



Christian Medical College Vellore NEWSLINE

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Easter - A Dawn of New Life (John 20:1-18)



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Key-verse: And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. Mark 16:6.

As we celebrate Easter, we are reminded of its profound significance in the Christian calendar. Easter is not just a historical event we commemorate but a living reality that continues to shape our lives and faith. Today, we celebrate the dawn of new life that Easter brings, a life marked by hope, renewal, and transformation.

In the Gospel of John, we witness the profound moment of Jesus' resurrection - when death is conquered and new life bursts forth from the tomb. Mary Magdalene experiences the transformative power of Easter first-hand as she encounters the risen Christ.

Easter is a time of joy and celebration, but it also holds profound significance and meaning. It reminds us that no matter how dark our circumstances may seem, there is always hope. Just as the dawn follows the darkest hour of the night, so does new life emerge from the depths of despair.

Easter - A Dawn of New Life (John 20:1-18)

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The resurrection of Jesus Christ is the cornerstone of our faith. It is the ultimate demonstration of God's power over sin and death. Through His death and resurrection, Jesus has conquered sin and opened the way to new life for all who believe in him. As the apostle Paul declares in 1 Corinthians 15:20, "But Christ has indeed been raised from the dead, the first fruits of those who have fallen asleep."

Easter is not just a historical event that happened two thousand years ago. It is a present reality that continues to unfold in our lives today. Just as Jesus' resurrection brought new life to the world, it brought new life to each one of us. Through faith in Christ, we are born anew, transformed by the power of his love and grace.

Easter is not just about personal transformation; it's also about the transformation of the world. As followers of Christ, we are called to be agents of renewal and reconciliation in a broken and hurting world. We are called to proclaim the good news of Easter - the news that death has been defeated and that new life is available to all who believe.

As we celebrate Easter, let us rejoice in the dawn of new life that it brings. Let us embrace the hope and promise of resurrection, knowing that God is at work in our lives and the world, bringing healing, restoration, and renewal. May the reality of Easter transform us from the inside out, empowering us to live as people of hope and bearers of light in a world that so desperately needs it. Amen.

Rev. Margaret Deborah J.A.
Head of Chaplaincy Department

Report on World Sleep Day Celebration 2024

In commemoration of the World Sleep Day observed on 15th of March 2024, the Department of Pulmonary Medicine, CMC Vellore, Ranipet Campus organised a Health Awareness Programme based on the theme "Sleep Equity for Global Health". A healthy sleep awareness programme for the public was organised by Dr. Benjamin Earnest Williams, Assistant Professor and Mrs. Roseline John, Department of Pulmonary Medicine.

Dr. Ravish Sanghi, Professor of Hepatobiliary Surgery & Associate Medical Superintendent, was the Chief Guest for the occasion who addressed the gathering and explained the importance of Sleep. Dr. Reji Kurien, Professor & Head of the Department ENT-III was the special guest at the event, and he emphasized Obstructive Sleep Apnea, its early identification, and its remedial measures. Dr. Balamugesh T, Professor & Head of the Department of Pulmonary Medicine and Mrs. Jeyalinda Christopher, Professor and Associate Nursing Superintendent offered felicitation. The College of Nursing, Students from CMC Vellore, Chittoor Campus students performed a meaningful mime. The events concluded with prayers by Rev Romith and vote of thanks by Dr. Benjamin.



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Report on World Sleep Day Celebration 2024

The events had various stalls for sleep disorder screening, sleep disorder consultation, oropharyngeal exercises, nutrition, sleep hygiene counselling, and positive airway pressure devices. World Sleep Day badges and pamphlets were distributed, free consultations were given to more than 40 beneficiaries, and referral was made to the Sleep clinic/ Sleep lab as required. There were various competitions held (video, poster, and slogan) with participation from 300 staff and students.

The following are the prize winners:

Short video making competition:

- 1st Prize** : Mr. Dinesh T. and K ward team, Staff nurse, K ward
- 2nd Prize** : Ms. Jenita Merlin Joice, Charge Nurse, HPB HDU
Ms. Anitha Panju and team, Charge nurse, B502-Renal transplant
- 3rd Prize** : Mr. Asif Khan, Charge Nurse, Neuro ICU
Dr. Divya, Research Officer, Pulmonary Medicine.

E-poster competition :

- 1st Prize** : Ms. Jebarshilin Jemima, Tutor, College of Nursing
Ms. Annie Evangeline J, Tutor, College of Nursing
- 2nd Prize** : Mr. John Leeson, Social worker, Pulmonary Medicine
Ms. Naina Kanwan Rathore, M.Sc. CI Nutrition.
- 3rd Prize** : Mr. Haralan. Staff Nurse, Neuromedicine
Ms. Shanmuga Priya , Social Worker, ED.

Chart poster competition:

- 1st Prize** : Ms. C.Suganya, Staff Nurse, D502
Ms. Rajalakshmi, Staff Nurse, C201
- 2nd Prize** : Ms. Nisha R, Staff nurse, B102
Ms. Thamaraiselvi, Staff nurse, B003
- 3rd Prize:** Mr. Y. Jebakumar, Staff nurse, ED
Ms. Abigail Dhanawartha , 1st year PB BSC student
Ms. Sneha Saji, BSC Nursing 4th year student, Chittoor, CON.

English slogan competition:

- 1st Prize** : Dr. Richard Stanley, Sr. Research Fellow, Trauma Surgery
Ms. S. Arifa, Medical Assistant, MS Office
Ms. Monisha T, Staff Nurse, B602
- 2nd Prize** : Dr. Runal John Steve, Associate Physician, CI Virology
Ms. Fheba Johnson, Staff Nurse, C102
Ms. Rachel Nancy, Lab technician, General Pathology
- 3rd Prize** : Ms. Elakiya , Staff nurse, B ward
Ms. Alamelumangai, O block pharmacy.

Tamil slogan competition:

- 1st Prize** : Ms. Ashwini R, Respiratory Therapist, Pulmonary Medicine
Ms. Mary, Staff nurse, Chittoor CMC.

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2nd Prize:

Ms. R. Priya, Staff nurse, NHDU
Mr. E. Amarendran, House keeping supervisor, QPMS
Mr. Mubarak Ali Fousan, Staff Nurse, Neuro OR.

3rd Prize

: Ms. Anitha G, PICU Ranipet
Mr. K. Vasanthkrishnan, Office Facilitator, Psychiatry Department
Ms. Amul Priya M, Staff Nurse, C202.



College of Nursing CMC Vellore Chittoor Campus National Service Scheme-Special Camp 2024 “Healthy Youth for Healthy India”



The College of Nursing CMC Vellore, Chittoor Campus held a special NSS camp for B.Sc. (Nursing) 2nd year volunteers in Narigapalli Village, Chittoor Mandal, Chittoor District from March 2 to 9, 2024. The camp was organised by Mr. John Wesley, M.Sc. Nursing Tutor and NSS Programme Officer along with coordinators. Mrs. Thamarai Selvi, Lecturer in Sociology and Mrs. Annie Solomon, M.Sc. Nursing Tutor. The camp was inaugurated on March 2, 2024. Mr. Gopala Krishnan Varma, Revenue Officer of Chittoor Mandal in his address as the Chief Guest praised CMC Vellore Chittoor campus’ service to the community. Dr. Kenny S. David, Associate Director, congratulated the volunteers and encouraged participation. Mrs. Nirmala Margaret, Principal of the College of Nursing CMC Vellore Chittoor Campus, welcomed the participants followed by an overview by Mr. John Wesley and a vote of thanks by Ms. Malathi.

The following activities were carried out by the NSS volunteers.

- 1. Village Health Survey:** conducted by volunteers to assess health problems, nutritional status of children, number of antenatal and postnatal cases and the productive group in the village.
- 2. Health Education:** conducted sessions on environmental sanitation, management of snake bites, personal hygiene, hand washing technique, dental hygiene, glaucoma and mumps, prevention and management of hypertension and diabetes mellitus, bird flu through mime, action song, folk songs and role play.
- 3. School Health Programme:** 28 schoolchildren of Government Primary Schools, in Narigapalli village were screened and common health problems like malnutrition, anaemia, dental caries, headache and common cold were identified.
- 4. Health Camps:** general health, dental and eye camps were organised. Dr. Simona, Dr. Anu Jose, Mr. Boonson and the team, from CMC Vellore Chittoor Campus offered consultation and referral services. The camps were inaugurated by Mr. Madhu Reddy, Corporator, Mrs. Indrani Headmistress, Govt. Primary School and Mr. Jothi Kiran, Village Administrator officer along with Mrs. Nirmala Margaret, Principal, and Mrs. Anbarasi Benjamin, Associate Nursing Superintendent. Medicines for diabetes and hypertension and vitamin supplements were distributed to the patients of CMC, Vellore Chittoor Campus.

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5. Rally: An awareness rally on ‘Non-Communicable Disease Prevention’ was conducted in the village. Mr. Jothi Kiran, the Village Administrator Officer flagged off the Rally.

6. Environmental Sanitation and Tree Plantation: The NSS Volunteers cleaned the premises of the Primary School, Narigapalli village and planted tree saplings. Mr. Jothi Kiran, the Village Administrator Officer inaugurated the Clean Campaign and Green environment encouraged and appreciated the NSS Volunteers for their involvement in social service.

7. Social games: Mr. Jefferson and Mr. Sam Engles, Training Officers from the RUHSA Department organised games for the participants on the theme, ‘Building a home’ and ‘understanding the community’.

The camp came to an end on 9th March 2024 with a valedictory programme organised in the village of Narigapalli. The chief guest for the occasion was Mr. Gopala Krishnan Varma, Revenue Officer, Chittoor Mandal. Mr. Madhu Reddy, Corporator and Mr. Jothi Kiran, Village Administrator Officer were active participants. Dr. Pastin Pushpa Rani, Vice Principal, expressed heartfelt gratitude to the Village heads, leaders and the villagers for their continuous support to conduct the NSS Camp successfully.



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The 3-Minute Thesis Competition

The Clinical Epidemiology Unit and Cochrane CMC Vellore affiliate conducted the 3-minute thesis competition on 17th February 2024 at Wheeler Hall during Quality Circle in collaboration with the University of Queensland. The program started with a prayer by chaplain, Ms. Saramma Kuruvilla. Dr. Vignesh Kumar Chandiraseharan listed the rules and instructions to the participants. Fifteen participants from various departments participated in the competition. The judges for the competition were Dr. Abraham Peedicayil, Adjunct Professor and Former Head of the Clinical Epidemiology Unit, Dr. Prasanna Samuel, Head of the Department of Biostatistics, and Dr. Joe Varghese, Head of the Department of Biochemistry. Dr. Renju Mathew Alex from the Department of Medicine, Dr. Manoj Jacob Dhinagar from RUHSA, and Dr. Samson Selvaraj from the Department of Physical Medicine and Rehabilitation won the first, second, and third prizes which were cash awards of Rs.10,000, Rs.7,000 and Rs.3,000 respectively. The event was coordinated by Dr.Thambu David, Professor and Head of the Clinical Epidemiology Unit and Cochrane CMC Vellore affiliate.

To view the video of the programme, kindly use the following link

<https://www.youtube.com/watch?v=F3dbViW5AbM&t=32s>



March 31 - April 06, 2024

Special Prayers This Week

College of Nursing

College of Nursing Library

Community Health Nursing &

Student Nurses Hostel : Dr. Vinitha Ravindran and Staff

Uttar Pradesh Regional Board of Health Services

Council Member : Dr. Neena Lyall

Hospital : Christian Hospital, Kasganj, Memorial Hospital, Farrukhabad
and others.



Welcome

- **Dr. Marie Therese Manipadam**, Professor, Department of General Pathology, on her return from sabbatical leave.
- **Dr. Sahaya Anbarasi**, Assistant Physician, Distance Education, on her return from sabbatical leave.

Memoranda

- **Dr. Tripti Meriel Jacob**, Professor, is appointed as Head, Department of Anatomy with effect from 28th March, 2024 for a four year term.
- **Dr. Leni George**, Professor, is appointed as Head, Dermatology, Venereology & Leprosy Unit-II with effect from 1st April, 2024 for a four year term.
- **Dr. Jachin Velavan**, Physician, is appointed as Head, Distance Education Unit, with effect from 1st April, 2024 for a four year term.
- **Dr. Shoma V Rao**, Professor, is appointed as Ag. Head, Surgical Intensive Care Unit (SICU) with effect from 3rd April, 2024 until further notice.

Laurels and Recognitions

- **Dr. Reenu Rajan George**, Senior Resident and **Dr. Dharshini**, Professor (thesis guide) were awarded 2nd prize in IADVL PG thesis based award for the study titled 'Comparison of the clinical profile and quality of life between juvenile onset and adult-onset alopecia areata and HLA typing in juvenile onset alopecia areata from a tertiary care center in South India' at the Dermacon International conference held at Hyderabad between 22nd to 25th February, 2024.
- **Dr. Anitha Paul Mampilly**, trainee in DM Critical Care, won the 1st prize for oral podium presentation for her presentation titled 'Impact of Ventilatory Ratio (VR), Ventilation Index (VI) and Oxygenation Index (OI) In Mortality In Ards: A Pilot Study' at the CRITICARE 2024 conference held at Kolkata from 27th February to 3rd March, 2024.
- **Dr. Srikanth E.R**, trainee in DM Critical Care, won the second runner up of the I - Quest Quiz at the CRITICARE 2024 conference held at Kolkata from 27th February to 3rd March, 2024.

Upcoming Event

Days: Mon to SAT

Timing: 4:30 pm onwards

Date: April 1 to 30, 2024

Kids 6 days/ wk- ₹4200*
Kids 3 days/wk- ₹2100*

Adults 6 days/ wk - ₹4750+ GST 18%
Adults 3 days/ wk- ₹2500+ GST 18%

only by salary deduction, exclusive
of court fees ₹500



TENNIS SUMMER CAMP



HURRY

UPI

Venue: College Tennis Club, Bagayam

Pls contact for further details: Dr. Sajin Tito
Phone- 9847907488

Situations Vacant

1. Assistant Professor / Senior Resident with MS (Orthopaedics) for the Department of Orthopaedics Unit-I

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution to apply Assistant Professor job.

Salary : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

2. Associate Research Officer Gr.IV (NM) for the Department of Nephrology (Molecular Diagnostic Lab.)

Qualifications : M.Sc., Biochemistry (Regular) from recognised university.

Candidate must have a minimum 4 years' experience with bench work related to research and diagnostics.

Salary : As per institutional rules. **Accommodation :** Not Provided.

3. Senior Resident / Assistant Professor with MD (Psychiatry) for the Department of Psychiatry Unit - III

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution to apply Assistant Professor job.

Salary Scale : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

4. Senior Resident / Assistant Professor with MS (ENT) for the Department of E.N.T.-III

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognised teaching institution to apply Assistant Professor job. **Salary Scale :** As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted.

Applications will close by **April 06, 2024** for **Items 1, 2, 3 and 4.**

5. Physiotherapist (Term Post) with BPT Graduate from IAP recognised College / University for the Department of P.M.R. (Physiotherapy)

Should have completed 6 months of compulsory rotatory internships on or before 31st May, 2024.

Age Limit : Below 30 Years. **Consolidated Salary :** As per institutional rules.

Accommodation : Not Provided.

6. Assistant Research Officer Grade (NM) (Term Post) with M.Sc. Microbiology (Medical) / Applied Microbiology and Molecular Virology for the Department of Clinical Virology

Salary Scale : As per institutional rules. **Accommodation :** Not provided.

7(a) Assistant Professor with DM in Pulmonary Medicine or MD / DNB in Pulmonary / Respiratory Medicine with 3 years special training in teaching hospital for the Department of Pulmonary Medicine

Salary : As per institutional rules. **Accommodation Provided** (Partly Furnished, Depending on availability).

7(b) Senior Resident Gr.III with MD / DNB in Pulmonary / Respiratory Medicine with 2 years experience as senior resident /fellowship in a teaching hospital for the Department of Pulmonary Medicine

Salary : As per institutional rules. **Accommodation :** Provided (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to <https://www.cmch-vellore.edu/JobVacancy.aspx?jtype=ALL> Link : "Vacancies".

Hard Copies and emails will not be accepted.

Applications will close by **April 10, 2024** for **Item 5** and **April 13, 2024** for **Items 6, 7(a) and 7(b).**

Situations Vacant

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8. Project Assistant for the Department of Neurological Sciences (Neurophysiology Laboratory)

Qualification : M.Sc. Life Sciences. **Salary :** As per institutional rules.

Job Code : 1525

Mode of Appointment : Project Mode. **Accommodation :** Not Provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>
Link : General - "Vacancies". **Hard Copies and Emails will not be accepted.**

Applications will close by **April 13, 2024** for **Item 8**.

9. Junior Research Fellow (JRF)

Job Code : 1526

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, in collaboration with the Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore invites applications for the **Junior Research Fellow** to work in the area of cell and molecular biology related to stem cell research.

Qualification : M.Sc. and M.Tech. Life Sciences / Biochemistry / Biotechnology candidates with a minimum of 55% of marks. Preference will be given to the candidates with CSIR / UGC / DBT / ICMR / GATE Junior Research Fellowships.

For more details of the positions and the Application forms visit

<https://www.cscr.res.in/research-opportunities/>

Please submit duly filled application with the copy of fellowship award letter, either by soft copy to cscresedu@cmcvellore.ac.in or by hard copy to The Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **April 12, 2024** for **Item 9**.

Vacancies from 1 to 9 are under the Principal's Office, for queries kindly contact the mentioned office.

10. Project Technical Support III (External - Project) for the Department of Gynaecology Oncology

Qualifications : B.Sc., MLT with computer knowledge and three years of experience.

Consolidated Pay : Rs.28,000/-. **Age Limit :** 35 Years.

Job Description : Collection of blood, follow up of patients and data entry.

Note : *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

11. Assistant Dental Officer Gr.I for the CMC Vellore, Chittoor Campus

Qualifications : BDS + 5 years recognised appropriate experience.

Salary Scale : As per institutional rules. **Accommodation :** Provided.

Applications to be done only through online application system. Please log on to <https://www.cmch-vellore.edu>
Link : General - "Vacancies".

Note : *Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close by **April 15, 2024** for **Items 10 and 11**.

Vacancies from 10 to 11 are under the M.S. Office, for queries kindly contact the mentioned office.

12. Data Entry Operator (Project) for the Department of Trauma Surgery

Project : National Task Force Project on Trauma Quality Improvement Programmes.

Qualification : Any Degree. **Consolidate Salary :** As per institutional norms.

Project Duration : One year. **Age Limit :** 30 Years and below.

Please log on to <http://www.cmch-vellore.edu> Link : General - "Vacancies".

Tab : "Data Entry Operator (Project)". Apply on or before **April 06, 2024** for **Item 12**.

Note : Only regular mode will be accepted, private or correspondence will not be accepted. Final year students are not eligible. Applications should be made online. Applications through other Job Portals will not be considered.

Vacancy No.12 is under the G.S. Office, for queries kindly contact the mentioned office.