



# Christian Medical College Vellore

## Newsline

October 06, 2025

*I can do all this through him who gives me strength. – Philippians 4:13*

### Dr. Ida S. Scudder Humanitarian Oration 2025



Padma Shri and Ramon Magsaysay Awardee Dr. Ravi Kannan, Director of Cachar Cancer Hospital & Research Centre (CCHRC), Silchar, Assam, delivered the 14th Annual Dr. Ida S. Scudder Humanitarian Oration at CMC Vellore on 24th September 2025. Speaking to an attentive audience in the Scudder Auditorium and thousands joining via livestream, Dr. Kannan shared his journey of transforming cancer care in rural Assam, highlighting the importance of equity, compassion, and innovation in medicine.

You can watch the Oration at this link <https://www.youtube.com/watch?v=DKJSJIOAEp4&t=1391s>

## 125 Years of CMC Vellore 1900-2025

**DID YOU  
KNOW?**



### 8 November 1922:

The Senatus resolved that College Day would be celebrated every year on the founder's birthday, December 9. The programme for College Day included tree planting in the morning, sports in the afternoon, and dinner in the evening.

Dr. Ravi Kannan spoke of the challenges of reaching patients in rural communities and the importance of creating systems that serve those most in need, reminding the audience that 'healthcare is not a privilege, it is a right, and every patient deserves dignity and access'. He emphasised that true progress in medicine lies not only in advanced technology but also in practical, compassionate solutions that make treatment accessible and affordable for the poor, noting that innovation is not about machines alone; it is about finding ways to reach the unreached.

He urged young doctors and health professionals to look beyond the walls of hospitals, saying, "We cannot wait for people to come to us—we must take care where they live." He concluded with a call to carry forward Dr. Ida Scudder's vision of service and equity in healthcare. He was accompanied by his wife, Mrs. Seethalakshmi, whose quiet strength and compassion have been at the heart of Dr. Kannan's remarkable journey and mission. The Oration, jointly organised by Christian Medical College Vellore and the US-based Vellore CMC Foundation, aims to perpetuate the legacy of CMC's founder, Ida Scudder, by honouring individuals who exemplify her courage and compassion, integrity and character, to inspire future generations to follow in her footsteps and emulate her dedication to the well-being of humanity.



CMC Director, Dr. Vikram Mathews, welcomed the gathering, inviting CMC's Council Chair, Mrs. Anuvinda Varkey, onto the stage to honour our guest with the traditional 'ponnadai'. Dr. Raj Narayan, chair of the Vellore CMC Foundation, New York, read the Citation and introduced the speaker. Dr Susan Taylor, a Board member of the VCMC Foundation, presented the Citation to Dr Ravi Kannan. The vote of thanks was given by Dr. Solomon Satishkumar, Principal of the Christian Medical College Vellore.

After the Oration, Dr Ravi Kannan visited some of CMC's campuses, interacting with staff and students from the Departments of Gynaecology and Oncology, Transfusion Medicine and Blood Bank, LCECU, CHAD, Rehab, and RUHSA.





## Report of the first National Nursing Conference of College of Nursing, CMC Vellore Chittoor Campus, Chittoor



The first National Nursing Conference of the College of Nursing, CMC Vellore Chittoor Campus, titled “Optimising Adolescence: Assess, Act and Appraise” was organised on 12<sup>th</sup> & 13<sup>th</sup> September, 2025. Rev. Finney Alexander, Head of Chaplaincy, offered a short devotion and prayer. Mrs. Nirmala Margaret P, Principal, College of Nursing, CMC Vellore Chittoor Campus, delivered a welcome address and introduced the Chief Guest.

Mrs. Shimy Mathew, the Secretary, Nurses League of the Christian Medical Association of India, was the Chief Guest and delivered a keynote address. She highlighted the salient characteristics of the adolescent period and the need to be sensitive to the needs of adolescents. She mentioned the topic chosen for the Conference was highly relevant and need-based in the current societal context. Prof. Shandril Gnanatheebam, Dean, College of Nursing, CMC Vellore, Prof. Sonia P Abraham, Deputy Nursing Superintendent, and Dr. Uday Zachariah, Associate Director, CMC Vellore Chittoor Campus, offered felicitations. Mrs. Anbarasi S, Organising Secretary, gave an overview of the conference. Dr. Pastin Pushpa Rani P, Organising Secretary, delivered the vote of thanks. The Inaugural session came to an end with the National Anthem.

Scientific sessions commenced with the plenary session I on ‘understanding the adolescents’, chaired by Mrs. Nirmala Margaret, the Principal, College of Nursing, CMC Vellore, Chittoor Campus. The first speaker of the session was Dr. Vinitha Ravindran, former Dean, College of Nursing, CMC Vellore, who spoke on “Bio Psycho Social Dimensions of Adolescents”. She emphasised the biological and psychological influences on adolescents.

The second talk on “Emerging Chronicity” was given by Dr. Cibi Jose, Principal, Sri Venkateswara Nursing College, Chennai. She highlighted the magnitude of chronic problems in adolescents and the preventive approaches. The third topic was on “Healthy Sexuality” by Dr. Reshmi, Associate Professor, Department of Paediatrics, CMC Vellore. She demystified the concepts related to reproductive health and sexuality. Plenary session II on ‘invisible to visible’ was chaired by Dr. Mary Anabarasi Johnson, Professor and Former HOD, Child Health Nursing, College of Nursing, CMC Vellore. Dr. Satya Raj, Professor and Head, Child and Adolescent Psychiatry Unit, CMC Vellore, spoke on “Triumph Over Trauma – A path of Healing”.

The second topic on “Art of Resilience ” was dealt with by Dr. Manoranjitham S, The Former Professor and HOD, Psychiatric Nursing, CMC Vellore, and the third was on “Government Initiative for Adolescent Issues” by Mrs. N Uma Maheshwari, Superintendent, Department of Children Welfare and Special Services. Plenary session III was chaired by Prof. Shandhila Gnanatheebam, the Dean College of Nursing, CMC Vellore. The first topic, "Eating Disorders", was by Dr. Reshmi YS, Associate Professor, Department of Paediatrics, CMC Vellore. She emphasised the clinical presentation of clients with eating disorders and the measures to manage them. The second topic was "Addiction Free Adolescents", dealt with by Dr. Dheeraj Kattula, Professor and Acting HOD (Unit II), Department of Psychiatry, CMC Vellore. The third topic on "Nurturing Healthy Practices" was done by Dr. Dhanalakshmi, Student Counsellor, Department of Student Welfare, VIT, Vellore.

She practically demonstrated Deep Breathing and Mindfulness to the audience/delegates. The final session on "Research and Innovations" was done by Dr. Radhakrishnan Govindan, Additional Professor, Department of Nursing, Consultant - Child and Adolescent Psychiatry, NIMHANS, Bangalore. He highlighted various research projects implemented for the mental health of adolescents.

Poster presentations and scientific paper presentations were planned on day 1. The evaluators were Prof. Lilly Prasad, Professor & HOD, Child Health Nursing, College of Nursing, CMC Vellore and Dr. Cibi Jose, Principal, Sri Venkateswara Nursing College Chennai, Prof. Santhi Lithiya, Professor & HOD, Psychiatric Nursing, College of Nursing, CMC Vellore and by Dr. Mary Anabarasi Johnson, Professor and Former HOD, Child Health Nursing, College of Nursing, CMC Vellore.

On day 2, a panel discussion was planned on "Balancing the Imbalance: Does Today's curriculum address Adolescents' Holistic needs?", moderated by Dr. Radhika M, Associate Professor, IGIMS College of Nursing, Patna. The panellists were Dr. Hepsi Bai, Assistant Professor, AIIMS, Bhubaneshwar, Dr. Janarthanan, Tutor, JIPMER Pondicherry, Ms. Esther Kanthi and Mrs. Aruna, Associate Professors from College of Nursing, CMC Vellore. They highlighted the need for Holistic Development of Adolescents, the insights from NEP and Opportunities and Challenges for providing Holistic Education for adolescents. Day one of the conference concluded with a cultural event by the Student Nurses Association of the College of Nursing, CMC Vellore Chittoor Campus.

The conference was attended by 85 delegates from 8 different states in the country. The valedictory programme was conducted on September 12, 2025. Dr. P. Hemagiri Kumari, Principal, Sri Padmavathamma Govt. College of Nursing, Tirupati, was the Chief Guest. She, being the APNMC-appointed CNE Observer, gave her remarks about the conference and wished the College of Nursing to organise many such events to strengthen the standard of the Nursing profession in the state and country. Rev. Deepak Gnanaprakash, Chaplain, CMC Vellore Chittoor Campus, offered the prayers. Dr. Pastin Pushpa Rani P, Organising Secretary, presented the report of the conference. Feedback on the conference was given by 2 representatives from the delegates. The winners of the Scientific Oral Presentation and Poster presentations were honoured with merit awards. Mrs. Anbarasi, Associate Nursing Superintendent, Chittoor Campus, delivered the Vote of Thanks.







## **Cookery Competition on “Diabetic Dinner – Conquering the Night Cravings” Organised by the Department of Endocrinology, CMC Vellore**

The Department of Endocrinology, CMC Vellore, hosted a vibrant cookery competition themed “Diabetic Dinner – Conquering the Night Cravings” on the evening of 27<sup>th</sup> September, 2025. The event was an exciting confluence of culinary innovation and health awareness, aimed at promoting diabetic-friendly dietary practices among the community of Vellore. The event was presided over by Dr. Khushboo Agarwal, Assistant Professor, Department of Endocrinology and Metabolism, CMC Vellore. The Chief Guest for the evening was Dr. Lallu Joseph, Associate General Superintendent, CMC, Ranipet Campus. In her address, Dr. Lallu Joseph emphasised the importance of a balanced plate and portion control, and expressed her appreciation for the enthusiastic participation of the public.

The panel of judges included: Dr. Swathi Rathore, HOD and Professor, OG-IV; Mrs. Jabin Khaja, Professor, Medical Surgical Nursing 2; Mrs. Sharon Gikku George, Physiotherapist and PhD Scholar, CMC Vellore; Mrs. Sandhiya, Dietician, Department of Endocrinology, CMC Vellore and Prof Nitin Kapoor.

The concept of a “Diabetic Dinner” focuses on meals that are:

- Rich in complex carbohydrates, lean proteins, healthy fats, and fibre
- Based on low glycaemic index ingredients to avoid blood sugar spikes
- Made using wholesome foods such as millets, legumes, leafy greens, and fresh fruits (in moderation). Prepared through healthy cooking techniques like steaming, grilling, or sautéing
- Served with mindful portion control, especially important for nighttime meals.

The theme “Conquering the Night Cravings” was selected to highlight a common challenge among diabetic individuals—late evening hunger. The goal was to encourage smart, nutritious dinner options that not only satisfy cravings but also support optimal blood sugar control overnight.

A total of 35 teams enthusiastically participated in the competition.

The participants included:

- Teachers from schools and colleges in Vellore
- Staff from CMC Vellore and CMC Ranipet Campus
- Local homemakers.

Each team presented innovative, flavorful, and nutritionally balanced dinner recipes suitable for people with diabetes, which were judged based on nutritional and caloric value, cost-effectiveness, preparation time, taste, and the balance of macronutrients and micronutrients.

## Winners :

**First Prize :** Mrs. Shrisha & Ms. Bhavadharani (DKM College for Women, Vellore)

Recipe : Vegmillet Fenugreek Soup, Sprouted Channa Waffle and Millet Ravioli with Hummus.

**Second Prize :** Ms. Anitha & Mrs. Karthiga (CMC Vellore) Recipe: Mixed Millet Kuzhipaniyaram, Ragi Dosai, and Bottle Gourd Poriyal.

**Third Prize :** Mrs. Gayathri & Mrs. Gladis Jerusha (Staff Nurses, CMC Vellore) Recipe: Ragi Adai and Tulsi & Amla Health Drink.

**Consolation Prizes :** Ms. Harish Margarate & Ms. Sneha (Scudder Memorial Hospital, Ranipet)-

Mrs. Selvakumari & Mrs. Riya (Homemakers from Vellore).

The event was a resounding success, not only as a platform for culinary expression but also as a community health initiative. It reinforced the message that healthy eating can be both nutritious and delicious, and that with the right choices, individuals with diabetes can effectively manage their condition—especially during challenging times like night cravings. The Programme was organised by Mrs Bharathi and her team from the diabetes educators' side.





## 7<sup>th</sup> Advanced Trauma Life Support (ATLS®) Provider Course and the 2<sup>nd</sup> Advanced Trauma Care for Nurses (ATCN®) Student Course

The Department of Trauma Surgery successfully conducted the seventh Advanced Trauma Life Support (ATLS®) Provider Course and the second Advanced Trauma Care for Nurses (ATCN®) Student Course on 25<sup>th</sup> to 26<sup>th</sup> September, 2025, at the Paul Brand Building, CMC Vellore. A total of 16 doctors and 16 nurses from our institution and as well as various medical centres across the country, participated enthusiastically. The ATLS Provider Course was led by Dr Vijayan Purushothaman, Associate Professor at SRM Chennai, while Mr Rabeeshkumar from JIPMER, Puducherry, served as the Course Director for the ATCN Student Course.

This initiative underscores the department's ongoing commitment to advancing trauma care, education, and injury prevention on a national scale. The course is designed to enhance a team-based approach to trauma management. The training, led by certified instructors, is highly interactive, incorporating hands-on practice with manikins and simulated patients to encourage active participation and deep engagement with the material.

These courses reflect a dedication to educational excellence, improving trauma care capabilities, and fostering a culture of continuous learning and improvement across the healthcare community.



## 1<sup>st</sup> Intercampus Tennis Tournament for CMC staff kids

**‘Stronger Together’**

On behalf of The Tennis Club, CMC Bagayam it was our privilege to organise the 1<sup>st</sup> Intercampus Tennis Tournament for CMC staff kids during their term holidays on 2<sup>nd</sup> October, 2025. There was enthusiastic participation from the kids in the Hospital, KPTR, Ranipet and Bagayam campuses. There were 3 categories-Under-19 (Senior), Under-16 (Junior) and Under -13 (Sub-Junior).

The matches were keenly contested and the finals were held the same day. All the participants and winners were felicitated.

Dr. Vaibhav Londe, Professor, Department of Obst. & Gyn., CMC Vellore, himself an avid tennis player, was the Chief Guest of the occasion. He encouraged the children to uphold their values in sports and strive for improvement through regular practice using the good facilities available in the campuses. Dr. Balaganeshan, Physical Education Director, CMC Vellore, also felicitated the children.

### Results :

**Under 13 Girls (Sub-junior): Winner-** Roanna Sarah Rajay, **Runner-Up-**Anushka Celine Selvakumar

**Under 13 Boys (Sub-junior): Winner-** Kristen Jone L, **Runner-Up-** Aditya Dhar Chowdhury

**Under 16 Girls (Junior): Winner-** Nainika V Rao, **Runner-Up-**Anugraha Zoe Kattula

**Under 16 Boys (Junior): Winner-**Ryan Lemuel Rajay, **Runner-Up-**Jacynth Samuel

**Under 19 Boys (Senior): Winner-**Raja Siddharth, **Runner-Up-**Mark Rohan Roshan

We thank God for the favorable weather conditions as well as all the participants, their parents and coaches who made this tournament memorable.

For any details regarding regular coaching session for CMC staff Kids and Adults, Bagayam Tennis Club, please contact:

Dr. Prakash S.S. – 9791056536

Dr. Ashwin S. – 9840748004

Dr. Sajin Tito – 9847907488



## CME on Pain Management

The Department of Anaesthesia and the Department of Continuing Medical Education organized a CME on Pain Management on 27<sup>th</sup> September, 2025. The programme was moderated by Dr. Serena Ruth Salins, Professor and Head, Department of Anaesthesia – Unit II. The speakers included Dr. Joseph Abraham P. from the Department of Anaesthesia, Dr. Asha Solomon from the College of Nursing, Dr. Abhinav Chichra from the Department of Psychiatry, as well as two external experts, Dr. Sadasivan S. Iyer, Consultant & Lead in Pain Management at Manipal Hospitals, Bengaluru, and Dr. Anju Tessa James, Consultant in Pain Management at Townsville University Hospital in Queensland, Australia. The speakers discussed the management of chronic pain, nursing perspectives, psychological aspects of pain, a global perspective on chronic pain, and paediatric chronic pain. The programme was attended by more than 190 participants from 15 states and several departments in CMC. The CME Department thanks Dr. Serena Ruth Salins, Dr. Joseph Abraham P., Telemedicine Department, and all the faculty for making the CME possible.



## Special Prayers : October 05 - 11, 2025

**Staff and Students' Health Services :** Dr. Rajesh I. and Staff

Dr. Kanagalakshmi and Staff

Mrs. Sheeba Rani Nelson and Staff

**Outpatient Services :**

Dr. Rajesh I. and Staff

Dr. Felix Jebasingh and Staff

Mrs. Sheeba Rani Nelson and Staff

**Medical Records Department :**

Dr. Rajesh I. and Staff

Dr. Jenifer Jeba S. and Staff

**Medical Assistance :**

Dr. Rajesh I. and Staff

**Clinical Assistance :**

Dr. Rajesh I. and Staff

**ACCESS**

:

Dr. Rajesh I. and Staff

**Malankara Orthodox Syrian Church Catholicate of the East**

Council Members : HG Geevarghese Mar Philaxenos Metropolitan

Fr. M.C. Poullose

Hospital : M.O.S.C. Medical Mission Hospital, Kolencherry and others.



## Welcome

- **Dr. Hilda Yenuberi**, Associate Surgeon, OG Unit-V, on her return from study leave.
- **Dr. Anu Mary Oommen**, Professor, Department of Community Medicine, on her return from sabbatical leave.

## Memoranda

**Mrs. Anbarasi S**, Assistant Professor (Nursing), will continue to serve as Associate Nursing Superintendent, Chittoor Campus, from 1<sup>st</sup> October 2025 to 30<sup>th</sup> September 2027.

**Dr. Ravi Shankar**, Professor, is appointed as Head, Cardiovascular Thoracic Surgery Unit-III with effect from 8<sup>th</sup> October 2025 for a four-year term.

**Dr. Naina Picardo**, Professor, is appointed as Head, Oto-Rhino-Laryngology (ENT) Unit-II, with effect from 13<sup>th</sup> October 2025 for a four-year term.

**Dr. Rani Diana Sahni**, Professor, is appointed as Head, Department of Microbiology with effect from 21<sup>st</sup> October 2025 for a four-year term.

**Dr. Jayakumar Amirtharaj G**, Professor (NM), is appointed as Ag. Head, Department of Clinical Biochemistry with effect from 30<sup>th</sup> October 2025 until further notice

## Laurels & Recognitions

The following participants from the Department of Paediatric Surgery won prizes at the Paediatric Urology conference 2025-(13th Annual and national conference), Paediatric Urology-Section of IAPS.

**Dr. Sulatha (Final year, M.Ch)** : Second place: Long paper session: Bladder session, Augmentation cystoplasty in Posterior urethral valves: Indications and long-term outcomes.

**Dr. Naveen Kumar (Assistant professor-1)** : First Place : Long paper session: Renal session, Management and outcomes of Pelvi ureteric junction obstruction in Duplex system.

The Department of Forensic Medicine and Toxicology conducted its 5th Annual Intramural Quiz, “Toxic InQUIZition” for undergraduates and interns of all streams in CMC at New Examination Hall, Bagayam on 6<sup>th</sup> September, 2025.

**Dr. Henry Prakash (Professor, Department of PMR & Associate Medical Superintendent)** and **Dr. Noel Walter** (Former HOD of Forensic Medicine) graced the occasion. A total of 11 teams participated in the Quiz. The following teams were the Prize Winners:

Winners : Team Tokyo (Kishan Joghi R, Sachinsurya M S)

Runner-Up : Team Helsinki (Manuel Inbam, Rea Ann Mathew)

3<sup>rd</sup> Place : Team Lisbon (Gopal Krishna Mishra, Revathi B).

**Mr. Arnav Varghese** (MBBS Batch of 2023) won First Prize at Medrenaline 2025, the National Undergraduate Symposium held at Kilpauk Medical College, Chennai. He presented his research titled “Effect of Formalin Vapours on Blood Glucose: A Pilot Study”, which was selected as first among top six finalists at the national level.

The study was conducted under the guidance of Dr. Joe Varghese, Dr. Padmanaban Venkatesan, and Dr. Monica Peter from the Department of Biochemistry. The co-investigators were Ms. Rhevaa Sudarsan Raj (MBBS Batch of 2023), Mr. Mark Rohan Roshan, and Ms. Ishita Singh (both MBBS Batch of 2024).

**Dr. Likhita Vuyyuru**, Final year Sr. Registrar, Department of Nephrology has been awarded 2<sup>nd</sup> prize in oral Paper presentation. Topic: A pragmatic prospective observational cohort study on the diagnostic utility and clinical impact of genomic testing in adult and adolescent kidney disease patients with suspected monogenic etiology at the NATPUCON 2025 held on 19<sup>th</sup> to 21<sup>st</sup> September 2025 at Yercaud, Tamil Nadu.

## Retirement

**Mr. Vishvanathan. S, Sr. Secretary**, IDTRC, retired on 29<sup>th</sup> September, 2025, after 34 Years of service to the institution. He Joined the Department of Neurological Sciences in September 1990. He worked as the department’s secretary in all the units (Neurosurgery I, II, III & Neurology) for over three decades. Later, he moved to the Department of Infectious Diseases before his retirement.



His wife, Mrs. Sathiya Viswanathan, Sr. Lab Technician, Neurology. His son Mr. Prashanth Viswanathan, BE, MBA (Finance), Dy. Manager, Philips Global Services, Chennai. His daughter, Mrs. Preethi V, BE, MBA, MS, Quality Assurance Officer, in Hilton Foods, New Zealand. We wish him health and happiness in his retirement.

## Obituaries

**Mr. Mayuranathan D**, father of Dr. Thiyagaraj Mayuranathan, Scientist, Centre for Stem Cell Research, passed away on 3<sup>rd</sup> October 2025. Let us uphold all the bereaved family members in our prayers.



**Dr. Katy Driver Radhakrishnan** (MBBS batch of 1956) passed away on 3<sup>rd</sup> July 2025. Surrounded by family and friends, Dr. Katy Driver Radhakrishnan (DCH, Am.Bd of Paed., FRCP(C), FAAP), passed away peacefully at the age of 86 on July 3, 2025, at Sunnybrook Hospital, Toronto. Katy was born on October 16, 1938, in Mumbai, India, to Zoroastrian parents, Mr. Faredoonji and Mrs. Mehra Driver. The younger of two children and their only daughter, she grew up learning the principles of good Parsi homemaking from her mother. Even as a very young girl, however, Katy knew that she wanted to become a doctor and was determined to pursue a path beyond traditional expectations.



With the encouragement of her elder brother, Jimmy, she accepted an offer to study at the prestigious Christian Medical College (CMC) in Vellore - a choice that shaped the rest of her life. Her years at CMC were formative both personally and professionally. She excelled in her studies, forged lifelong friendships, and embraced a “work hard, play hard” mantra that remained with her always.

She often reflected with gratitude on the opportunities CMC afforded, and maintained close ties with classmates and alumni around the world. It was at Vellore that Katy met her future husband, Dr. M. A. Radhakrishnan (“Radha”) (PG alumnus, Anaesthesia). On the surface, the two were seemingly polar opposites. Radha, a Hindu, was the quiet, reserved anesthesiology resident; Katy, a Zoroastrian, the more outgoing pediatric trainee. Despite coming from different faiths and personalities, their love blossomed, supported wholeheartedly by their accepting families. The couple moved to Canada to complete their medical training, with fellowships that took them from Halifax to Montreal to Vancouver. Katy quickly fell in love with Canada - its natural beauty, welcoming spirit, and institutions built on openness and fairness. Their time training in Montreal opened Katy’s eyes to a life that she knew she needed to pursue.

She and Radha married in Montreal in 1965 and welcomed their “Expo baby”, Meena, in 1967. Their Canadian training complete, Katy was determined that a return to India would be bounteous, but brief. A son, Shyam (Sam), was born in Mumbai in 1968. While Radha was content to set up a sinecure practice in the pastoral beauty of the Kerala backwaters, Katy was adamant that they seek the greater opportunities that a return to Canada could afford. In 1972, the family moved to Toronto; Katy, to begin on staff at the Hospital for Sick Children, and Radha, at Mount Sinai Hospital.

For her young family, life in Toronto was everything Katy had envisioned. She and Radha’s careers flourished, such that they moved to the nicest neighborhoods while sending their children to the best of Toronto’s private schools. Their social circle rapidly enlarged beyond just work friends, as an initial small nucleus of like-minded South Asian professionals grew into a large and close-knit support group of multiple families of varied faiths and backgrounds. This extended family of ‘uncles and aunties’ would faithfully meet most weekends to enjoy each other’s company and trade stories; the men sipping their scotch, the ladies cream soda, while the young children played board games together into the wee hours of the night.

Katy’s life together with Radha was tragically cut short when in 1983 Radha died after a battle with cancer. Katy’s resilience and the unwavering support of her close-knit circle of friends, carried her forward. She devoted herself to raising her children, modeling values of hard work, compassion, and service; a role she fulfilled as the benevolent matriarch of her family across two generations. The turn of the millennium bore full witness to the fruits of these efforts: Meena married Richard in a story book ceremony at Casa Loma (2000), and Sam wed Johanna in a picturesque outdoor setting (2002). Precious grandchildren Maya (2001), Sara (2002), Nigel (2004) and Sophia (2006) soon followed to be doted on by ‘Grammy’ and loved with justifiable pride as they blossomed into talented young adults.

Professionally, Katy's career spanned more than six decades in pediatrics. She was deeply committed to caring for "her kids" and known for her compassion, availability, and dedication to families. She also loved teaching and mentoring, hosting journal clubs in her home and inspiring hundreds of medical students, residents, and fellows.

A pioneer in child protection, she worked alongside Dr. Robert Bates to establish one of the first Child Protection Services teams at SickKids. This extended Katy's service to vulnerable children, and for years the two undertook alternate 24-hour call shifts to ensure the project's viability and impact.

Her stature as a leading medical expert also provided opportunities to sit on numerous Boards of Directors for institutions as varied as daycares, centres for youth, professional society advisory panels and even the LCBO. Medicine was so core to her sense of self-worth and duty that even at the age of 80, during the COVID pandemic, gowned in layers of personal protection equipment while using her walker to ambulate, she still took shifts at a local pediatric clinic. When the time came to finally and formally retire, emotionally spent and incapable of crafting the letter herself, it was with tearful resignation that she enlisted her son to the task of informing the College.

Outside medicine, Katy lived with equal energy and generosity. She enjoyed a number of hobbies including knitting, sewing, reading and travelling, and even took up campaigning for her preferred provincial political candidates. In loving homage to her Zoroastrian faith, she was deeply involved in the Toronto and Ontario Parsi communities, taking on leadership, fundraising and volunteer roles.

In 1996, she was presented with the Jamshed Pavri Humanitarian Service Award from the Federation of Zoroastrian Associations of North America, and in 2007, the Lifetime Award from the Zoroastrian Society of Ontario (ZSO) for her years of dedicated service.

It was during a tour to Iran, the birthplace of Zoroastrianism, in 2000, that Katy forged her friendship with another Parsi widow, Betty. The two became inseparable soul sisters for the last quarter century of Katy's life. Beyond being socially active and travelling the world together, they faithfully cared for and lovingly supported each other through life's challenges and shared in each other's triumphs.

The pair were affectionately known as 'The Grammys' by her family and close circle of friends, and Katy assuredly left her earthly time in full confidence that her family would still have the indefatigable Betty to love and cherish.

Katy will be remembered as a devoted daughter, sister, wife, mother, grandmother, physician, role-model and friend. She embodied the Zoroastrian principles of "Good Thoughts, Good Words, Good Deeds," living with generosity, humour, and love. Her presence enriched every life she touched, and her legacy will live on through her family, her patients, and her community.

For those who would like to get in touch with the family, the contact details are given below:

Sam Radhakrishnan, son

Email : **sam.radhakrishnan@sunnybrook.ca**

Cell : 1-416-419-3527

Meena Radhakrishnan, daughter

Email : **meena.steckly@gmail.com**

Cell : 1-416-727-2801

Our thoughts and prayers are with the bereaved members of the family at this time.



## Situations Vacant

Click the following link to view the vacancies  
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

**1. Physiotherapist (Term Post) with BPT Graduate from IAP recognized College/ University. Should have completed 6 months of compulsory rotatory internships on or before 30<sup>th</sup> September 2025 and obtained provisional / degree certificate for the Department of PMR (Physiotherapist)**

**Age Limit** : Below 30 Years.

**Salary** : Consolidated Salary as per the Institution rules.

**Accommodation** : Not Provided.

Applications are to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

*Note : Only online applications will be accepted. Hard copies will not be accepted.*

*Applications will close on **October 18, 2025**.*

**2. Associate Research Officer for the Department of Nephrology**

**Job Code : 1624**

**Qualification** : B.Sc. / M.Sc. (Life Science or Nursing) / B. Pharm / MPH / M. Pharm (regular) / from recognized university.

**Experience** : Candidates must have minimum of 2 years of experience with bench work related to research and diagnostics

**Salary** : As per the Institution rules.

**Mode of Appointment** : Project Mode.

**Accommodation** : Not Provided.

Applications to be done only through an online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

*Hard Copies and Emails will not be accepted. Applications will close by **October 18, 2025**.*