



Christian Medical College Vellore NEWSLINE

MARCH 04, 2024



*You will keep in perfect peace those whose minds are steadfast,
because they trust in you.*

Isaiah 26:3

KVK Run 2024



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The Department of RUHSA organised the third KVK Run-2024 on 17th February 2024 in Vadugandangal, K.V. Kuppam block, Vellore. The theme for this year was "Green and Clean Nature for our Health and Future". The KVK Run aims to bring together individuals from all walks of life to participate in a collective effort towards a healthier and more active lifestyle. The event included: a 2 km run, 5 km run, 10 km run and 2 km walk for senior citizens. The event was flagged off by Mr. Justin Vijay Jesudas, Paralympic Champion, Mrs. Jayanthi Jayapaul, President of Vaduganthangal Panchayat, Mr. L.Ravichandiran, Chairman of K.V. Kuppam along with Dr. Balaganesh, Physical Director, CMC in the presence of the RUHSA Team. A total number of 413 participants registered for the marathon.

The first prize in the 10 km run was bagged by Mr. Duraisamy (23 years) and the second prize went to Mr. Abinathan (17 years). Mr.Karthi and Ms.Monisha received the first prize in the 5 km run under the men's and women's sections, respectively. The 2 Km run was also open for children below 12 years and the winners were Mr. Ragul and Ms. Jothilakshmi. In the 2 Km run for senior citizens, the winner was Mr. Dayalan (65 Years) and the youngest participant who completed the run was 4 year old Ms.Dhanishree. Dr. Henry Prakash, Professor & Head, PMR-II, Associate MS, CMC Vellore participated and completed the 10 Km run.

The event was a great success, the RHUSA team is grateful to the local youth groups and local political leaders, Magizham Gardens, Karsamangalam, SBI, P.K.Puram, Darling Residency, Vellore, Bawaa Pharmacy, Vellore, & ARV Groups, Latheri for their support.



Trauma First Responder Training Programme in Association with The Hope Foundation RCPSG

The Department of Trauma Surgery in association with the Royal College of Physicians and Surgeons, Glasgow (RCPSG) Hope Foundation conducted the second Trauma First Responder programme at Auxilium College (Autonomous), Vellore on 23rd February, 2024.

Dr. Krishnan Raghavendran, Professor, Division of Trauma and Acute Care, Surgery, University Hospital, Ann Arbor Hospital Michigan served as a guest faculty and Professor Sukria Nayak served as the course coordinator. More than 50 students and enthusiastic



Trauma First Responder Training Programme in Association with The Hope Foundation RCPSG

teachers attended the course and were introduced to the basic principles of road safety and on-site management of trauma victims.

The half-day structured programme comprised a series of morning lectures on trauma and road safety followed by hands-on skill stations dedicated to the demonstration of the basic airway, stop-the-bleed and spine protection manoeuvres for first responders.

The initiative is a continuous part of the institution's commitment to improve awareness and education regarding trauma among the general public.

World Diabetes Day 2023 - Grand Finale

In commemoration of World Diabetes Day 2023, the Department of Endocrinology, Diabetes & Metabolism, CMC Vellore has over the past 6 months conducted a series of events to raise awareness in the local community about the different aspects of Diabetes; its prevention, diagnosis, management and complications.

The awareness programme began on 7th October 2023, with various competitions such as cooking, painting, and essay contests for school students, a teacher's quiz, a nursing quiz for nursing students, a Medi-Quiz, and poster competitions for CMC staff and students. The events culminated in a grand finale on 24th February 2024 at Darling Residency, with a 'self-composed' dance competition for schools and colleges. The theme for the competition was, 'Kidney and Diabetes'.

The valedictory function which followed served as a token of appreciation for the enthusiastic participation and tremendous support received from the community. The Chief Guest for the valedictory function was Dr. Solomon Sathish Kumar, Principal, Christian Medical College Vellore. He applauded all participants for their zealous performance and congratulated the organising team for their co-ordinated efforts. In his address, Dr. Solomon highlighted the key role of Diabetes awareness. He stressed the importance of early diagnosis and effective management and prevention. He called attention to the condition's ominous but well-deserved title of 'Silent Killer', stating that nearly 1 in 6 are likely to be diagnosed with diabetes in their lifetime, with many more living their lives unaware, unchecked and undiagnosed. Dr. Solomon urged the students to pursue a healthy and balanced lifestyle. He concluded his oration by stating that, to prioritise health and overall well-being, one must always remember to eat well, sleep well, play well and then study well. This hierarchy of activities earned quite a few cheers and thunderous applause from the gathered crowd which was composed largely of school and college students.

The judges for the event were Mrs. Anne Jarone, Associate Nursing Superintendent, College of Nursing CMC Vellore, Dr. Divya Mulayil, Professor, Community Health, CMC Vellore, Dr. Marilyn Ninan, Associate Professor, Clinical Microbiology, CMC Vellore, Dr. Aparna Jagannathan, Assistant Professor, Hepatic, Pancreatic and Biliary Surgery, CMC Vellore, Dr. Dhanoop Abraham Varghese, Assistant Professor, Critical Care & MICU, CMC Vellore, and Mr. Giridharan, Crescent Music School.

The following are the prize winners for the dance competition held for schools and colleges.

From the schools, the first prize was bagged by the team from Spring Days CBSE Senior Secondary School. The students stayed on the theme while dazzling the judges and audience with their jaunty dance moves and powerful vocal styling which included a contemporary rap segment.

World Diabetes Day 2023 - Grand Finale

Bhagawan Mahaveer Dayanikethan Jain School secured the second place and the third prize was awarded to Kingston International School CBSE. Consolation prizes were awarded to Spark Matriculation Higher Secondary School, Kingston Matric Higher Secondary School and Govt. Boys Higher Secondary School, Katpadi.

Among the colleges, The College of Nursing, CMC Vellore Chittoor Campus won the first prize. The winning team presented a vibrant tableau in classical dance style. Their expressive recital, thematic props, and meaningful lyrics only added to the powerful story-telling, which served to spotlight the plight of kidneys and overall health when Diabetes runs rampant; unchecked. The second prize was awarded to The College of Nursing, CMC Vellore and the third prize went to Dr Vimal College of Nursing. The consolation prize was awarded to ADDON Institute of Medical Mission and Research Centre, School of Nursing, SIHRLC, Karigiri and St Johns School of Nursing, Vellore.

For More pictures and videos click here <https://www.cmcendovellore.org/world-diabetes-day-celebration-2023>



World Diabetes Day 2023 - Grand Finale



Sports News

Staff Sports : Staff Tennis Tournament 2023-2024

The Staff Tennis Tournament was held from 17th January to 1st February 2024 with enthusiastic participation from the various campuses. Dr. Justin Arockiaraj, Professor, Spine Surgery was the Chief Guest and distributed the prizes to the winners and runners up held at Hospital Campus on 1st February, 2024.

Winners : Dr. Rajiv Karthik, Dr. Ashish Goel, Dr. Reuben Kurien and Dr. Rajeeb

Runners Up : Dr. Vinay, Dr. Sujith and Dr. Prince.



March 03 - 09, 2024

Special Prayers This Week

- Biostatistics* : Dr. Solomon Sathishkumar and Staff
Bioengineering : Dr. Sivakumar Balasubramanian and Staff
Anatomy : Dr. Suganthy J. and Staff
Physiology : Dr. Elizabeth Tharion and Staff



Kristiya Seva Sansthan Sarenga, West Bengal and others

Christian Services Society of Bengal, Orissa & Bihar Baptist Convention

Christian Mission Service Germany

Council Member : Dr. S.R. Banerjee Jesudason

Memoranda

- **Dr. Kenny Samuel David**, Professor, is appointed as Head, Department of Spine Surgery with effect from 4th March, 2024 until further notice.
- **Dr. Vignesh Kumar C**, Professor, is appointed as Ag. Head, General Medicine Unit - II, with effect from 8th March, 2024 until further notice.

Laurels and Recognitions

- **Dr. Jefferson Daniel** (Department of Pulmonary Medicine) and **Dr. Rohan Michael Ramesh** (The Welcome Trust Research Laboratory) on being awarded the Clinical & Public Health- Early Career Research Fellowship 2023: India Alliance-Wellcome DBT.

Jefferson intends to study Asthma phenotype epidemiology in the community, a crucial step toward advancing Asthma precision medicine in India. This research has the potential to significantly impact the understanding and treatment of asthma, benefiting individuals and healthcare practices in the country.

Rohan's focus is on using geographical information systems to map access to essential health services for mothers and children residing in hilly terrain. This work has the potential to address healthcare disparities and improve the well-being of vulnerable populations in difficult-to-reach areas.

- The first, second and third year students of B.Sc. Medical Record Science participated in the All India Medical Records Conference MEDRECON 2024 held at Mahatma Gandhi Medical College & Research Institute, Pondicherry on 16th & 17th February, 2024. The following are the details of prize winners in various competitions conducted during the conference.

Poster Presentation

1st prize

Ms. Sanchana.S and **Ms. Gladys Joyce Stanly** (2021 batch); Topic - Medico Legal implications.

Ms. Jona Janet V. and **Ms. Gladius Christina H.** (2021 batch); Topic - Artificial Intelligence (2021 batch).

2nd prize

Mr. Anoop S Koshy and **Ms. Anugraha Susan Sam** (2020 batch) ; Topic - Artificial Intelligence.

Ms. Tirzha George S. and **Ms. Raksha Mariam Joseph** (2022 batch) ; Topic - Emergence Of Innovative Advancement In Health Informatics Surfacing Accreditation.

Laurels and Recognitions

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Quiz Competition

2nd prize - (Five students participated as a team)

Ms. Priya Kumari and Ms. Anugraha Susan Sam (Batch 2020)

Ms. Sanchana S and Ms. Jona Janet V. (Batch 2021)

Ms. Tirzha George S. (Batch 2022).

• The following candidates were successful in the **Postgraduate Higher Specialty Examination** held in **February 2024 (University results published on 01.02.2024).**

DM / M.Ch. – February 2024 session.

D.M. Gastroenterology : Amith Viswanath, Ashis Kumar Choudhury, Hemanth C., Pegatraju Krishnabharadwaj, Polavarapu Jagadish, Stephan Benny, Vijay Balaji M. and Vijesh V.S.

D.M. Hepatology : Asisha Janeela M., Bedanta Barman, Leenath T.V. and Sushovan Baidya.

D.M. Infectious Diseases : Dipankar Pal and Mohammed Shakeel Sillat.

D.M. Interventional Radiology : Shikhar Garg and H Shoban.

D.M. Neonatology : Muhamed Shabeer, Neethu Rajeev, Ranjitha R. and Tirumalasetty Paramesh.

D.M. Nephrology : Anamika Das, Pilawan Anant Sakharam, B.S. Phaneesh Bharadwaj, Sathish Kumar S., Vinay Alexander Issac and Gopathiraj R.

D.M. Neuroanaesthesia : Ramamani M.

D.M. Neurology : George Abraham Ninan and Selvakumar S.

D.M. Paediatric Neurology : Lenka Sushma.

Retirements

• **Mrs. Hepzi Sivakumar**, Sr.Gr.Staff Nurse retired on 28th January, 2024 after completing 26 years of service in our institution. She completed the General Nursing and Midwifery course in June 1988 from Swedish Mission Hospital, Tirupattur and joined the Neuro ward as a Staff Nurse in March 1989; after a short sabbatical, she rejoined neuro ward in 1997. From the year 2001, she worked in OG OPD.



She is an active and hardworking staff, who prioritises patient-care. She is polite to her patients and relatives and can manage OG OPD in the absence of a charge nurse. She shows interest in teaching her patients and corporates well with team members. She has a good interpersonal relationship and managerial skills. She is skilful in assisting with gynae special procedures. Due to her outstanding qualities, she was assigned to the Red Cross Unit where only one nurse manages the unit and she significantly contributed towards quality nursing care.

Her husband Mr. Sivakumar is a retired AC Mechanic in CMC Vellore. Her daughter Dr. Arivu Thamizhvizhi working in PHC, Vellore is married to Mr. Magimai Arockiaraj (IRS) Deputy Director, Directorate of Enforcement, Hyderabad. She is blessed with one granddaughter Ms.Aathvika.



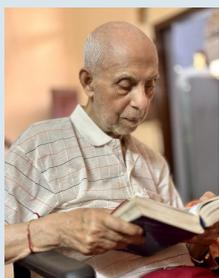
• **Mrs. Precilla Rajakumari**, Sr.Gr.Nursing Auxiliary retired on 2nd January, 2024 after completing 38 years of service in our institution. She completed the Hospital Auxiliary course in August 1985 from CMC and joined the 'I' ward as Hospital Auxiliary in September 1985, and worked in I, E, and C Annex ward, Day Care OR and in Main OR TSSU.

She is calm, quiet, active and hardworking staff. She is a good team player and has excellent interpersonal relationship skills. She has good professional behaviour. Takes responsibility in the absence of the charge nurse. Initiative in all the works. She maintains good interpersonal relationships.

Her daughter Ms. Erin Sara Jane is working as a Staff Nurse B.Sc. in the Bronchoscopy department, Ranipet Campus. Her son Mr. Nesakumar completed a Diploma in Radiology at CMC and is currently doing a B.Sc. Radiology at Dr. Kamatchi Hospital, Velachery, Chennai.

The CMC family is thankful for their efficient and dedicated service to this institution and wishes their God's blessings in their retired life.

Obituaries



• **Dr. Kanaya Lal Dhar** (MBBS batch of 1958), passed away on 30th January, 2024. Dr. Kanaya Lal Dhar was born on 1st August 1940. He was admitted to the MBBS batch of CMC Vellore in 1958. After completing his MBBS, he went on to complete his MD General Medicine in CMC. After his postgraduation, he joined as faculty in the Department of General Medicine, Christian Medical College, Vellore and worked till 1969.

After a short stint in Doda District, Jammu and Kashmir for a year, he moved to CMC, Ludhiana in 1971 and retired as Head of the Department in the year 2000. Even after his retirement, he continued to see patients till 2021.

He married Dr. Aruna in the year 1970 who retired as Professor & Head of Obstetrics and Gynaecology from CMC, Ludhiana. He is survived by his wife Dr. Aruna Dhar, retired as Professor from Obstetrics & Gynaecology department CMC Ludhiana and daughter Dr. Tapasya Dhar, Professor & Head Unit Head of Obstetrics & Gynaecology department CMC Ludhiana.

The Thanksgiving Service for the life of Dr K.L. Dhar was held in CMC Hospital Ludhiana on 15th February, 2024 and the link is given below:

<https://youtu.be/-Sth8uxVvms?si=k0yCoNScVGbeJSyB>

The contact details of the family are given below for anyone who would like to get in touch with the family. Dr. Aruna Dhar (spouse), Mobile : 9872982156.

Dr. Tapasya Dhar (daughter), Mobile : 9815602148
Email : tapasyadharmaseeh@gmail.com

Our thoughts and prayers are with the bereaved members of the family at this time.

• **Mr. Epiphany Pushparaj Vincent D**, Sel. Gr. Laboratory Auxiliary Gr.II, Transfusion Medicine & Immunohaematology, passed away on 27th February, 2024.

Let us uphold his father Mr. David Anandaraj, retired staff Clerk in Laundry Department and MIQ, mother (late) Mrs. Shanthakumari David, Senior Department Sister, R Ward, wife Mrs. Mercy Voilet, daughters Anni presilla, Agnes Presilla and sister Ms. Evangeline David and all the bereaved members of the family in our prayers.



• **Mr. Nanchudeeshwaran**, father of Mr. Manikandan N., Hospital Attendant in RUHSA Department, CMC passed away on 29th February, 2024.

Let us uphold all the bereaved members of the family in our prayers.

• **Mr. Chellapathi Doss C**, father of Mr. C. Vijayasekar, Sr. Secretary Department of Medicine Unit-I, passed away on 1st March, 2024.

Let us uphold his son Mr. C. Vijayasekar and all the bereaved family members in our prayers.

• **Mr. Ashok Kumar**, husband of Mrs. Gnanakannammal, Staff Nurse, Main Operation Theatre, father of Ms. Annie Florence doing her internship in ENT Department and Ms. Blessy doing her 2nd year B.Sc, Prosthetic & Orthotic in CMC Vellore, passed away on 1st March, 2024.

Let us uphold Mrs. Gnanakannammal and her two daughters and all the bereaved members of the family in our prayers.

Upcoming Event

Luminary Lecture

Speaker : Mr. T.M. Krishna, Ramon Magsaysay recipient 2016.

Date : March 12, 2024. **Time :** 6.30 pm

Venue : Scudder Auditorium.

Buses are arranged from Main Campus, College of Nursing, KPTR, Chittoor and Ranipet Campuses.

Notice

INDVAC 2024

Twelveth Advanced Vaccinology Conference n India

When : September 2 to 11, 2024

Where : Christian Medical College Vellore, Tamil Nadu, India.

Who Can Apply?

Anyone working in the field of vaccinology, with knowledge of biology is eligible to apply. INDVAC is aimed at specialists in Infectious Diseases, pediatricians, public immunization officers, research nurses and team members of vaccine trials, members of contract / clinical research organisations and vaccine industry professionals.

Registration opens : **February 01, 2024** at www.indvac.org

Registration closes : **March 31, 2024**

Selection of participants by : **April 15, 2024**

Supported by : **Bill and Melinda Gates Foundation and Christian Medical College Vellore.**

For further details and enquiries:

Email us : indvac.cmc@gmail.com Website : www.indvac.org

Dr. Winsley Rose, Course Director

Professor of Paediatrics, Christian Medical College,

Vellore - 632 004, Tamil Nadu, India. Tel : 0416- 2283343.

Situations Vacant

1. Assistant Professor with M.Ch. (Neurosurgery) for the Department of Neurosurgery

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, Depending on availability).

2. Senior Resident with MD Transfusion Medicine for the Department of Transfusion Medicine & Immunohaematology

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, Depending on availability).

3. Senior Resident / Assistant Professor for the Department of Radiation Oncology Unit - III

Qualification : MD / DNB (Radiation Therapy).

Candidates with DNB qualification should fulfill the latest NMC criteria for teaching appointment.

Situations Vacant

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Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution for applying Assistant Professor post.

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : “Vacancies”.

Hard Copies and emails will not be accepted.

Applications will close by **March 09, 2024** for **Items 1** and **March 16, 2024** for **Items 2** and **3**.

4. Medical Officer for the Department of LCECU

Job Code : 1495

Qualification : Post MBBS.

Preference will be given to those who have experience in Palliative Care and Cervical Cancer screening.

External Salary : Rs.35,000/- (Consolidated).

Mode of Appointment : Project Mode.

Accommodation : Not Provided.

5. Junior Research Officer for the Department of Endocrinology, Diabetes & Metabolism

Job Code : 1522

Qualification : MBBS.

Age Limit : Up to 30 years.

Gender : Male / Female.

Nature of Job : Patient Care.

Job Description : To take care of patients who participated in the trial. Trial Documentation.

External Salary : Rs.36,685/- (consolidated).

Mode of Appointment : Project Mode.

Accommodation : Not Provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : General - “Vacancies”. **Hard Copies and Emails will not be accepted.**

Applications will close by **March 16, 2024** for **Items 4** and **5**.

6. Staff III Speech Therapist for the Department of E.N.T

Qualifications : Bachelor in Speech Language and Pathology (BASLP) with 4 years experience as Jr. Speech Therapist (Term Appointment) or equivalent only need to apply.

Salary Scale : Rs.19,299-772-38,599 + DA & HRA as per rules.

Age Limit : 35 years.

Accommodation : Not provided.

Nature of Job : Assessing and offering assistance to children with developmental delay.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

7. Technical Support II (External - Project) for the Department of Clinical Microbiology

Qualifications : H.Sc., with Diploma in Medical Lab. Technician recognised by the CMAI or CMC DMLT.

Consolidated Pay : Rs.20,000+ HRA.

Only Female candidates need to apply. **Age Limit :** 35 years.

Nature of Job : Experience with working in Biosafety Level 3 Mycobacteria Laboratory for minimum 2 years in conventional Mycobacterial culture & Molecular techniques.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Continued on Page 11

8. Jr. HLPT Technician (Term Appointment) for the Department of Hand Surgery

Qualifications : H.Sc., with CMAI Diploma in Hand and Leprosy Physiotherapy Technician Training (HLPT) Course.

Only female candidates need to apply. **Consolidated Pay :** Rs.22,130/-. **Age Limit :** 35 years.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : General - "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **March 11, 2024** for **Items 6, 7** and **March 18, 2024** for **Item 8.**

9. Officer (Internal Audit) for Internal Audit Department

Qualification : MBA Finance from IIM, IIT, XLRI, BITS, or FMS Delhi, Symbiosis Pune or CA / CME.

Salary : As per institutional rules. **Age :** 30 years and below.

Please log on to <http://www.cmch-vellore.edu> Link : General - "Vacancies".

Tab : "Officer (Internal Audit)".

10. Engineer Gr.IV for the Department of Bioengineering

Qualification : B.E. / B.Tech. in Electrical & Electronics, Electrical & Communications, Electronic & Instrumentation, Biomedical, Bioengineering.

Salary : As per institutional rules. **Age :** 35 years and below.

Preference : Two years of experience in mechatronics and robotics, mechanical fabrication, 3D modelling and 3D printing. Excellent skills in using electronic equipment (powersupplies, signal generators, Oscilloscopes) and good hands-on skills with PCB soldering. Excellent inventory - keeping and MS Excel skills.

Please log on to <http://www.cmch-vellore.edu> Link : General - "Vacancies". Tab : "Engineer Gr.IV".

11. Non-Technical Assistant for the Department of Transfusion Medicine

Qualification : Any degree (Regular).

Stipend : As per institutional rules. **Age :** 30 years and below.

Job Preference : Preference will be given to staff who work on voluntary blood donor promotion activities in community.

Please log on to <http://www.cmch-vellore.edu> Link : General - "Vacancies".

Tab : "Non-Technical Assistant".

Applications should be made online. Applications through other Job Portals will not be considered.

Apply on or before **March 15, 2024** for **Item 9, 10** and **March 13, 2024** for **Item 11.**

Note : Only regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing staff (term or project or permanent) can apply after getting approvals from Head of the Department and Appointing Authority.

12. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts :

(a) **General Surgeon - MS / DNB (Surgery)** (b) **Medical Officer – MBBS.**

Apply with bio-data along with scanned copies of certificates and send to the director@karigiri.org and personnel@karigiri.org

Last date for receipt of applications is **March 09, 2024** for **Item 12.**