

WEEKLY NEWS SPECIAL EDITION

Christian Medical College
Vellore



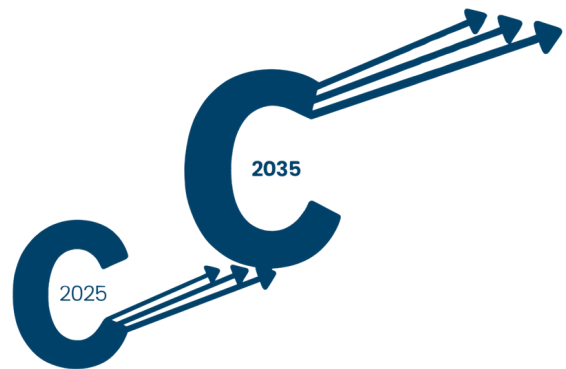
September 29, 2025

Consultation 2025 CONCLAVE BE THOU MY VISION

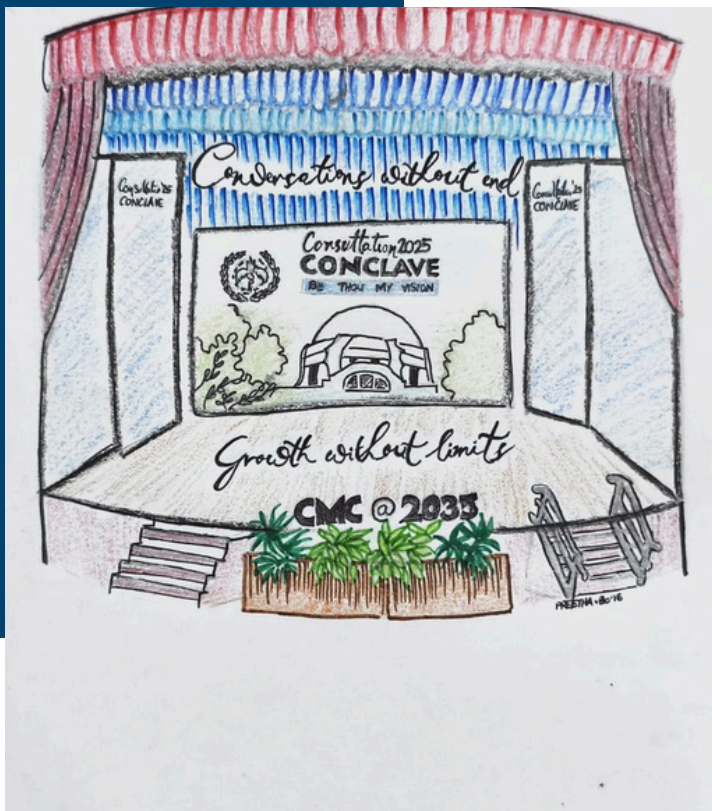
CMC Vellore recently underwent an intense five-day brainstorming process from September 21st to 25th, 2025. "Consultation 2025" marked a crucial moment, as we regrouped after a decade to pause, relook, reimagine, and rejuvenate our working mechanisms for the road ahead.

A well-oiled machine works better and lasts longer. Likewise, our CMC community, which has been tirelessly serving in the field of healthcare for the past 125 years, needed this much-needed recalibration to make the journey ahead smoother and more effective.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:2



**REIMAGINING HEALTHCARE
FOR THE FUTURE!**



The Conclave was an enriching experience – a meaningful week of community building. Spread across seven expansive campuses, our community has naturally grown more dispersed, making the experience of close fellowship more challenging. The Conclave was a much-needed reunion; participation spanned from senior leadership to all levels of staff – each offering their "five loaves," creating a true community of excellence, integrity, and virtue.

we are fearfully and wonderfully made in the image of God.

Day 1: Theology, Faith in Action, and Ethics

We began with a deep dive into the theological and spiritual foundations of CMC. The day was dedicated to theology, Christian ethics, and holistic healing—reminding us of the sacred calling that underpins our work. Our keynote speakers—Rev. Canon Dr Peniel Rajkumar, Rev. Dr Gary Gunderson, Mr Jayakumar Christian, and Dr P. Zachariah challenged us to embrace humility as a path to excellence. They spoke of faith as a protective force against fear and disconnection.

Journey of reflection, inspiration, and vision.



We were reminded that CMC is called to create movements, not monuments—to serve the margins, not just build centres of excellence. Passion, not strategy alone, must guide our focus toward God.



Dr Manoj Kurian, posed three essential questions:

- Why do we do what we do?
- How do we do it?
- And how do we communicate it?

The day unfolded with worship, devotion, keynote addresses, domain presentations, and breakout sessions. It concluded with a special Conclave Dedication chapel service, by Bishop Rt Rev. H. Sharma Nithyanandham grounding us in faith and purpose.

Day 2: Education, Research, and Innovation

Education has always been a cornerstone of CMC's legacy. From Aunt Ida's vision to today's 250+ courses, we continue to shape minds and hearts. The keynote address reminded us that values must be embedded in policy. "Write what you do as a why," she said—urging us to translate good intentions into actionable frameworks.

03/08

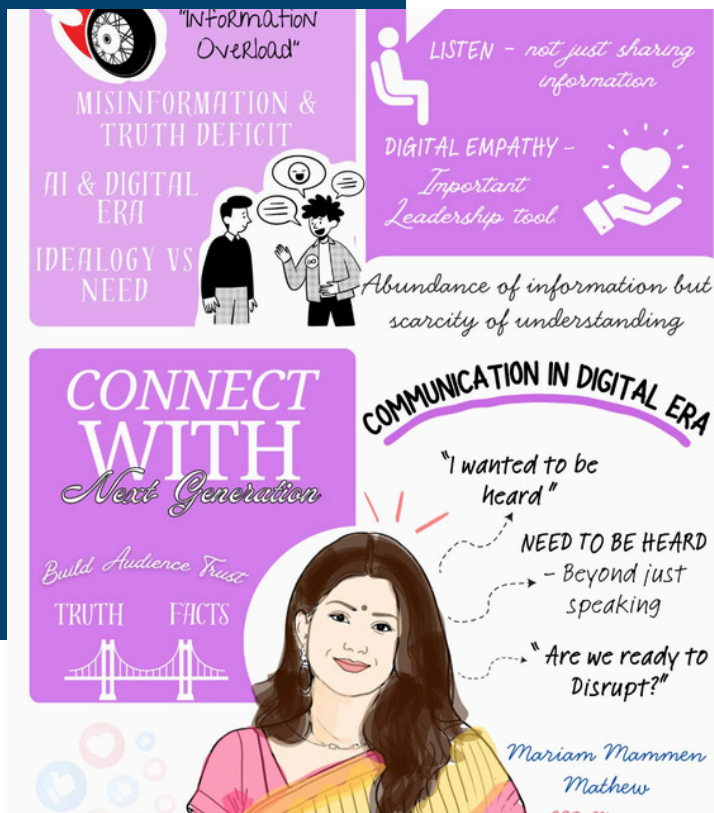
LIFE IS DRIVEN BY CONNECTION, COHERENCE, AGENCY, GENERATIVITY, AND HOPE.

Dr Leah Macaden emphasised the blend of art and science in nursing education, emotional labour, interdisciplinary integration and the power of faith to elevate its impact. She posed questions that will guide our next decade:

*What are our goals?
Where are we now?
How do we become influencers?*

Dr C.S. Pramesh and Mr Som Mittal turned our attention to research and innovation. They challenged us to rethink research—not as high-tech exclusivity, but as a tool for inclusive impact.

The day featured domain presentations, breakout sessions, and cross-disciplinary panels, ending with reflections and closing remarks.



Ms Mariam Mammen Mathew emphasised the need for authentic communication in a digital age rife with misinformation. CMC must become a trusted voice, countering harmful narratives with truth and compassion. Dr Gagandeep Kang and Dr Shameen Prashantham spoke on policy engagement and external engagement. They highlighted the importance of strategic partnerships and community impact.

CMC must become a trusted voice, countering misleading narratives with truth and compassion.

Day 3: Human Resource, Community Building, and Engagement

Day three focused on the people who make CMC what it is. Human resources, community building, communication, and policy engagement were at the heart of the discussions. Prof. Jerome Joseph and Mrs Usha Jesudasan reminded us that people are the backbone of any institution. When we invest in our people, the institution thrives. Communication, he said, begins with listening—a simple yet profound truth.

When we invest in our people, the institution thrives.



The day included domain presentations, invited talks, breakout sessions, and panel discussions. It was a celebration of collaboration, empathy, and shared purpose.



Day 4: Finance, Infrastructure, Technology

The fourth day addressed the operational pillars of CMC—finance, infrastructure, healthcare technology, and information systems.

Dr Sanjay Patra spoke of financial stewardship. He advocated for technology-driven financial management and resilient governance. Dr Vivek Desai stressed that hospital infrastructure should be built to last a century, highlighting the importance of sustainable design and green buildings.

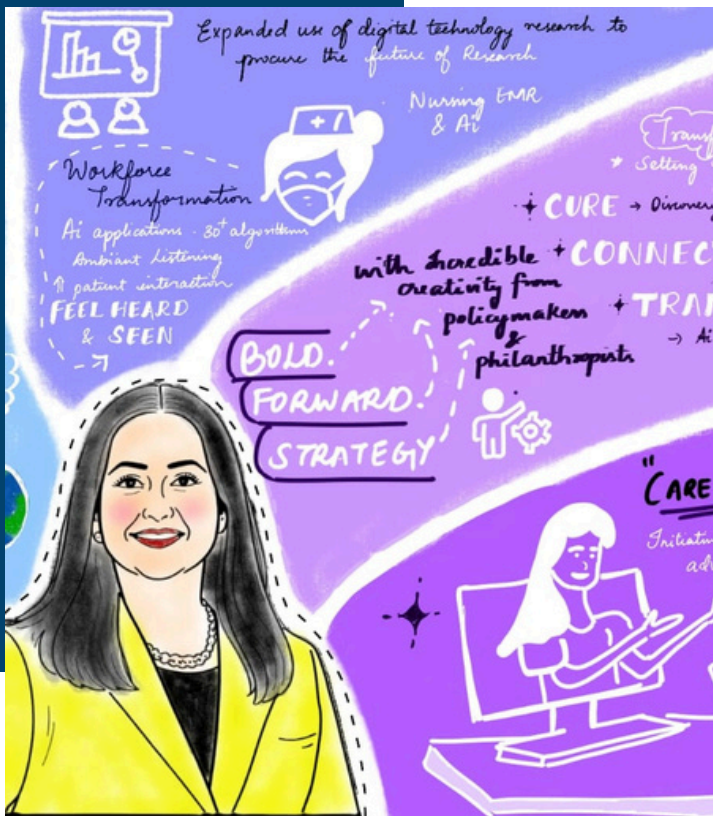
Dr Denny John highlighted the emerging need for a hospital-based health technology assessment (HB-HTA) forum and how CMC can be a leader in this space. Mr Rizwan Koita explored the transformative potential of digital health and AI.

FINANCIAL STEWARDSHIP—NOT JUST BALANCING BOOKS, BUT SAFEGUARDING A LEGACY OF HEALING.

We also heard from a panellist from CMC who spoke on infrastructure repurposing and energy-saving initiatives from solar power integration to AI-driven maintenance systems. Another contributor highlighted welfare efforts, support-staff benefits, addiction recovery programmes, and NEET coaching.

A third panellist shared insights into technology-driven transformations such as paperless audits, electric vehicle logistics, and the implementation of smart logistics applications.

The day concluded with breakout sessions and reflections, leaving us with a vision for a resilient, tech-enabled, and people-centred future.



Dr Alumeti Munyali Désiré, Dean of Medicine at Panzi Hospital, DRC, shared insights on how CMC could pursue regionally contextual collaborations across the Global South. Keynote by Dr Prathibha Varkey on Patient Care, Quality and Safety was an eye-opener, followed by Dr Deepak Singh on healthcare for the marginalised.

The afternoon session, led by Mr Wilfred Davidar and Mr Anurag Behar, was truly inspirational; emphasising the national need to establish more CMCs across the country.

CMC is an icon of faith and a wielder of great power. Our call is to restore faith in ethical, compassionate healthcare.

Day 5: Patient Care, Quality & Safety, Ethics in Management, Governance & Administrative Structures, Chittoor Campus

The power-packed panel featured Ms Anuvinda Varkey, Chairperson, CMC Vellore Association, Dr Prathibha Varkey, President, Mayo Clinic Health System, Dr Vikram Mathews, Director, CMC Vellore, Mr Anurag Behar, CEO of Azim Premji Foundation & Chancellor of Azim Premji University, Mr Wilfred Davidar, IAS, Retd, Additional Chief Secretary, Public Policy & Business Strategist. This was moderated by Dr John C Oommen, Former-Vice-Chairperson, CMC Vellore Association.

State your code of ethics clearly and make it impactful.



The day concluded with remarks by Ms Anuvinda Varkey and Dr Vikram Mathews, followed by a vote of thanks from Dr Divya Elizabeth Muliylil and Dr Thomas Samuel Ram. Rev. Finney Alexander led the closing prayer and college song, marking the end of this milestone-event.



WITH OVER 3,000 PARTICIPANTS, THE CONCLAVE MADE A HISTORIC MARK—REAFFIRMING OUR MOTTO "NOT TO BE MINISTERED UNTO, BUT TO MINISTER."

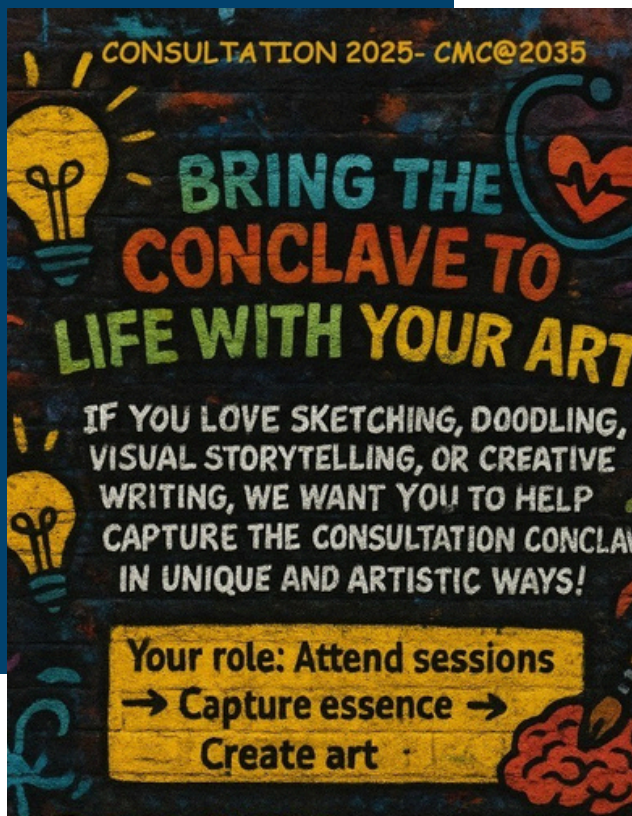
We extend our sincere gratitude to our leadership, administrators, consultation advisors, and the core group, as well as all the domain conveners, co-conveners, and members across all 18 domains, along with the domain advisors and external experts for their valuable inputs. The Conclave organizing team, along with the countless volunteers who worked tirelessly behind the scenes, CMC staff and students—your active participation and engagement have been truly inspiring.

Proverbs 3:5-6

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight".

God bless.





DR. P. ZACHARIAH

CMC STORY

Being and Becoming

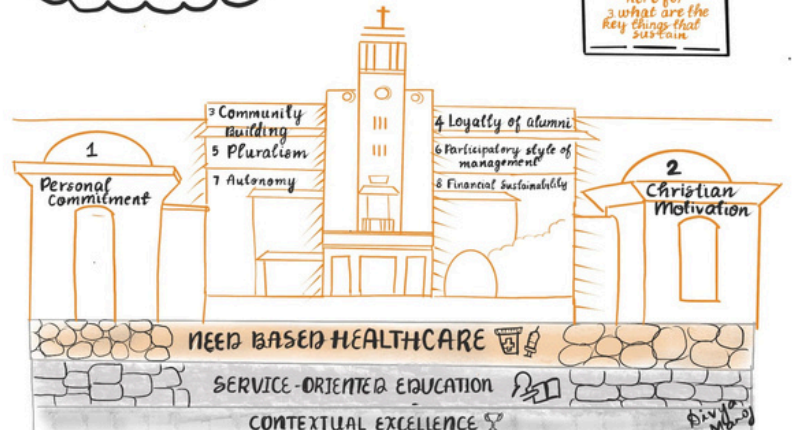
CMC CONSULTATION
CONCLAVE '25

DAY 1
SEP 21

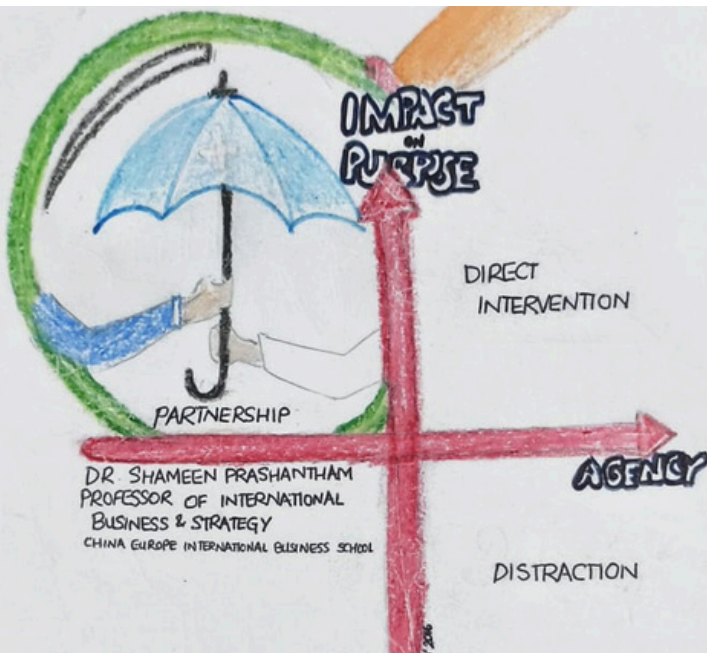


To be still meaningful
& purposeful
DECIDE BASED
ON BASIC MISSION

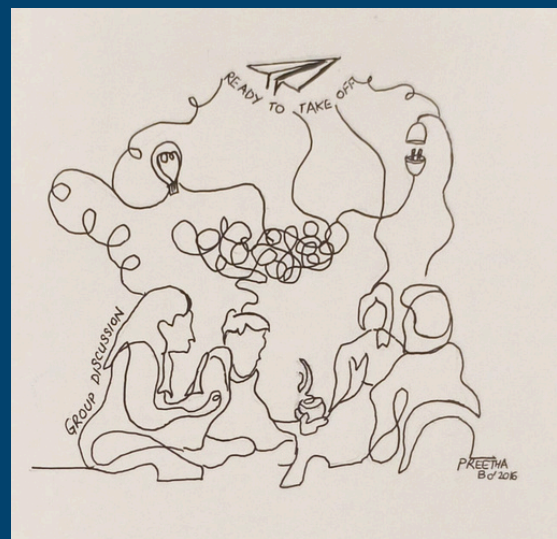
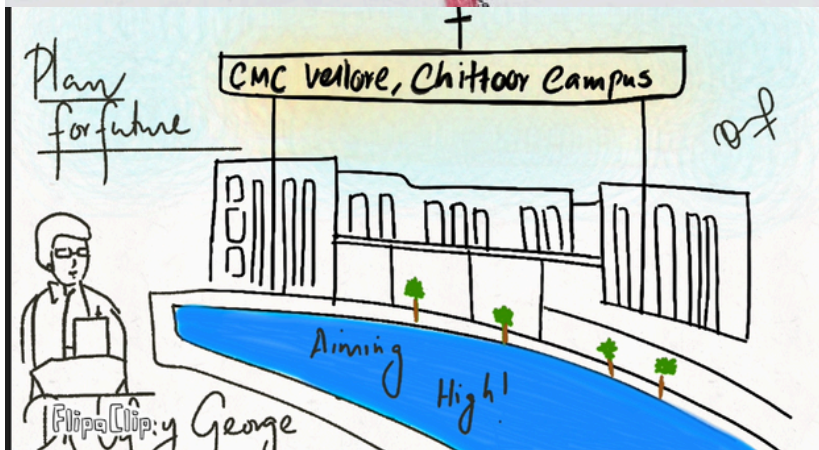
depends on
1. what are we
2. what are we
here for
3. what are the
key things that
sustain



ON A LIGHTER NOTE....



We invited creative artists in
our community to
document the proceedings
of the conclave through
their eyes in the form of art.
We discovered a group of
young doodlers who
brought the Conclave alive
through their doodle art.



08/08