



Christian Medical College Vellore

Newsline
May 26, 2025



So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10

Mrs. Mories Sankar Retires



Mrs. Mories Sankar, Associate Professor, Obstetrics and Gynaecology Department retired from College of Nursing, Christian Medical College Vellore on 5th May, 2025 after 35 years of dedicated and memorable service in the institution. Born in 1965 to a schoolteacher, she treasured her childhood spent alongside her six sisters. She completed GNM in 1990 and PBBSc Nursing in 1998 at College of Nursing, CMC Vellore and continued to work as a staff nurse in Nursery. She served as a passionate charge nurse in the Nursery from 1998 to 2010. In 2010, she pursued her MSc in Nursing, specialising in Obstetrics and Gynaecology, and later returned to continue her work in the Nursery. With 31 years of dedicated service, she devoted her career to caring for neonates, consistently ensuring safe and high-quality care for every baby entrusted to her. From 2012 to 2014, she also held the role of Nurse Manager in the Labour Room, further demonstrating her commitment and leadership in maternal and newborn care.

In 2004, she was awarded Senior Training Fellowship by our institution for undergoing training in neonatal care on ventilator, incubator, bubble CPAP machine and total parenteral nutrition at Adelaide, Australia. This enabled her to contribute immensely in improving the neonatal nursing care practices. She also specialised in lactation counselling in the year 2007. In 2022, she underwent a training in neonatal resuscitation and has been instrumental in training 250 staff nurses in this field. Mrs. Mories was an excellent clinical nurse who constantly strived towards ensuring infection control practices in the Nursery. She was truly a mother to the neonates and to the staff nurses working under her. Gentle but firm, she was known for maintaining the policies and protocols at her workplace. She emphasised the importance of work-life balance and has taken lot of efforts to ensure staff welfare in the department. She served as a role model and inspired nursing students through her midwifery classes.

Mrs. Mories is blessed with a beautiful family. She is married to Mr. Sankar. They have a daughter, Mrs. Angelein Geno, and a son-in-law, Mr. Mithilesh. Her enduring impact and contributions to the institution and to the nursing are immeasurable. CMC Vellore wishes her a happy, healthy and blessed retired life.

Congratulations to the Department of Haematology, CMC Vellore for its Outstanding Thalassemia Care

Coal India Limited's (CIL) Thalassemia Bal Sewa Yojana (TBSY) programme celebrated World Thalassemia Day on 8th May, 2025. On this occasion, the Department of Haematology, Christian Medical College (CMC) Vellore received an award for securing 1st place in India. The award is titled 'Gift of Life through Thalassemia Bal Sewa Yojana', a Corporate Social Responsibility (CSR) initiative of the CIL, and the scheme aims at supporting underprivileged children suffering from thalassemia.



The award was presented by Shri G. Kishan Reddy, Honourable Union Minister of Coal and Mines, Govt. of India, in the presence of Shri Satish Chandra Dubey, Honourable Minister of State for Coal and Mines, Govt. of India; Shri Vikram Dev Dutt, IAS, Secretary, Ministry of Coal, Govt. of India; Ms. Punya Salila Srivastava, IAS, Secretary, Ministry of Health & Family Welfare, Govt. of India; and PM Prasad, Chairman, CIL. Dr. Vikram Mathews, Director of CMC Vellore; Ms. Gomathi Joseph, Senior Social Worker, Department of Haematology; Dr. Sharon Anbumalar; Dr. Eunice Sindhuvi; and Ms. Rizwana, Social Worker, Department of Haematology were present to receive the award.

About TBSY Programme:

The TBSY programme was initiated in 2017, with Phase I facilitating 73 transplants. Phase II saw 63 transplants (50 Thalassemia, 13 Aplastic Anemia), while Phase III facilitated 70 transplants (63 Thalassemia, including 3 MUD, and 7 Aplastic Anemia). To date, the programme has successfully facilitated 206 transplants (184 Thalassemia and 20 Aplastic Anemia).

Funding and Impact:

Through this project, CIL has utilised funding amounting to ₹18,71,95,387/-, which has significantly contributed to the programme's success.

Expert Committee and Partnering Hospitals:

The programme boasts an expert committee comprising eight esteemed members from India, including Dr. Vikram Mathews. A total of 17 hospitals nationwide, including CMC Vellore, partner with CIL for bone marrow transplants.

Dr. Vikram Mathews' Contribution:

Dr. Vikram Mathews shared valuable insights on guidance documents for Hematopoietic Stem Cell Transplant for Thalassemia Major, covering pre-transplant risk assessment, the importance of early HSCT, stem cell sources, and post-transplant care.



Social Worker's Responsibilities

Selection of the Thalassemia patients based on the CIL eligibility criteria, including timely document submission through the portal, bill settlement, submission of monthly report, utilisation reporting, and accurate record-keeping.

CME on Update in Hepatobiliary and Transplant Anaesthesia



The Department of Anaesthesia, Christian Medical College Vellore, organised a one-day Continuing Medical Education (CME) programme titled, *Update in Hepatobiliary and Transplant Anaesthesia* on 17th May 2025. The event was held in Jacob Chandy Hall and CK Job Hall, located in the Paul Brand Building, and featured hybrid participation, with 100 in-person delegates and 75 virtual attendees. The CME brought together renowned international and national faculty through both live and virtual sessions, focusing on the latest updates and evidence-based practices in the field of anaesthesia for liver surgeries and abdominal organ transplantation.

Morning Sessions:

Featured insightful talks by eminent external speakers.

- Dr. Carla Luzzi, Toronto General Hospital, Canada
- Dr. Arun Kumar, Cleveland Clinic, Abu Dhabi
- Dr. Akila Rajakumar, RELA Institute, Chennai
- Dr. Amar Nandakumar, Kovai Medical Center, Coimbatore

These sessions emphasised the critical advancements and challenges in hepatobiliary and transplant anaesthesia, providing a global perspective to the participants.

Afternoon Workshops:

Focused on hands-on, interactive sessions covering the following themes.

- Perioperative Blood Management
- Neurosonology for General Surgery
- Trans-Thoracic Echocardiography (TTE)
- Perioperative Lung Ultrasonography

These workshops aimed to enhance the practical skill sets of delegates, equipping them with essential tools for perioperative care in complex surgical procedures.

Participation and Feedback:

The CME witnessed enthusiastic participation from faculty members and delegates representing various institutions from across the state and the country. Institutions including CMC Vellore, GVMC Vellore, Narayani Hospital, Scudder Memorial Hospital, and several Mission Hospitals from across India were well represented. The sessions were well received, with many attendees expressing appreciation for the quality of scientific content and the organisation of the event.

Organising Team:

The event was meticulously planned and coordinated by the team from the Department of Anaesthesia:

- Organising Chairpersons: Dr. Ekta Rai, Dr. Tony Thomson Chandy
- Scientific Committee Chairman: Dr. Sathish Kumar D
- Organising Secretary: Dr. Amit Mathew.

Organising Committee Members:

Dr. Nitish Vijayanand, Dr. Abhishek V.J., Dr. Susheel Sudheesh, Dr. Angeline Abraham, Dr. Edward, Dr. Immanuel and Dr. Sujil.

Short Course on Peritoneal Dialysis



The Departments of Nephrology and Medical Surgical Nursing, speciality IX (Nephrology Nursing), along with the Continuing Nursing Education and Research Department, conducted their 6th batch of the short course in Peritoneal Dialysis for nurses, between the 1st of April and the 10th of May, 2025. This was held as a 6-week blended programme with 4 weeks of online learning and 2 weeks of onsite training in the peritoneal dialysis unit of CMC Vellore. The workshop started with an inaugural programme on the 1st of April and concluded with the valedictory programme at the CNE video conferencing hall, in the College of Nursing. A total of four trainees participated in the programme, two from Maldives and two from Sri Lanka.

Faculty from the Departments of Nephrology and Medical Surgical Nursing, speciality IX (Nephrology Nursing), along with the Continuing Nursing Education and Research department, facilitated the sessions and the logistics. The course is endorsed by the International Society of Nephrology (ISN), the Peritoneal Dialysis Society of India (PDSI), and the Indian Society of Nephrology. This short course is designed to prepare registered nurses working in nephrology settings with specialised knowledge, skills, and competence in providing Peritoneal Dialysis (PD) to patients with End Stage Renal Disease. It also aims to equip them to educate, train, and counsel patients and caregivers on various aspects of Peritoneal Dialysis therapy. The nurses, through training, can take up autonomous roles as educators, facilitators, and counsellors, thus functioning as integral members of the Peritoneal Dialysis team. The delegates expressed a high degree of satisfaction while offering feedback on the course.

Occupational Health Week 2025



CMC Vellore celebrated Occupational Health Week in commemoration of the 'World Day for Safety and Health at Work' from 28th April to 2nd May 2025. This year, the Directorate (HR) along with Department of Hospital Management Studies & Staff Training and Development organised a one-week training and awareness programme based on the theme 'Road to Safety (Drive Safe, Stay Safe)'.

A series of sessions were conducted across the CMC Town, Ranipet, Chittoor and Bagayam campuses covering topics such as 'Real-Life Case Studies & Impact of Road Accidents', 'Awareness on Road Safety' and 'Road Safety Rules and Laws'. These sessions addressed the Real-life scenarios of road accidents, preventive strategies and Road safety rules and laws. Speakers included Dr. Priya, Professor, Emergency Medicine, Ms. Bagyalakshmi, Social Worker, Emergency Medicine and Ms. Sheena, Legal Officer and followed by a feedback session.

The Quality Circle session was conducted on 3rd May 2025 on the topic 'Differential patterns, trends and hotspots of road traffic injuries on different road networks in Vellore district' by Dr. Venkataraghava, Professor & HOD, CHAD and 'Reducing Mortality and Morbidity in RTA: Strategies for hospital staff' by Dr. Priya, Professor, Department of Emergency Medicine. Special thanks to Dr. Priya, Ms. Bagyalakshmi, Ms. Sheena, the Directorate (HR), and the Department of Hospital Management Studies and Staff Training for their collaborative efforts in making Occupational Health Week a great success.



Special Prayers May 25 - 31, 2025

Clinical Haematology : Dr. Aby Abraham and Staff
Mrs. Lillian Percy and Staff

Medical Oncology : Dr. Ashish Singh and Staff
Mrs. Lillian Percy and Staff

Centre for Stem Cell Research : Dr. Nihal Jacob Thomas and Staff

Paediatric Emergency : Dr. Debasis Das Adhikari and Staff
Dr. Mary Anbarasi Johnson and Staff

Paediatric ICU : Dr. Ebor Jacob Gnananayagam and Staff
Dr. Mary Anbarasi Johnson and Staff

CSI Madhya - Kerala Diocese

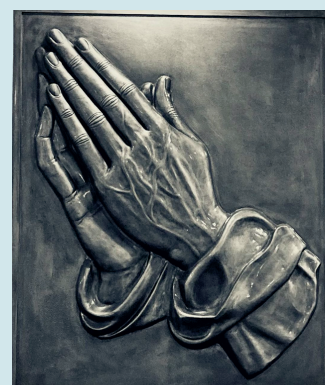
Council Members : Rt. Rev. Dr. Sabu K. Cherian
Rev. Jiji John Jacob

Hospitals : Rev. George Mathen Mission Hospital and
Bishop Jacob Memorial Hospital.

CSI Madurai-Ramnad Diocese

Council Members : Rt. Rev. Dr. D. Jeyasingh Prince Prabhakaran
Rev. B. Frank Ben Rusevelt

Hospital : CSI Christian Mission Hospital, Madurai.



Welcome

Dr. Mahesh Moorthy, Professor, Department of Virology on his return from sabbatical leave.

Memorandum

Dr. Supriya Sen, Associate Professor, is appointed as Ag. Head, Endocrine Surgery Unit-I, with effect from 25th May 2025 during the period when Dr. Paul M.J., Professor & Head, Endocrine Surgery Unit-I is on sabbatical leave.

Retirements

Mrs. Christy Gunaseeli, Sr.Gr.Charge Nurse, A6 ward, retired on 2nd April, 2025 after completing 38 years of service in our institution. Having completed her General Nursing in 1986 and Midwifery in 1987 from College of Nursing, CMC Vellore, she worked as Staff Nurse in the medical and surgical wards till May 1996. On completing PBB.Sc. Nursing in CMC from 1998 to 2000, she worked as ward sister in private wards as MTS4, MTS1 and A6 ward till her retirement in 2025.



Her contribution to the patient care services in the private wards was note worthy. Being clinically competent, patient centered and proactive, she always ensured highest standard of care. She effectively mentored the junior staff, promoting a positive work environment. Her team spirit and ability to co-ordinate activities within the department was admirable. Mrs. Christy Gunaseeli was also the recipient of the “Best Charge Nurses” award for the year 2024. Her husband Mr.Andriyas Babu does business and their son Mr.Joshua Samuel, works as product designer in Bangalore after completing Bachelors in Occupational Therapy at CMC Vellore. The CMC family is thankful to Mrs. Christy Gunaseeli for her efficient and dedicated service to this institution and wishes her God’s blessings in her retired life.



Mr. Mathivanan G, Sr. Hospital Attendant, O4 East, retired on 7th April, 2025 after 40 years of service to the institution. He was a hardworking individual, always willing to go beyond the call of duty. Highly adaptable, he consistently showed a strong willingness to help others.

His wife Mrs. Vijaya is a homemaker. His daughter Ms. Arthu is an MCT Technician in CMC, His Son Mr. Stephen Raj. M. is a civil engineer in CMC. We wish him happiness and health in his retirement life.

Mr. C. Jayaprakash, Sr. Secretary, Department of Biostatistics retired on 4th May, 2025 after 40 years of dedicated, faithful service at Christian Medical College Vellore. In 1985, he joined the Department of Biostatistics as a Clerk-Typist. From 1989 to 2002, he served as secretary in the Department of Cardio-Thoracic Surgery before returning to the Biostatistics department, where he continued as secretary until his retirement. His dedication, contributions, and experience made him an invaluable member of the Biostatistics team, providing exceptional support and guidance.



He is married to Mrs. Latha J., a homemaker, and they are blessed with two children: their son, Mr. Sasi Prakash, who works as a male staff nurse at CMC, and their daughter, Ms. Swathi J., a physiotherapist settled in Chennai. They are also proud grandparents to a granddaughter.

CMC community is thankful for his 4 decades of dedication and commitment to the institution and we wish him a blessed retired life.



Mr. Udayakumar, Sr. Hospital Attendant, Laundry Department retired on 20th May, 2025. He joined in the year 1986 and he has rendered 39 years of dedicated service to our institution. He resides with his wife Mrs. Chitra who is a home maker. The institution wishes him a happy and peaceful retirement.

Mr. Narendiran M, Sr. Hospital Attendant, MTS3, retired on 14th May, 2025 after 35 Years of service to the institution. His wife Mrs. Jeevajothi is a home maker, His Son Mr. Naresh, B.E., Computer Science, works as an AR caller at Global Health Care, his Daughter Ms. Nandhini, Dip. Nurse works in the S-Ward. We wish him happiness and health in his retired life.



Mr. Karthikeyan, Sr. Electrician, retired on 23rd May, 2025 after completing 42 years of service in our Institution. He joined the Institution in the year 1983. He is ITI Electrician with B-License working in the Generator Room in Shift duties. His Wife Mrs. Santha Kumari is a home maker. His son Mr. Jeyachandran M.Tech is a Software Engineer in Wipro. His daughter Mrs. Deepa M.Tech is a Software Engineer is working in Singapore. He is also blessed with three grandchildren. The CMC Family is thankful to Mr. Karthikeyan and wishes him a blessed retired life.

Obituaries

- **Mrs. Lilly Anne Abraham**, mother of Dr. Elizabeth (Renu) Tharion, Senior Professor, Department of Physiology, mother-in-law of Dr. George Tharion, former Professor & Head, Physical Medicine and Rehabilitation, and grandmother of Dr. Joseph Tharion, CMC MBBS batch of 2008 and PG alumni of Anaesthesia Department, CMC Vellore, passed away on 20th May, 2025.

Let us uphold her children, grandchildren and all the bereaved members of the family in our prayers.

- **Mr. R.V. Simha**, father of Dr. Arathi Simha, Professor, Department of Ophthalmology, father-in-law of Dr. Gibikote Sridhar, Professor, Department of Radiology and grandfather of Dr. Gibikote Siddharth, MBBS batch of 2018, passed away on 21st May, 2025.

Let us uphold his wife Mrs. Jalaja Simha, children, grandchildren and all the bereaved members of the family in our prayers.

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Project Technical Support II for the Department of Hepatology

Job Code : 1599

Qualification : B.Sc. / M.Sc. in Life sciences with minimum 70% marks.

External Salary : Consolidated Rs.21,292/-

Experience : At least 2 years after completing the qualifying exam, preference would be given to those who have previously worked in clinical research projects, including laboratory animal studies.

Job Description : Patient recruitment, Sample collection, storage, processing, and testing, Data collection and entry, Coordination with the clinical team, Maintenance of inventory and accounts, Coordination with primary study centre including periodic meetings, Animal (mouse) handling, bloodletting, tissue processing.

Age Limit : Up to 35 years. **Mode of Appointment:** Project Mode. **Accommodation:** Not Provided.

Applications are to be done only through the online application system.

Please log on to: <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Hard copies and emails will not be accepted. Applications will close by **June 07, 2025.**