



Christian Medical College Vellore



Newsline

April 28, 2025

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13

Mrs. Ilavarasi Jesudoss Retires



Mrs. Ilavarasi Jesudoss, Professor and Head of the Department of Medical Surgical Nursing, College of Nursing, Christian Medical College Vellore, retired on 16th April, 2025 after dedicated and exceptional service to the institution. After an extraordinary career spanning nearly four decades in nursing education, clinical care, and nursing administration, she retires, leaving behind a remarkable legacy. Mrs. Ilavarasi Jesudoss began her journey in nursing with a Diploma in General Nursing and Midwifery in 1988 and later pursued her B.Sc. Nursing (1993) and M.Sc. Nursing (1999) from the College of Nursing, CMC Vellore. With an enduring commitment to lifelong learning, she also completed a Post Graduate Diploma in Medical Law and Ethics in 2020.

Her career reflects a remarkable trajectory of growth, dedication, and leadership. Beginning as a Staff Nurse, she steadily progressed through various clinical and academic positions, serving as Ward Sister, Lecturer, Nurse Manager, and ultimately as Professor & Head of Department. She also served in the College of Nursing, Sultan Qaboos University, Oman, contributing her expertise internationally. Throughout her tenure, Mrs. Ilavarasi demonstrated profound dedication to clinical excellence, nursing education, and institutional development. Her leadership was instrumental in planning and operationalising services in multiple campuses of CMC, including the Chittoor Campus, Schell Eye Hospital, Mental Health Centre, Rehabilitation Institute, CMC Diagnostic Centre, and most notably, the Ranipet Campus.

As the Associate Nursing Superintendent, she meticulously oversaw nursing services, infrastructure planning, staffing, and quality assurance. Her administrative acumen was pivotal during the COVID-19 pandemic, where she led with foresight and resilience. From developing SOPs to coordinating home isolation programmes and supporting staff both practically and emotionally, her contributions were unwavering. As a teacher and academician, Mrs. Ilavarasi has left an indelible mark. She has served as subject teacher, class coordinator, and dissertation guide for numerous postgraduate students. Her commitment to academic rigor is evidenced by over 28 publications in national and international peer-reviewed journals and presentations across prestigious platforms. Her efforts to integrate classroom teaching with bedside nursing ensured her students were not only knowledgeable but also compassionate and clinically competent.

Her leadership in infection control, patient safety, and disaster management has been recognized across the institution. Mrs. Ilavarasi's life and work have been a testament to her faith, humility, and integrity. A compassionate nurse, a principled administrator, a dedicated teacher, and a wise mentor, she is deeply respected by her colleagues and students. She exemplified the motto of CMC—"Not to be ministered unto, but to minister."

As she steps into a new chapter of life, we thank God for her life of service, and we pray that she continues to be a blessing to many.

Her husband, Mr. Jesudoss, is a retired senior MCTT. Her first daughter, Mrs. Rene Jesudoss, is an alumna of the College of Nursing and is currently working in Chennai. Her son-in-law, Mr. Michael, is doing business in Chennai. Her second daughter, Ms. Reba Jesudoss, is a statistician working in Bangalore.

The CMC family is thankful to Mrs. Ilavarasi Jesudoss for her committed service to the institution and wishes her a happy and blessed retirement life.

Short course on 'Safety Mentorship Programme: Nursing Care and Management of Cleft Lip & Palate'



The Departments of Plastic and Reconstructive Surgery Nursing, Continuing Nursing Education, Anaesthesiology & Plastic and Reconstructive Surgery, organised a national-level short course on 'Safety Mentorship Programme: Nursing care and management of Cleft Lip & Palate' from 31st March to 5th April, 2025. The Short course started with an inaugural programme in the CNE lecture hall, College of Nursing. A total of 31 delegates from 9 different hospitals of East & North East Indian states participated in the short course.

Resource personnel from the Departments of Plastic and Reconstructive Surgery Nursing, Plastic and Reconstructive Surgery, Anaesthesiology, Orthodontics, ENT, OR Nursing, Obstetric Nursing, and Speech Therapy conducted both theoretical and practical sessions. The short course covered a range of topics, including an overview of clefts—embryology, anatomy, and treatment pathways; pre-operative, peri-operative (time in and time out), and post-operative nursing care; the role of orthodontics in managing cleft palate and cleft lip (including alveolar bone grafting and naso-alveolar moulds), the involvement of ENT surgeons in cleft lip and cleft palate management, identification of a deteriorating child, basic airway skills, such as mask holding and oropharyngeal and NPA sizing; as well as psychological care and genetic counselling; and nursing care pathways and documentation.

Skill sessions included:

- Feeding techniques for children
- Use of restraints and splinting
- Fluid calculation and IV access care
- Wound assessment and care
- Parental counselling
- Discharge preparation
- Play therapy
- Paediatric Early Warning Signs (PEWS).

Simulation sessions were held for nursing and Post-Anaesthesia Care Unit scenarios (PACU). Participants gained hands-on experience in the operating theatre, post-operative wards, nursery, and speech therapy unit. A Paediatric Basic Life Support session was conducted to enhance the delegates' skills in emergencies.

On April 5th, the Smile training concluded with theory and practical testing by Objective Structured Clinical Examination (OSCE), marking the conclusion of the training. Feedback collected from the delegates indicated a high level of satisfaction with the short course. The course successfully concluded with a valedictory program held in the CNE lecture hall.

CME on Geriatrics

The Department of Continuing Medical Education and the Department of Geriatrics organised a CME on Geriatrics on 12th April, 2025. The programme was moderated by Dr. Benny Paul Wilson, Professor, Department of Geriatrics. The speakers, Dr. Surekha V., Dr. Prasad Mathews, Dr. Rakesh Mishra, Dr. Benny Paul Wilson, Dr. Dominic Benjamin, and Dr. Joanne Lydia Rajkumar covered the approaches to arthritis, neurocognitive impairment, falls and osteoporosis, drug prescribing, management of diabetes mellitus, and stroke management in the geriatric population. The programme was attended by 214 participants from 19 states and several departments in CMC. The CME Department thanks Dr. K.G. Gopinath, Professor and Head, Department of Geriatrics, Dr. Benny Paul Wilson, all the faculty and the Telemedicine Department, and for making the CME possible.

World Optometry Day Celebration & CME Programme



The Ophthalmology Unit of the Optometry Faculty at CMC Vellore, Chittoor Campus celebrated World Optometry Day with a Continuing Medical Education (CME) programme for Optometry students on 29th March 2025 at the Multipurpose Hall, College of Nursing, CMC Chittoor Campus.

A total of 95 Optometry students and practicing optometrists from various institutions participated, enhancing their knowledge on topics such as Low Vision, Spectacle Dispensing, and the Fitting of Rose K and Scleral Contact Lenses.

The event commenced with an opening prayer by Rev. Giftus Joshua, Chaplain, CMC Chittoor Campus. The programme was formally inaugurated by Dr. Reginald George Alex, Deputy Medical Superintendent, CMC Chittoor Campus. Special greetings were shared by Mrs. Nirmala Margaret P, Principal, College of Nursing, CMC Chittoor Campus, and Dr. Jeevaratnam, In-charge, Ophthalmology Unit, Chittoor Campus. The CME programme was skillfully moderated by Mr. Boonson and Mrs. Cindrella Robert. Participants actively engaged in the workshop sessions and a quiz competition. Prizes were awarded to winners of the various contests held as part of the celebrations.

Poster making:

- 1st place: Nasreen, Schell Eye Hospital, CMC.
- 2nd place: Y. Sarath Babu, SMH, Ranipet.

Slogan Competition:

- 1st place: Vignesh, SIHRLC, Karigiri.
- 2nd place: Mary, Nursing Service, CMC Vellore, Chittoor Campus.

Photography Competition:

- 1st place: Perumal, Schell Eye Hospital, CMC.
- 2nd place: Lokesh, SIHRLC, Karigiri.

Short film Competition:

- 1st place: Chettinad Academy of Research and Education, Chennai.
- 2nd place: Dip. MLT, CMC Vellore, Chittoor Campus.



Workshop on Guidance for Career Choice



A "Guidance for Career Choice" programme was organised by the Personnel Department for children of staff members, aimed at students in grades 9 to 12. The event occurred on 3rd April, 2025, at Jacob Chandy Hall in the Paul Brand Building. 120 students participated in the program, which was designed to help them gain clarity and confidence as they prepared for upcoming entrance exams. The program focused on encouraging introspection, helping students analyze their strengths and weaknesses, and empowering them to face life's challenges with confidence. It also aimed to inspire them to seek their purpose and stay focused on their studies. The sessions included topics such as 'Choice Before You', 'Coping with Challenges', 'Study Techniques', and 'Achieve More'. The programme featured insightful talks from Col. Dr. Paul Prathap Jayaraj, HR Consultant from Chennai, and Ms. Merlin Thanka Jemi, Clinical Psychologist and Lecturer from CMC, who provided valuable guidance to the students.

Workshop on Quality of Life



A special programme on "Quality of Life" was organised by the Personnel Department successfully held on 3rd April, 2025, for Hospital Attendants and Housekeeping Attendants. This initiative aimed to improve the well-being and morale of hospital support staff, acknowledging their crucial role in the healthcare system. The programme saw enthusiastic participation from 170 staff members, who found the interactive and insightful sessions highly beneficial. The highlight of the event was an engaging session delivered by Col. Dr. Paul Prathap, an HR Consultant from Chennai, who served as the resource faculty. His expert insights on improving quality of life, stress management, and professional satisfaction were particularly impactful and well-received by the attendees. The programme focused on the significance of self-care, the dignity of work, and emotional well-being, with the goal of empowering hospital support staff to lead healthier, more fulfilling lives, both professionally and personally. This event is part of an ongoing effort to support staff development and promote workplace wellness within the healthcare sector.

Workshop on Think Win-Win

A motivational programme organised by the Personnel Department; on the theme "Think Win-Win" was held on 4th April, 2025, for NTA Trainees and NTAs, aimed at fostering a positive mindset and encouraging a collaborative work culture among staff. A total of 64 participants attended the programme, benefiting from powerful and thought-provoking sessions focused on the principles of mutual benefit, empathy, and effective communication. The session was led by Col. Dr. Paul Prathap, a renowned HR Consultant from Chennai, who shared his extensive experience to engage the audience with practical strategies and real-life examples. His dynamic presentation inspired participants to approach workplace challenges with a win-win mindset that emphasizes shared success. This programme was part of a larger initiative to enhance emotional intelligence, leadership skills, and foster a culture of mutual respect within healthcare teams. The session was well-received, with many participants expressing that the insights gained would have a positive impact on both their personal and professional interactions.



Workshop on Crucial Conversation

A programme on “Crucial Conversations” was successfully conducted by the Personnel Department on 4th April, 2025, for Secretaries, Office Facilitators, and Ward Clerks. The programme aimed to enhance communication skills, particularly in handling high-pressure or sensitive conversations in the workplace. A total of 84 staff members participated in the session, where they learned essential strategies for managing crucial conversations, ensuring positive outcomes while maintaining professionalism. The session was led by Col. Dr. Paul Prathap, an HR Consultant from Chennai, who shared expert insights and practical tools for navigating challenging conversations with clarity and confidence. His engaging approach equipped participants with techniques to improve their interpersonal communication, problem-solving, and conflict resolution skills. The programme was well-received, with many participants noting its positive impact on their ability to handle difficult conversations in a professional setting.



Special Prayers - April 27 - May 03, 2025

Dietetics : Mr. Reni Charles C. and staff
Mrs. Manimegalai B. and staff

Security Services : Mr. Vijayakumar and Staff

Chaldean Syrian Church of the East

Council Members : H.G. Mar Awgin Kuriakose
Mr. Dickson Joseph

Hospital : Mar Timotheus Charitable Hospital, Trissur.

Council of Christian Hospitals

Council Members : Dr. P. Judson
Mr. P. Prasanna Kumar

Hospitals : Serango Christian Hospital
Christian Medical Centre Pithapuram
CBM Bethel Hospital Vuyyuru
Star of Hope Hospital, Aikividu



Welcome

Dr. Anjana Joel, Professor, Department of Medical Oncology on her return from study leave.

Memoranda

- **Dr. Sneha Deena Varkki**, Professor, is appointed as Head, Department of Paediatrics and Division of Child Health with effect from 21st April 2025 until further notice.
- **Dr. Joe Varghese**, Professor, will continue as Head, Department of Biochemistry with effect from 7th May 2025 for a four year term.
- **Dr. Julie Hephzibah**, Professor, will continue as Head, Department of Nuclear Medicine with effect from 10th May 2025 for a four year term.
- **Dr. Sivakumar Balasubramanian**, Professor, will continue as Head Department of Bio-engineering with effect from 17th May 2025 for a four year term.

Obituaries

- **Mr. I. Yesudoss**, Hospital Housekeeping Attendant, Psychiatry Department, Husband of Mrs. Ongol Sheela, Hospital Housekeeping Attendant, Department of Ophthalmology, Schell Campus, passed away on 19th April, 2025.
Let us uphold his wife Mrs. Sheela, Mr. Shyam Kumar, NTA, Rehab Institute, Mr. Suman Kumar, Mr. Prasanna Kumar, House Keeping Attendant, Hospital Maintenance and all the other bereaved members of the family in our prayers.
- **Mrs. M. Santhi**, mother of Mrs. M. Saranya, MCTT, OPD Services passed away on 22nd April, 2025. Let us uphold her husband Mr. S.R Moorthy, children, grandchildren, Mr. S. Yashwant Raj, S. Jessica Sri and all the other bereaved members of the family in our prayers.
- **Mrs. Manoranjitham**, mother of Mr. B. Karthi, Lab Technician, Department of Clinical Immunology and Rheumatology, Mr. B. Saravanan, Radiographer, Radiology Department, passed away on 25th April, 2025. Let us uphold her daughter-in-law Mrs. Jayalakshmi, Staff Nurse, CMC Vellore, Ranipet Campus and all the bereaved members of the family in our prayers.

Notices - Library Summer Timing and Annual Inventory 2025

- **The Florence Taylor Memorial Library, College of Nursing**

The Florence Taylor Memorial Library, College of Nursing will remain closed for Annual Inventory From 5th to 10th May, 2025.

- **Dodd and Gault Libraries**

LIBRARY	PERIOD	TIME
Dodd Memorial	05 th to 31 st May 2025	07.00am To 09.00pm
Gault		08.00am To 04.30pm
Dodd and Gault Libraries will be closed for ANNUAL INVENTORY from 24 th to 31 st May 2025. However, reference facilities will be available during the following timings. Monday to Friday: 08.00am to 04.30pm Saturday: 08.00am to 12.00Noon		
Your kind cooperation is much appreciated. - Head, Department of Library Services, CMC.		

Admission Notice



Christian Medical College

VELLORE, TN - 632 002 Email: registrar@cmcvellore.ac.in

Medical PG (MD/MS), Diploma in Clinical Pathology & M.Ch. Neuro Surgery (Broad Specialty - Post MBBS) Courses Admissions 2025

Application form can be accessed & submitted **online** through the College website <https://admissions.cmcvellore.ac.in/> till **5th June 2025**

Please refer to Medical PG Admission Bulletin (available at our website) for course details, eligibility criteria etc.

All courses and admissions to our College are subject to applicable regulations by University / Government / National Medical Commission / Court.

REGISTRAR

PUBLIC NOTICE

The **General Public** are **CAUTIONED** not to be lured by any person offering admission to any of the courses conducted by CMC Vellore. The college will not be responsible for any candidates or parents dealing with such person / persons.

Civil and a criminal court proceeding will be taken up against any person who holds out promises and also uses the institution's intellectual properties.

PLEASE NOTE:

WE DO NOT ADMIT STUDENTS THROUGH AGENTS OR AGENCIES.

CMC VELLORE ADMINISTRATION

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmcapplistapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Assistant Professor with MD (General Medicine) for the Department of General Medicine Unit-II

Salary : As per institutional rules.

Experience : Should have at least one year teaching experience as (Asst. Professor) in any NMC recognized teaching institution for applying Assistant Professor post.

Accommodation Provided : (Partly Furnished, Depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmcapplistapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **May 03, 2025.**

2(a) Assistant Professor with DM / DNB (Critical Care Medicine) for the Division of Critical Care Medicine (Surgical)

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, depending on availability).

2(b) Senior Resident with MD / DNB in Anaesthesia / Emergency Medicine / General Medicine, or IDCCM / PDCC in Critical Care for the Division of Critical Care Medicine (Surgical)

(Candidates with DNB qualification should fulfill the latest NMC criteria for teaching appointment).

Salary : As per institutional rules.

Accommodation : Provided (Partly furnished, depending on availability).

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard Copies and emails will not be accepted. Applications will close by **May 10, 2025.**

3. Project Medical Officer for the Department of Gynaecological Oncology (The CERVICARE THRICE Initiative) to work in Chittoor for a yearly term.

Project Medical Officer for the Department of Gynaecological Oncology

Job Code : 1590

Qualification : MBBS or MD.

Job Description : Conducting Cervical Cancer Screening and Treatment camps in Chittoor.

Preference : Should be well versed in Telugu.

External Salary : As per institutional rules.

Mode of Appointment : Project Mode. **Accommodation :** Not Provided.

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard copies and emails will not be accepted. Applications will close by **May 07, 2025.**

Vacancies under the office of General Superintendent-for queries contact the mentioned office

4. G.M. Officer Gr.III for Directorate (Missions)

Qualification : Graduate / BE / B.Tech / MBBS + MBA* - Finance, HR, HA, MM & Others** / MHA / MPhil HHSM*** / PG DM / PGDBA / PGDPM / PGDPM & IR 2 year full time course - approved by AICTE & Certified by AIU as equivalent to MBA & 2 years experience.

Salary : As per institutional norms.

Age : 30 years and below.

Preference : Preference will be given to candidates' those who have 4 years in mission hospitals or mission related projects preferred.

Note: *Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered. Existing Staff (term or project or permanent) can apply only after getting necessary approval from Head of the Department.*

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Apply on or before **May 07, 2025.**

5. John Carman School, CMC Vellore, Ranipet Campus:

Applications for the posts of teachers are invited from experienced, dynamic and motivated candidates for the following positions:

(i) Kindergarten and Primary Teachers

(ii) Hindi Language Teacher: (Applicants must hold a graduate degree in Hindi)

Applicants must be trained Graduates with Montessori training / D.T.Ed. / B.Ed., a high level of proficiency in English and a passion for teaching.

Apply to: (via post) - The Correspondent, Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu. or through email to the applications@scudderschool.ac.in

Applications should reach us on or before **2nd May 2025** furnishing the CV, latest passport size photograph, photo copies of all necessary certificates & other related documents, and contact details in the application format available on the **Career** section of the school website: www.scudderschool.ac.in