professor Mayur Lakhani, visited CMC Vellore on the 2<sup>nd</sup> of November, 2018. He had discussions with the Principal and faculty of the Family Medicine and Distance education departments about areas of collaboration including training, assessment, faculty development, quality improvement and primary care research. He also visited the Department of Family Medicine and observed the practice of Family Medicine in the Indian context.

### Special Prayers : November 18 - 24, 2018

**Urology:** Dr. Santosh Kumar and Staff  
Dr. Antony Devasia and Staff  
Dr. Bala Seetharaman and Staff

### The Leprosy Mission

Council Members : Dr. Mary Verghese  
Mr. Bhal S. Chakranarayan  
Hospital : TLM Hospitals, Chandkhuri, Faizabad,  
Naini, Purulia, Kothara and others

### Sunday Services : November 25, 2018

6.00 pm : **Scudder Auditorium**  
Rev. Anand Peacock

6.00 pm : **Centenary Building Foyer**  
Multilingual Carol Service

4.30 pm : **Chittoor Chapel**  
Dr. Suranjan Bhattacharji

### Memorandum :

**Dr. Judy Ann John**, Professor, is appointed as Head of Physical Medicine and Rehabilitation Unit-I with effect from 10<sup>th</sup> November, 2018 for a four year term.

The Chief Guest for the valedictory ceremony, Dr. B.J. Prashantham, Director, CCC, Vellore, further extolled the nurses with regard to their role of providing hope to the distressed. During the ceremony, the nurses with high scores in BNESIB and MIBE were honoured for their excellent performance in the Diploma and Auxiliary Nursing programmes. The conference was a rich experience which left the audience with a spiritual rejuvenation and an update of knowledge.

## Breast Cancer Awareness Programme



With the increasing incidence of Breast Cancer, early detection through self-examination and lifestyle modification should be made aware to all within our community. The Department of Radiation Oncology (part of Breast Care Group of CMC), organized various programs through October, which is observed worldwide as the breast cancer awareness month. The events began on 11<sup>th</sup> October, through a quiz competition on 'Knowledge on Breast Cancer' which was conducted for all the

women's colleges in Vellore, an E-poster competition on the theme 'Life Style Modification and Breast Cancer' and E-slogan competition in Tamil and English. On 12<sup>th</sup> October a cookery competition with the theme 'Healthy Diet for Cancer Prevention' was conducted which promoted healthy and innovative cooking.

On October 25, 2018 a "breast cancer survivors meet" was organised in which forty breast cancer survivors and their families participated. There was a time of sharing by the survivors. One such encouraging story was that of Mr Arun Gupta and his wife Mrs Kavita Gupta, who after surviving cancer started an NGO called "Win over Cancer", which supports cancer patients through their treatment and post treatment rehabilitation. This was followed by talks on lifestyle modification and breast cancer reconstruction, role play, stalls on dietary, physiotherapy, wigs, breast prosthesis, lymphedema care and counselling. A lively session of dance led by Mr. Platynie Paul, professional trainer brought smiles and stressed on the importance of the right kind of activity for cancer survivors.



On October 29, 2018, events were conducted in CMC Chittoor campus. The guests of honor were Dr. Y. Narasimhalu, Additional District Medical and Health Officer, Mr. Ramesh Reddy, District Statistical Officer, Dr. Banerjee Jesudasan, Dr. Suranjan Bhattacharjee and Dr. Nihal Thomas. The audience included teacher training institute students, college students and high school students along with patients and their relatives. Two cancer survivors shared their experience. On October 30, 2018, a public educational programme was organised in the main hospital, where Dr. R.K. Roul, retired head of Department of Radiation Oncology was the Chief Guest. A press meet was arranged for reaching out to general public through media about awareness of breast cancer. The programmes concluded with a "walkathon" to South police station and back.

## Meeting of survivors of gynaecological cancers



The gynaecological oncology disease management group conducted the 3<sup>rd</sup> Annual Survivor Meet on 15<sup>th</sup> October, 2015 in the CK Job Hall. Dr. Rachel Chandy, Ms. Kala Samynathan (social worker) and Ms. Sharon Sajan (oncology nurse) were the organisers. Dr. Abraham Peedicayil welcomed the gathering of staff, residents, nurses, cancer survivors and their loved ones. He said that the health care team was inspired by the determination and fortitude of the survivors whom he called cancer conquerors. He also thanked the men who rallied around to support and encourage their loved ones. There was a presentation on lifestyle modification by Dr Zacharia Mathew, Medicine Unit-IV. Dr Vinotha Thomas spoke on prevention of gynaecological cancers. Dr Jerryes Pious, radiation therapy resident spoke on his reactions to his mother's cancer and how a family copes. A very illuminating skit on life after cancer and the family dynamics was put up by a team from gynaecological oncology and radiation oncology. A game was organised for the cancer survivors where forfeits included singing and dancing. It was a time of learning, reflection and happiness.

## Congratulations!

• The following Post Graduates in Radiation Oncology won awards at the 33<sup>rd</sup> State Conference of the AROI TN & PY (Association of Radiation Oncologists of India, Tamil Nadu and Puducherry Chapter) held at Chennai from 5<sup>th</sup> to 7<sup>th</sup> October, 2018.

**Dr. Vishala Rosemarie** received the Dr. Padam Singh award for her oral presentation titled "Safety and toxicity of Accelerated Partial Breast Irradiation (APBI)".

**Dr. Swathi Bapani** received the best poster award for her poster titled "Radiation therapy planning and treatment in a mediastinal lymphoma patient with implanted cardiac pacemaker-A case report". *Continued on page 3*

- **Dr. Jayakumar Amirtharaj**, Lecturer Department of Clinical Biochemistry won the best poster award at the ACBICON 2018 at Goa”.
- The following Consultants received medals at the 11<sup>th</sup> International Symposium on Recent Advances in Rhinosinusitis and Nasal Polyposis, held at Bengaluru on 9<sup>th</sup> - 11<sup>th</sup> November, 2018.
- Dr. Regi Kurien**, M.S., DOHNS (Eng) Associate Professor, won the Gold Medal in quiz competition and Bronze Medal in Senior Consultant award category for paper presentation.
- Dr. Lalee Varghese**, M.S., D.L.O., DNB (ENT) Associate Professor, won the Gold Medal in the Senior Consultant award category for paper presentation.
- **Mr. Mohamathu Rafic** and **Mr. Jose Solomon Raj**, Lecturers in Radiation Oncology (Medical Physics), have successfully completed the Membership examination of the College of Medical Physics of India.
- *Erratum* : **Mr. Arthur Sadhanandham**, retired Technician Instructor Gr.I, Medical ICU is appointed as Vice President of Indian Association of Respiratory Care (IARC).
- The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **August 2018. (University Results Published on 24.08.2018) DM / MCh - August 2018 session.**
- D.M. Nephrology** : Dr. Deepthi R.V., Dr. Varun Agarwal, Dr. Jeethu Joseph Eapen and Dr. Athul Thomas.
- D.M. Neurology** : Dr. Arun Mathai Mani; **D.M. Rheumatology** : Dr. Arvind G.
- M.Ch. Cardio Thoracic Surgery** : Dr. Santhosh R. Benjamin and Dr. Rijoy K.P.
- M.Ch. Endocrine Surgery** : Dr. Thomas Shawn Sam.
- M.Ch. Neurosurgery (3 Years)** : Dr. Vinay Kumar Gurumath.
- M.Ch. Neurosurgery (6 years)** : Dr. Ankush Gupta.
- M.Ch. Neurosurgery (6 Years) (Part-II)** : Dr. Swaminathan G., Dr. Sauradeep Sarkar and Dr. Reman Ramesh Nair
- M.Ch. Paediatric Surgery** : Dr. Ferzine Mohamed, Dr. Kenneth R. Lyngdoh Nongipur, Dr. S. Meenakshi and Dr. Koushik.
- M.Ch. Plastic & Reconstructive Surgery** : Dr. Pednekar Amey Anil, Dr. Subhash Sahu and Dr. Karampreet Singh
- M.Ch. Urology** : Dr. Kapil Chaudhary, Dr. Mukut Debnath, Dr. Amar Kumar, Dr. Pankaj Kumar Mittal and Dr. Selvin Theodore Jayanth E.
- M.Ch. Vascular Surgery** : Dr. Albert Abhinay Kota; **M.Ch. Hand Surgery** : Dr. Samuel C. Raj Pallapatti.

## Retirement



**Mrs. Emily Sekar**, Health Centre Auxiliary Gr.I, CHAD retired on 12<sup>th</sup> October, 2018 after 33 years of service to the institution. She has a daughter Mrs. Asha Nancy, who is working as a staff nurse in “A” ward. CMC Community is thankful for her years of commitment to the institution and wishes her God’s blessings on her retired life.

## Obituaries

- **Dr. Alice Abraham** (nee Thomas) (MBBS batch of 1949) on October 30, 2018 in Sydney, Australia. Dr. Alice Abraham completed her DRCOG in the UK and then worked in Singapore and Hong Kong for several years. After retirement she moved to Australia with her husband and three children. She initiated a prize - the “Thomas Dina Prize for highest mark in Physiology” at CMC, Vellore in memory of her parents. The funeral details are available in the below link: <http://www.hillsfamilyfunerals.com.au/tribute/alice-abraham/> The contact details of her family are given below : Dr. K.C. Abraham (husband): [kaycey01@optusnet.au](mailto:kaycey01@optusnet.au) Ms. Diana (daughter): [deeabrj@yahoo.com](mailto:deeabrj@yahoo.com)
- **Mr. S. Vijay Anand**, husband of Mrs. Shantha, Staff Gr.MLT-II on 11<sup>th</sup> November 2018.
- **Mrs. P. Sulochana Pethu Chettiar**, mother of Mr. P. Siva, Staff Grade Asst. Engineer (Planning Office) on 12<sup>th</sup> November 2018.
- **Mrs. Annamma Mathew**, mother of Dr. Suma Susan Mathew, Professor, ENT Unit-V and mother-in-law of Dr. Thomas Paul, Professor, Department of Endocrinology on 14<sup>th</sup> November, 2018.
- **Dr. Johnson G** (MBBS batch of 1965) on November 16, 2018. The funeral will be held at 3.00 pm on November 17, 2018 at Kluang St. Pauls Marthoma Syrian Church, Johor, Malaysia. The contact detail of his son is given below: Mr. Louis +61-167130580.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.



## Admission Notice

**Medical Postgraduate Degree, Diploma & M.Ch. Neurosurgery (6 year) / Fellowship Courses Admissions – 2019:** Application form can be accessed **only online** through the College website <http://admissions.cmcvellore.ac.in/> till **11<sup>th</sup> January 2019**.

**M.P.T. Course Admissions – 2019:** Application form can be downloaded from the College website <http://admissions.cmcvellore.ac.in/> till **11<sup>th</sup> January 2019**.

Please refer to Admission Bulletin (available at our website) for course details, eligibility criteria etc.

**All courses and admissions to our College are subject to applicable regulations by University / Government / Medical Council of India / Court.** **REGISTRAR,** registrar@cmcvellore.ac.in

## Situations Vacant

**1. Assistant Professor with DM / MD (Pulmonary Medicine) / DNB (Respiratory Medicine / TB & Chest Diseases) for the Department of Pulmonary Medicine**

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.  
Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**2. Assistant Professor with DM (Cardiology) for the Department of Cardiology**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

**3. Associate Research Officer Gr.IV with M.Sc. in Medical Microbiology / Applied Microbiology / Molecular Virology for the Department of Clinical Virology**

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore – 632 002, email: [princi@cmcvellore.ac.in](mailto:princi@cmcvellore.ac.in) on or before **November 24, 2018** for Items 1, 2 and **December 01, 2018** for Item 3.

**4. Staff III Critical Care Therapist in Surgical ICU / HDU / AICU**

Qualifications : B.Sc. Critical Care Therapy Course. Those who are finishing service obligation in January 2019 also can apply.  
Salary scale : As per institutional rules. Age limit : 35 years. Job description : To work in the Surgical ICU / HDU / AICU.

**5. Clinical Biochemist Trainee for the Department of Clinical Biochemistry**

Qualifications : Graduate in Chemistry or Bio-Chemistry who passed with a minimum of 60% marks in the major subjects during their undergraduate course.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 30 years. Stipend : As per institutional rules.

Job description : To work as Clinical Biochemist Trainee.

**6. Staff II Medical Lab Technician (Project) for the CMC Vellore, Chittoor Campus**

Qualifications : B.Sc. MLT (Recognized University) or B.Sc. with 2 years CMAI Diploma in Medical Lab Technician Course.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary scale : As per institutional rules.

Job description : To work on Project for CMC Chittoor Campus as Medical Lab Technician.

**7. Sr. Programmer Gr.V in CHIPS**

Qualifications : B.Tech. (I.T) / B.E.(Computer Science) / MCA / MCS / MS Computer Science / M.Sc. (Computer Science). Preference will be given for those who have undergone 1 Year training Health IT or relevant area.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 03, 2018** for Items 4, 5, 6 and 7.

**8. Staff Nurse B.Sc. to work in a project on term appointment basis. The project will be implemented under the Department of Paediatric Unit-III. Qualification : B.Sc. Nursing.**

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing Christian Medical College, Vellore – 632 004 on or before **November 24, 2018** for Item 8.

**9. Audit Assistant Trainee (Project Mode)**

Qualifications : B.Com. + one year computer training certificate.

Age limit : 30 years and below. Salary scale : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 28, 2018** for Item 9.